

**Emerging Leaders Evaluations**  
 Workshop 1: What is Citizen Leadership  
 Monday, February 6, 2006

The information contained in this workshop was

Excellent	Very Good	Good	Fair	Needs Improvement
3	1			

The exercise(s) used to illustrate the concepts and theories being discussed was/were

Excellent	Very Good	Good	Fair	Needs Improvement
2	2			

The presenters were

Excellent	Very Good	Good	Fair	Needs Improvement
3	1			

What were the two most valuable things you learned in this workshop?

- The two most valuable things I learned were core values and behaviors.
- I learned the importance of values in citizen leadership, and a better way to define the word value.
- The behaviors and values really show if you have a citizen leader. Following the rules is not always the right thing to do. Do the right thing for the right person.
- What a citizen leader is and that you don't have to have all the qualities to be a leader.

What were the least valuable parts of this workshop?

- I think everything said at the workshop was essential
- N/A (2)

What did you learn about the concept of "citizen leadership" in this session?

- I learned different meanings and how we use these values day-to-day.
- Each person possesses different qualities of a citizen leader, and each person can develop the other qualities.
- That a citizen leader is comprised of many different characteristics that help grow and move forward the community.
- That it takes someone who is responsible and would make a good role model.

Would you include this workshop in future Emerging Leader programs?

- Yes (4)
- No

Additional Comments

- I think the groups were very effective. Need more enthusiasm from instructors.
- I loved the group interaction of the workshop. I thought Dr. Pierson was wonderful!
- Working together helps us learn and expand upon each person's idea to create a whole idea.

**Emerging Leaders Evaluations**  
 Workshop 2: Leadership and Personality  
 Monday, February 13, 2006

The information contained in this workshop was

Excellent	Very Good	Good	Fair	Needs Improvement
9	1			

The exercise(s) used to illustrate the concepts and theories being discussed was/were

Excellent	Very Good	Good	Fair	Needs Improvement
9	1			

The presenters were

Excellent	Very Good	Good	Fair	Needs Improvement
10				

What were the two most valuable things you learned in this workshop?

- How to accept my own limitations and how to accept other's personalities
- How to work with others and what my personality type is
- I learned my personality and how to work with different personalities.
- The differences about other people and myself
- What type of personality I have, what it will take for my personality to work with others.
- I learned a lot about my personality traits and I learned how to deal better with other types of personalities.
- My personality and qualities that go with it. How I should interact with others.
- I am one point from being an even mix and I know why I get stressed at roomie.
- Personality traits about me and how to deal (work with) others
- Color code and how to effectively work with other colors

What were the least valuable parts of this workshop?

- N/A (6)
- Really nothing, more yellow people.
- The room's cold!

In what ways do different personality types contribute to and enhance a group?

- There are numerous ways to tackle a task; different personalities create vivid groups.
- Anything that might be missing would be contributed by someone else.
- Every group needs a leader (Red) and another strong person (blue) to get the project started, while green and yellow add to the creativity of the group.
- Allow you to see a person in a different light (colors)
- Gives ideas we can feed off of
- They bring different perspectives to the group, different ways of doing things.
- Different personalities incorporate different points of view/ideas into a discussions
- Read, yellow, blue, green
- They add variety and diversity; incorporate different ideas.
- Great participation, good conversation

Would you include this workshop in future Emerging Leader programs?

- Yes (10)
- No

Additional Comments

- Wonderful! Most entertaining meeting yet!
- Very informative and useful
- It was great! The test was very accurate.
- I enjoyed this one and wish it was longer
- Great time, wonderful workshop
- It was fun
- Fun and interesting
- Great job! Great energy and positive attitudes towards instructions.

**Emerging Leaders Evaluations**

Workshop 3: Clarifying Values and Setting Goals

Monday, February 20, 2006

The information contained in this workshop was

Excellent	Very Good	Good	Fair	Needs Improvement
6	3			

The exercise(s) used to illustrate the concepts and theories being discussed was/were

Excellent	Very Good	Good	Fair	Needs Improvement
5	3	1		

The presenters were

Excellent	Very Good	Good	Fair	Needs Improvement
7	2			

What were the two most valuable things you learned in this workshop?

- The value of values and setting goals
- Discussion of values and dreams, discussion of life oppress.
- You have to change as your values change. Don't let short term goals make you lose sight of your long term goals
- Be aware of values and how your values affect others.
- Preference vs. values. The definition of values.
- Values and life-the opinions of others.
- Learned there are many values; values are linked/
- 
- To remember long term goals while attempting short term.

What were the least valuable parts of this workshop?

- N/A (2)
- There weren't any invaluable parts.

How do your values- and in turn your goals- affect your actions (individually and in a group)?

- To accomplish goals, I must prioritize my actions
- Directly link your goals influence your dreams
- Help to drive them
- Be more aware and be more productive with them.

- Values are important to me, but being alert to other people's values is also very important to actions I take.
- My values play a big part in my interactions with others. Being open-minded and acceptance.
- Values are important to what my goals will be
- You act to fulfill your goals in respect to your values.
- Have to be open-minded and be able to adapt.

What would you do to improve this workshop?

- N/A (2)
- Good discussion, little more direction
- I would make more hands on projects with the students instead of just listing and answering questions.
- Nothing- it was good- lots of interaction. Dave is hilarious.
- Dave, you're awesome!!!

Would you include this workshop in future Emerging Leader programs?

