

Emerging Leaders/ Evaluations/ Fall 2005

Workshop I: What is Citizen Leadership (9/21/05)

The information contained in this workshop was:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 7 | 3 | 2 | 0 | 0 |

The exercise(s) used to illustrate the concepts and theories being discussed was/were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 9 | 2 | 1 | 0 | 0 |

The presenters were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 8 | 3 | 1 | 0 | 0 |

What were the two most valuable things you learned in this workshop?

- What a citizen leader is and how you can become a good citizen leader or any leader.
- Expectations of a citizen leader vs. what is really needed to be a citizen leader
- Definition and quality of leadership (4)
- Each person has their own definition of citizen leaders, it is sometimes difficult to accept all suggestions
- A citizen leader must want to do what they do and a leader is different things to different people
- The difference between citizen leadership and general leadership. Also, citizen leaders aren't elected mostly.
- The importance of citizen leaders, Longwood takes citizen leadership seriously
- Different opinions on citizen leaders

What were the least valuable parts of this workshop?

- I didn't think there were any least valuable parts. It was all valuable information.
- None, it was all valuable (5)
- I learned that citizen leadership is important and I was able to define what citizen leadership means to me
- sitting

What did you learn about the concept of "citizen leadership" in this session?

- To be a citizen leader, a person needs to be able to see the need for change and take the steps to accomplish their goals
- Someone does not have to be hand picked and required of all of the qualifications, instead any member in the community that takes action to get stuff done for the good of the community and its people

- It takes lots of qualities
- Each definition was different, each group had their own list of qualities
- You have to have determination to be a citizen leader
- It means different things to different people
- You don't necessarily have to have all the most ideal qualities to be a citizen leader.
- It varies from person to person
- That anyone can be a leader
- I learned that it takes a combo of a lot of skills to be a great leader
- About the definition of citizen leadership

Would you include this workshop in future Emerging Leaders programs?

| Yes | No |
|-----|----|
| 12 | 0 |

Additional Comments:

- It was very interactive and creative- I liked it.
- Continue to have presenters at this workshop

Workshop II: Leadership & Personality (9/28/05)

The information contained in this workshop was:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 5 | 2 | 0 | 0 | 0 |

The exercise(s) used to illustrate the concepts and theories being discussed was/were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 6 | 0 | 1 | 0 | 0 |

The presenters were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 6 | 0 | 1 | 0 | 0 |

What were the two most valuable things you learned in this workshop?

- How to work with other personalities, what my personality is
- I learned what type of personality I have and how to work with other personality types
- My personality style and how I should work with others
- Some "colors" have more extreme members and what was learned was how to deal with them and members from other groups. I also learned the traits of different personalities
- How to work with others, what kind of person I am

- More about myself and others by means of personality
- My personality characteristics and how to deal with others

What were the least valuable parts of this workshop?

- None
- Telling me how I should act
- The chaos of people

In what ways do different personality types contribute to and enhance a group?

- Keep everything diverse
- The different personality types help each others weaknesses. While one type might be weak in one area the other could be strong in the same area.
- By knowing your style you can determine how to work better in a group
- They will learn how to deal with people of other personality traits, or at least what's expected from them
- They show variety
- Different ideas
- The traits complements each other

Would you include this workshop in future Emerging Leaders programs?

| Yes | No |
|-----|----|
| 7 | 0 |

Additional Comments:

- I had a great time at this meeting
- This was a very interesting activity. I enjoyed it, although some were sort of out of hand and somewhat disrespectful to the presenters and peers.
- The leaders were amazing and work so well together, they should lead more groups
- Wonderful
- Do different group exercises

Workshop III: Clarifying Values & Setting Goals (10/5/05)

The information contained in this workshop was:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 2 | 4 | 1 | 1 | 0 |

The exercise(s) used to illustrate the concepts and theories being discussed was/were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 3 | 3 | 2 | 0 | 0 |

The presenters were:

| | | | | |
|-----------|-----------|------|------|-------------------|
| Excellent | Very Good | Good | Fair | Needs Improvement |
| 3 | 4 | 1 | 0 | 0 |

What were the two most valuable things you learned in this workshop?

- Freedom, honesty
- Making smart goals
- Values differ in different situations, values will change over time
- Values and goals are important (3)
- Smart goals and values
- That you can't put a price on values

What were the least valuable parts of this workshop?

- Wealth
- The debates over Katrina and marijuana
- Values continuum

How do your values- and in turn your goals- affect your actions (individually and in a group)?

- If I am honest people will trust me and my goals
- They make me refrain from doing things that I don't think are morally right
- They set up the things you do and the way you act in your life
- How you live and morals
- I always live to my values. They are what make me, me.
-

Would you include this workshop in future Emerging Leaders programs?

| | |
|------------|-----------|
| Yes | No |
| 7 | 1 |

Additional Comments:

- The auction was a little awkward because I don't particularly agree with paying for those things, especially religion
- It was enjoyable

Workshop IV: Listening, Communicating & Asserting Yourself (10/12/05)

The information contained in this workshop was:

| | | | | |
|-----------|-----------|------|------|-------------------|
| Excellent | Very Good | Good | Fair | Needs Improvement |
| 5 | 5 | 1 | 1 | 0 |

The exercise(s) used to illustrate the concepts and theories being discussed was/were:

| | | | | |
|-----------|-----------|------|------|-------------------|
| Excellent | Very Good | Good | Fair | Needs Improvement |
| 8 | 3 | 2 | 0 | 0 |

The presenters were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 9 | 2 | 1 | 0 | 0 |

The information contained in this workshop was:

- How to handle yourself during confrontation, how to communicate with others
- Learned how to communicate with people effectively, always try and use eye contact (2)
- Communication is key to leadership
- The learning about communication and how people react
- How to communicate, what type of community not to have
- Everyone is different, people pick other people to hang with based on their outward appearances
- How to communicate with others, how you communicate with others
- I liked the yes & no exercise, see how people act in an argument, the island- to see different peoples perception in certain things
- That you need to communicate calmly and give people space, and always make sure to have eye contact
- The island exercise was very useful

What were the least valuable parts of this workshop?

