What you can expect in your return:
- COVID-19 SCREENING QUESTIONNAIRE UPON CHECK IN
- FACECOVERING REQUIREMENTS
- SOCIAL DISTANCING DURING ACTIVITY
- FACILITY CAPACITY LIMITS
- USE OF PPE/SANITATION
- EQUIPMENT ISSUE CHANGES

Building Hours
Monday-Thursday
6:30am-10pm
Friday
6:30am-8pm
Saturday
10am-8pm
Sunday
10am-10pm
Before coming to the Fitness Center please note:
No one with a fever or symptoms of COVID-19, a positive
diagnostic test for the virus that causes COVID-19 in the prior 10
days, or known exposure to a COVID-19 case in the prior 14 days,
is permitted in the establishment. **Face Coverings required**
throughout the building **EXCEPT** on a cardio machine or select
fitness classes.

**Patron Screening:**
Each person will be given a COVID 19 Screening questionnaire
before admission each day. Anyone experiencing symptoms will
not be permitted in the facility and directed to the Health Center.

**Social Distancing:**
Maintain *10 ft* distancing between you and others. Exception:
Members of the same household. Expect for some of our
equipment to be offline to help with distancing measures.

**Facility Capacity/Occupancy Limitations:**
Occupancy will be limited to no more than 75% of the lowest
occupancy load on the certificate of occupancy.

**Guests of members:**
Guests purchasing a day pass must reside in the same household
as their sponsor.

**Equipment Issue:**
Equipment will be issued from the front desk to allow for cleaning
between use. Equipment that cannot be thoroughly disinfected
between uses will be offline. You may bring your own for
personal use only (ex: basketball, exercise band, etc.).

**Locker Rooms:**
OPEN with 6ft distancing and face coverings required except
when showering.

**Group Fitness:**
Virtual and in person classes will be offered. Limited to 9
participants per in person class. Spring classes begin January 11.

**Climbing Wall:** Closed until further notice.

**HAVE A QUESTION? EMAIL US:**
CAMPUSREC@LONGWOOD.EDU