



Campus Recreation Intramural Sports Schedule - Spring 2012



Open to all Longwood Students, Staff, and Faculty, for men's, women's, and co-rec.

Sport	Sign-up Deadlines	Captain's Meeting	Format	Play Dates	Team Fees
Dodgeball	Wednesday Jan. 25	Thursday Jan. 26 @ 5pm	Double Elimination Tournament	Jan. 29- Feb. 6	\$10 Per Team
	<p><u>6-on-6 dodge ball</u>: One week Double Elimination Tournament played in the MAC gym of the Health and Fitness Center.</p>				
Basketball	Wednesday Feb. 8	Thursday Feb. 9 @ 5pm	Full Season	Feb. 12- March 8	\$30 Per Team*
	<p>This will be a full season of <u>5-on-5 basketball</u> played on Court 1 of the Health and Fitness Center gym.</p> <p style="font-size: small;">*Maximum amount of people per team = 10 players</p>				
Ultimate Frisbee	Wednesday March 21	Thursday March 22 @ 5pm	Double Elimination Tournament	March 25-April 5	\$10 Per Team
	<p><u>7 v 7 Ultimate Frisbee</u>: 2 week double elimination tournament played on the Lancer Park Grass field.</p>				
<p><u>Long Range Frisbee Toss</u>: Available to all Ultimate Frisbee participants throughout the season. Contest winner will win Intramural T-shirt!</p>					
Softball	Wednesday April 4	Thursday April 5 @ 5pm	Short Season	April 10- April 26	\$20 Per Team
	<p>This will be a short <u>softball season</u> with a minimum of 9 players for each team.</p> <p>Games will be played at the Lancer Park grass field.</p>				

Go to IMLeagues.com to sign-up for intramurals.

See back for step by step details and directions.

Questions? Contact: Marissa Musumeci
 434-395-2316 or musumecimj@longwood.edu
<http://www.longwood.edu/recreation/14069.htm>

Approved for
posting by the
Lankford
Student Union



All intramural participants will be required to create an account on **IMLeagues.com** and **create/join a team or signup as a free agent using their Longwood email address.**

To create an **IMLeagues** account: ****Note**** IMLeagues offers a **live support button** in the top right corner of all pages, please use this button if you encounter any difficulties.

1. Go to www.imleagues.com/Longwood/Registration
OR
Go to www.imleagues.com and click **Create Account**
OR
Go to www.imleagues.com and click “Log in with Facebook” if you have a facebook account with your school email attached - this will automatically create an account, fill in your info, and join you to the school (steps 2-4)
2. Enter your information, **and use your School email if applicable** (@live.longwood.edu or @longwood.edu) and submit.
3. You will be sent an activation email, **click the link in the email to login and activate your IMLeagues account.**
4. You should be automatically joined to your school – If not you can search schools by clicking the “Schools” link

How to sign up for an intramural sport:

1. Log in to your **IMLeagues.com** account.
2. **Click the Create/Join Team button** at the top right of your User Homepage page
OR
Click on the “Longwood University” link to go to your school’s homepage on IMLeagues.
3. The current sports will be displayed, click on the sport you wish to join.
4. Choose the league you wish to play in (Men’s, Women’s, Co-Rec, etc.)
5. Choose the division you’d like to play in (Monday 5PM, Tuesday 5PM, etc.)
6. You can join the sport one of three ways:
 - a. **Create a team (For team captains)**
 - i. Captains can invite members to their team by clicking the “Invite Members” link on the team page. Any invited members must accept the invitation to be joined to your team.
 1. If they’ve already registered on IMLeagues: search for their name, and invite them
 2. If they haven’t yet registered on IMLeagues: scroll down to the “Invite by Email Address” box, and input their email address.
 - b. **Join a team**
 - i. Use the Create/Join Team Button at top right of every page
 - ii. Accepting a request from the captain to join his team
 - iii. Finding the team and captain name on division/league page and requesting to join
 - iv. Going to the captain’s playercard page, viewing his team, and requesting to join
 - c. **Join as a Free Agent**
 - i. You can list yourself as a free agent in as many divisions within a league as you’d like. You will be visible to all members of the site and can request to join teams, or post information about yourself so teams can request to add you to their team.

*****Sport Club members: No more than two members of a club team may participate on one team in the same or alike sport as the club.**

Captain’s meetings will all be held in room 305 of the Health and Fitness Center. Payment for team will take place at captains meeting as well.

Please see the Intramurals web page on Longwood University Campus Recreation web site for further details about Intramural Sports, and player eligibility.

<http://www.longwood.edu/recreation/14069.htm>