

## **S.E.A.L. Evaluation of 2006 NSLP Training & Program**

### **Rate:**

Excellent	13
Good	4
Fair	0
Poor	0
No Opinion	0

### **What are two important things you learned about facilitating groups?**

1. Which questions to ask after an activity, not to push people. I learned the challenge by choice motto.
2. I really made an impression on my group, and in knowing that, I can give them advice outside of leadership.
3. What, what now little saying. Need to think one step a head.
4. What, so what, now what. Learning to be a participant observer.
5. When not to say something and when to step outside. Also how to get them to focus.
6. When to put my input in.
7. How to ask questions that will pull out in-depth answers. How to appeal to the freshmen and get them to trust us.
8. I enjoyed the training a lot. Jeff and Katie did a fantastic job and made me more confident for discussing things with my group.
9. To guide the participants with questions, and to let them answer more instead of giving them answers.
10. Do not ask closed questions rather make the more open and you don't always have to direct to get them to catch on.
11. Only ask questions, talk at name level.
12. Silence is not a bad thing, and always listen during the activity.
13. Keeping my mouth shut. Ask better questions.
14. See the good with in the 'failed' exercises; relating exercises more to school.
15. Research and confidence in activities is key! Asking the right questions.
16. Questioning our groups and working with different groups to be able to know how to adjust for the differences.
17. How to support my group. Everyone learns differently.

### **What did you find most challenging about facilitating your tribe?**

1. Not being able to help them during a challenge.
2. Keeping, maybe, a weak link, or whiny person in the group from bringing the whole tribes' spirits down.
3. Keeping quiet.
4. Figuring out how to phrase in-depth questions about the initiative.
5. Keeping my mouth shut.
6. Sometimes formulating more questions to ask the group.
7. Not asking closed ended questions. Not telling them the answers.

8. Well, they were all so full of energy!
9. Not being able to tell the participants how to get things accomplished.
10. Some of the attitudes they had starting off and trying to get them energized.
11. Knowing what to ask and not be awkward.
12. Making sure my other tribe leaders talked during de-briefing.
13. Not correcting me fellow SEAL members.
14. Our guide took over a lot.
15. INTROVERTS!! Could not get them to talk for the life of me!
16. There were too many people/SEAL in the group where we could use our facilitating styles. Very hard with four in the group.
17. Bring more outgoing. Getting my opinion in.

**What else would have been helpful to know when facilitating your group?**

1. I think everything was covered in the training. And plus the Triple C staff that was there helped us out.
2. There is not really anything I can think of. ☺
3. More of an outline of small group work; or time with small group to decided what to do.
4. Questions to ask to fill in silent gaps that still get information/feedback from the participant.
5. Just having a better understanding of how to break down the activity.
6. What to expect the activities to be in low and high ropes.
7. Practice. We will get better each time we do it. We should do facilitating with every program.
8. Maybe splitting/deciding tribes before we leave for NSLP and send participants their tribe leader screen names or emails so if they have any questions or at least give tribe leaders the participants email/screen name so we can speak at them.
9. Maybe more practice, but besides that, facilitating went very well!!
10. How to get them to open up more and getting them to answer questions more in detail.
11. Don't know?
12. "Standard" questions that 3 C facilitator's use.
13. A better question than "how can you relate this to Longwood University?"
14. I should have written down more questions as they came to mind.
15. INTROVERTS!! Could not get them to talk for the life of me!
16. Having more Triple C facilitators there so we know their style to better work with them and our group.
17. More how to get non talkers to talk.

**What worked well in regards to the relationship between the Triple C staff member working with your tribe on the ropes course and the S.E.A.L. leaders?**

1. I think him being there helped because he was there to help out if the SEALs were not sure about something and because he knew the place better than we did.

2. They didn't overshadow us, or leave everything to us; we worked so well together.
3. She helped pick up and facilitate if we were having trouble thinking of debriefing.
4. When we could not think of a way to end a facilitating discussion, our staff member pulled the loose ends together.
5. I think having a Triple C member was good because he had a better understanding of the ropes courses.
6. Jenny was great she would add questions that she thought needed to be asked that we missed but mostly allowed us to do the facilitating.
7. They were able to fill in the gaps that we missed.
8. Dave began speaking and we ended it for him.
9. Our staff member let us run the debriefing; she basically let us run the show! She was very helpful when we needed her.
10. How we went to the staff meeting and went through their debriefings.
11. They helped a lot to make me feel comfortable.
12. Jonesy was awesome! He helped prep us for facilitating but also let us do our own thing.
13. She let us facilitate.
14. He was knowledgeable in debriefing the exercises.
15. Our facilitator really let us sit back and do the work-she said she was there for safety only and meant it (unless we asked for help).
16. That we remembered him from this past NSLP. We also had a great meeting with him before everyone started Sunday.
17. He was helpful and when we couldn't think of things he added in.

**Name of Triple C staff member who worked with your tribe during ropes course:**

1. Dave
2. Cynthia
3. Cynthia
4. Kate
5. Dave
6. Jenny
7. Ginny
8. Dave
9. Ginny ☺
10. Cynthia
11. Jonesy
12. Jonesy
13. Ginny
14. Dave
15. Kate
16. Jonas
17. Jonesy

**What did not work well in regards to the relationship between the Triple C staff member working with your tribe and the S.E.A.L. leaders?**

1. I thought everything went great, they were really nice and I did not have any problems with them.
2. Nothing☺
3. Nothing, she was very positive and provided any help we needed.
4. Nothing-I think both groups cooperated well together.
5. ?
6. None.
7. Nothing.
8. We might want a few more minutes to discuss. ☺
9. None.
10. How open in changes in the schedule she was and how she talked each member through the course.
11. Jonesy was great!
12. Absolutely nothing!
13. N/A
14. He took over a lot of the facilitation.
15. Jeff needs decaf! And naked Aussies=bad idea!
16. He ran the beginning and questioned more than we id making it harder for us to work with our group.
17. Sometimes he seemed to put in too much like over us.

**Should we continue to complete training with Triple C staff before future New Leadership Programs?**

1. Yes. I think it helps out just to make sure we know the right things to say.
2. Yes!
3. Yes, it gave me new ideas for games and got me thinking about how to further group discussion.
4. Definitely! It definitely helped!
5. Yes.
6. Yes.
7. Yes.
8. I liked this training.
9. Yes, making them and getting used to the camp before NSLP was very helpful.
10. Yes, because it helped facilitate better.
11. Yes please!!
12. Yes I think it helped with the overall experience.
13. Yes.
14. Yes, if only to help new members.
15. Yes! Very beneficial.
16. Yes it helps us add to our style and assist new members with working on events for the rest of the year.
17. Yes it was very beneficial to learn more about facilitating groups.

