

# Student Spotlight

## **Where and when did you complete your internship? Why do you think you were hired?**

*Mary Immaculate Hospital in Newport News, VA. I think I was hired because I showed them great initiative and dedication by taking it upon myself to contact the hospital and volunteer for an internship.*

## **What process did you go through to get your internship?**

*First I found a teacher at Longwood who would be my Internship Supervisor. Then I contacted the Director of Service Excellence & Volunteers for Mary Immaculate Hospital, Peggy Frizzell, through email and phone conversations. She helped me get my internship set up by finding my Internship Mentor, Bonnie Togna, for me and explaining what my internship would entail. Once I was home from Longwood this summer, I came to the Hospital for my Volunteer Orientation and I was cleared to begin my summer long internship.*

## **What resources did you use to find your internship? What duties and responsibilities were you given?**

*I used the Hospital website and the help of my Aunt who works at the hospital to determine who I should contact to find information about an internship and how to get in touch with them. I did a rotation throughout all of the Departments in the hospital shadowing many different types of Nurses. I was given various responsibilities for each department ranging from restocking gloves in patient rooms to helping Nurses stabilize patient feeding tubes and assisting in patient care.*

## **What was most unique about your experience/placement?**

*I think that my internship experience was unique mainly because I got to see how every department in the hospital is important and how different Nurses jobs vary between departments. I also got to know lots of hospital staff and became very comfortable in the hospital setting. I got to shadow and watch many interesting things such as watching Cardiologist, Dr. Nichols, implant a pacemaker into a patient's heart! I also had a unique experience because being in the hospital setting made me able to see all of the things that I have learned in my science classes from Longwood being applied and put to important use!*

## **What was the most valuable lesson you will take away from your experience?**

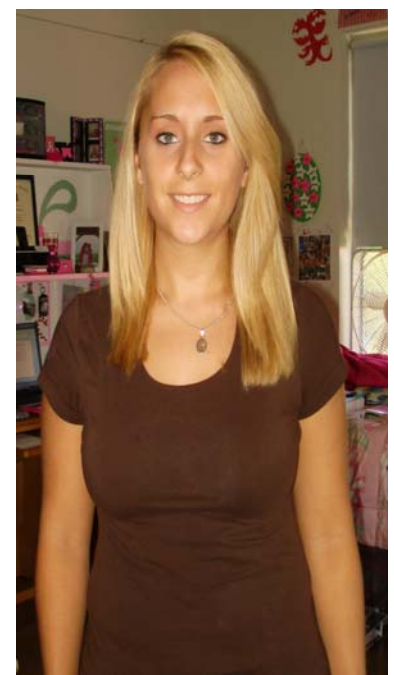
*The most valuable lesson that I have learned from my experience throughout this internship would be the dire importance of keeping patient information confidential. Many people are aware of the HIPPA laws, but not many people know how easy it can be to break patient confidentiality and how these breaks in trust can drastically affect the patient-physician relationship. I also learned that it is most definitely important that while working in a hospital you always pay the utmost attention to the patients and what treatments you are giving to each of them. Also, communication with the other Nurses about each patient is very important to avoid things such as accidentally giving one patient a double dose of their medication.*

## **How has this experience shaped your career direction/path?**

*This experience has shaped my career path indefinitely! This internship has shown me which departments in the hospital are my favorites and also which ones would not be right for me to work in.*

## **What advice do you have for underclassmen seeking internship opportunities?**

*My advice for underclassmen would be to take this Internship seriously! This experience could be the greatest thing that you will ever do to advance your career while in college. Make sure that you do your internship in the field that you wish to work in and in the town that you wish to work. Also, make sure that you work your hardest and make it very evident to the people around you that you are passionate about that field and that you are willing to do anything, no matter how trivial the task, to help out. You are not only helping the field that you are working in, you are also making vital contacts and relationships with coworkers that could help you later in finding a job or getting into a school.*



**Rosemarie  
Stacey**

Major:  
**Biology**

Internship Employer:  
**Mary Immaculate  
Hospital,  
Newport News,  
VA**