- Yes (9)

### Emerging Leaders Evaluations

Workshop 4: Listening, Communicating & Asserting Yourself

Monday, February 27, 2006

The information contained in this workshop was

Excellent	Very Good	Good	Fair	Needs Improvement
4	4			

The exercise(s) used to illustrate the concepts and theories being discussed was/were

Excellent	Very Good	Good	Fair	Needs Improvement
5	2	1		

The presenters were

Excellent	Very Good	Good	Fair	Needs Improvement
6	2			

What were the two most valuable things you learned in this workshop?

- There are more ways to communicate than just talking 90% of communication is non-verbal
- Conflict and communication

- To listen; confront in a non-angry manner
- Meanings of body language, different ways of communicating
- About listening, and not speaking as much, communication.
- The various methods of communication (verbal and nonverbal); how gossip can occur.
- Hot to talk during a conflict and how effective body language is.
- Always need to listen when communicating- not jus hearing. Communication is important in clearing up things.

What were the least valuable parts of this workshop?

- None (2)
- The aim game

In what ways do listening and communication skills enhance one's leadership?

- Communicating well projects a more confident image of the leader.
- In great ways that you can assist one in the future
- There are key to leadership as without these skills we'd have nowhere to lead others
- People will respect you more
- In order to make you know how to respond to the situation
- Communication skills help in interpreting how others feel on a subject/topic
- You need to pay attention and be aware of how you are presenting yourself.
- Helps to drive conversations.

Would you include this workshop in future Emerging Leaders programs?

- Yes (8)

Additional Comments

- Very entertaining workshop
- Affective leaders
- Great job!
- Loved the body language discussion
- Like the crystals!

### Emerging Leaders Evaluations

Workshop 5: Appreciating Differences: A Cross Cultural Simulation

Monday, March 6, 2006

The information contained in this workshop was

Excellent	Very Good	Good	Fair	Needs Improvement
5	2	1		

The exercise(s) used to illustrate the concepts and theories being discussed was/were

Excellent	Very Good	Good	Fair	Needs Improvement
5	2	1		

The presenters were

Excellent	Very Good	Good	Fair	Needs Improvement

6	1	1		
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What were the two most valuable things you learned in this workshop?

- How to take different cultures
- Communicating effectively. Trying to understand someone different from me
- Different cultures can be confusing, its hard to learn beta language
- Think outside the box, analyze unknown people's customs
- To understand different cultures and how to communicate with them
- Communication is important even though it may be different
- How it feels being from a different culture and how easy it is to be judgmental toward other cultures.
- How to communicate with different people and interact with them.

What were the least valuable parts of this workshop?

- Repetition
- None- I wish there were more people
- Alpha love was mind-boggling
- N/A (3)

In what ways can you apply your experience in this workshop- your first hand experience with differences and inclusion- on campus (as a member of this community)?

- Yes
- Be open to different cultured people. Be open minded
- Try to accept others cultures even if they may seem weird
- Patience is vital to working with other cultures or organizations.
- Many diverse cultures come to longwood.
- To be open to my peers' cultural background and beliefs
- This exercise can definitely pertain to the adjustments necessary for campus life but also on a large how people can be judgmental towards foreign countries
- Understand our differences to communicate better

Would you include this workshop in future Emerging Leaders programs?

- Yes (8)

Additional Comments

- This was a fun and interesting hands- on workshops. Very effective.
- Loved it, was really fun.

### Emerging Leaders Evaluations

Workshop 6: Being a Balanced Leader

Monday, March 20, 2006

The information contained in this workshop was

Excellent	Very Good	Good	Fair	Needs Improvement
4	2	5		

The exercise(s) used to illustrate the concepts and theories being discussed was/were

Excellent	Very Good	Good	Fair	Needs
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				Improvement
4	4	2	1	

The presenters were

Excellent	Very Good	Good	Fair	Needs Improvement
4	4	3		

What were the two most valuable things you learned in this workshop?

- How to relax and deal with stress
- Balancing stress and balancing priorities
- The effects of stress in our lives and what it means to be a “balanced” leader.
- You can’t let the little things overwhelm you because you’ll lose sight of the future long term goals.
- Learning to relax and learning values of massage
- Balance is hard to accomplish but it’s necessary
- Relax and believe in our life
- To relax and to balance or manage my time.
- Creating balance and prioritizing what’s important (know limits)
- Put the most important things first and take time to relax by yourself

What were the least valuable parts of this workshop?

- N/A (4)
- The wheel paper thing

Why is balance an important component of one’s personal leadership?

- To have several different qualities that will help you in several areas of your life.
- Can’t be unstable, your mental state effects others around you.
- It’s important because a leader has to be able to deal with stress and relieve it.
- Stress free and someone could live a better life
- It helps relieve stress and allows you to tackle goals and tasks
- It helps with time management and being able to prioritize things in our daily lives.
- Helps a person be in control of oneself and helps with managing time with life in general.
- Balance makes life a whole lot easier.
- You’ll be able to handle stressful situations better
- With balance, you can relieve stress and be a better person

Would you include this workshop in future Emerging Leader programs?

- Yes (9)
- No (1)

Additional Comments

- I thought it was interesting that the sand covered up the big “rocks” in the jar. It helped me realize that sometimes we let the little things cover up the important things.
- Fantastic massage and yoga previews.
- The yoga was great!!
- Yoga sample! Awesome!!
- I can’t wait to get a massage!