- None
- The getting to know each other because we already know each other
- Not sure

In what ways do listening and communication skills enhance one's leadership?

- Knowing how to handle yourself with different people in different situations will be a positive impact on leadership skills
- With communication you need to be assertive, but be respectful
- You have to listen and be aware of how you communicate
- To understand the followers/ supporters
- Helps you to get to know other people
- It allows you to relate to other people better and get along with more people
- You can get your point across in an effective way
- You have to be a good listener and good communication skills in order to gain the respect of those you wish to lead
- Being able to listen and communicate makes a good leader so that they just don't yell and argue
- It makes you feel closer to the leader and you feel you are able to trust the leader
- You must be able to communicate in order to get people to follow

Would you include this workshop in future Emerging Leaders programs?

| | |
|------------|-----------|
| Yes | No |
| 11 | 0 |

Additional Comments:

- Good Job!
- The island activity was very fun!
- Yes, because it was creative and perceptual. No, because there wasn't a lot of information learned, it was more fun for realization/ reality, but it was based on good theory
- I thought the island game was really fun while learning at the same time

Workshop V: Appreciating Differences: A Cross Cultural Simulation (10/19/05)

The information contained in this workshop was:

| | | | | |
|-----------|-----------|------|------|-------------------|
| Excellent | Very Good | Good | Fair | Needs Improvement |
| 5 | 0 | 0 | 0 | 0 |

The exercise(s) used to illustrate the concepts and theories being discussed was/were:

| | | | | |
|-----------|-----------|------|------|-------------------|
| Excellent | Very Good | Good | Fair | Needs Improvement |
| 5 | 0 | 0 | 0 | 0 |

The presenters were:

| | | | | |
|-----------|-----------|------|------|-------------------|
| Excellent | Very Good | Good | Fair | Needs Improvement |
| 5 | 0 | 0 | 0 | 0 |

What were the two most valuable things you learned in this workshop?

- The point of view of other individuals and to further expand my analyzing skills
- Language barriers and cultural differences cause stereotypes. Everyone communicates differently.
- Communication and body language
- That not to judge others, that it is important to give others a chance
- The activity was very valuable

What were the least valuable parts of this workshop?

- The 30 minute extra talk.

In what ways can you apply your experience in this workshop – your first hand experience with differences and inclusion – on campus (as a member of this community)?

- Not to always judge your first instinct first. Don't jump to conclusions.
- It's not like high school where you knew a lot of people. I came here knowing very few and had to adapt to being a "loner" very quickly. But as school started and I met more people I began to fit in more.
- The way you live outside here

- I think it teaches us to keep our minds open to diversity

Would you include this workshop in future Emerging Leaders programs?

| Yes | No |
|-----|----|
| 5 | 0 |

Additional Comments:

- Great activity and great message. I felt it was a good hands on demonstration to get the message of culturality across to others

Workshop VI: Being A Balanced Leader (10/26/05)

The information contained in this workshop was:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 12 | 1 | 2 | 0 | 0 |

The exercise(s) used to illustrate the concepts and theories being discussed was/were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 12 | 2 | 0 | 1 | 0 |

The presenters were:

| Excellent | Very Good | Good | Fair | Needs Improvement |
|-----------|-----------|------|------|-------------------|
| 12 | 2 | 1 | 0 | 0 |

What were the two most valuable things you learned in this workshop?

- The rock exercise, showing what's valuable to us, the wellness wheel- showing our life, if we are balanced
- How to balance our life and stress
- Not to have stress, keep focused, balanced life
- Balance is key as a leader, you are in control of your balances
- Keep focused and it will help you balance
- What is most important in life and how to balance my life
- Learning about stress and being balanced
- Balance between the little things and the bigger things in my life. I need to be more balanced in certain aspects of my life
- To listen to your body, balance life
- That I am not balanced, I should try to fix that
- The rock's symbolism and all of the stresses
- There are many things that make up a balanced leader
- How to balance the little things in life vs. the bigger things in life.
- Well balance is important in life, how stress affects you
- How to be a balanced leader, the effects stress has on your body

What were the least valuable parts of this workshop?

- They all worked and fit well together (2)
- None
- Everything was valuable to me
- The golf ball exercise

Why is balance an important component of one's personal leadership?

- Because a balanced leader is good because they are not just fixed on one thing
- So you will not do too much
- Keep you sane
- If you are not balanced you cannot lead properly
- If you aren't balanced you will spread yourself too thin
- So that you can see what's more important and what's not so important
- So you don't burn out
- So there are not holes that can bring you down overall
- Because you can not be stressed
- Because we need to be able to work with everyone
- Because you have to know how much you can handle
- Because one could burden themselves and create more stress, effects leadership capability
- So you can use your energy evenly in leadership
- So you don't fill your plate too full with different obligations and stress yourself out

Would you include this workshop in future Emerging Leaders programs?

| Yes | No |
|------------|-----------|
| 14 | 0 |

Additional Comments:

- Good job
- This was absolutely sensational! This would probably be the most beneficial lesson of the entire session.
- Make program more interactive, talk more about mental health