

Welcome to Longwood University's Cormier Honors College

This booklet is intended to give you a brief introduction to the Cormier Honors College for Citizen Scholars (CHC) and to serve as an information resource for you throughout your Longwood career. Our weekly newsletter, the Humpday Headlines, and our website are additional sources of important information. ***The headlines are the primary way in which we communicate timely news*** about scholarship opportunities, Honors activities, key deadlines, graduate school opportunities, study abroad programs, conferences, and volunteer opportunities. Thus, we ask that you read it weekly.

Contact Information

Dean

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Resources



At Longwood, we are committed to developing Citizen Leaders for the future, and you have many resources at your disposal to support your ongoing development as a leader. Please use these resources as you need them.

LSEM Peer Mentors for the CHC Class of 2020

Tatiana Griffin	tatianna.griffin@live.longwood.edu
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LSEM Faculty for the CHC Class of 2020

Dr. Brett Martz	martzbc@longwood.edu
Ms. Megan Miller	millerm@longwood.edu
Mrs. Jessi Znosko	znoskojb@longwood.edu

University Resources

Career Services	395-2825
Center for Academic Success	395-2050
Counseling and Psychological Services	395-2409
Cook-Cole College of Arts and Sciences	395-2054
College of Business and Economics	395-2045
College of Education and Human Services	395-2051
Office of Leadership and Civic Engagement	395-2390
Department of Public Safety	395-2091
Office of International Affairs	395-2172
The Writing Center	395-4861

Curricular Requirements



To continue in the Cormier Honors College and graduate “with Honors” (*cum honore*), you must successfully complete the curricular requirements, of which there are three key components: courses, e-portfolio, and study abroad.

1. Courses

All CHC students must complete a **minimum** of eight Honors classes, including at least three at the 300-level or above. To facilitate completion of the course requirements, at least three or four Honors classes should be General Education Goal courses. All first-year CHC students must complete Honors Longwood Seminar (LSEM 100). Students entering the CHC after the first semester must complete Fundamentals of Citizen Leadership (HONS 202) or another approved Honors Seminar course. Additionally, all CHC students must complete Goal 13 by taking an Honors section of ENGL 400 or GNED 400. **A regular Goal 13 section may not be enhanced.** Failure to take an Honors section of Goal 13 will result in losing the Honors attribute and any Honors scholarships.

2. E-Portfolio

All CHC students are required to have a fully developed, professional e-portfolio by the end of the senior year. Each CHC student will create a unique e-portfolio during his/her first semester in the Honors College. Additionally, specific goals are required each academic year. E-portfolios will be reviewed annually. Failure to maintain an up-to-date and professional e-portfolio may result in losing the Honors attribute.

Year 1 (Freshman):

- Webpage created
- Biography tab, with a tab for each Pillar: Scholarship, Service and Community
- Artifact (e.g., paper, presentation, picture, etc.) and reflection for each completed General Education goal
- Highlight from each Honors course taken (artifact and reflection)
- Résumé
- Letter to Senior Self (i.e., where will you be in 4 years?)

Year 2 (Sophomore):

- Y1 + any additional Honors courses and General Education goals
- Enhancement project reflection (professional development/personal growth) for any completed enhancements
- Study abroad reflection for any completed abroad programs
- Additional service, organizations, etc.
- Updated résumé

Year 3 (Junior):

- Y1 + Y2 + any additional Honors courses and General Education goals
- Internship/research reflection (professional development/personal growth) for any completed experiences
- Conference participation or other professional development artifact
- Updated résumé

Year 4 (Senior):

- Year 1-3 + any additional Honors courses and General Education goals
- Updated résumé
- Reflection on Honors portfolio and letter to senior self

3. Study Abroad

CHC students are required to complete a credit-bearing study-abroad experience of at least two weeks' duration. A semester abroad is highly recommended. Students are encouraged to study abroad early in their academic career and should work with the CHC staff and the Office of International Affairs to identify potential programs.

GPA and Progress

The academic progress of all CHC students is evaluated each semester, with the most important evaluation being conducted after Spring term grades have been posted. At that time, both GPA and Honors activity are reviewed.

To continue as a member of the CHC, all students must maintain a 3.25 GPA in Honors coursework and overall. Any student falling below 3.25 in either category will be notified in writing and asked to submit a detailed plan for the coming academic year.

Students must remain active in the CHC by taking Honors courses. Any student who begins a second semester without taking an Honors course will be notified in writing and asked to register for an Honors course. Students will be dropped from the CHC for failing to complete Honors courses for two consecutive semesters. This is important to remember and plan, particularly since professional semesters often do not allow for completion of Honors courses.

Failure to appropriately respond to these written notifications from the CHC could result in dismissal from the CHC and/or loss of Honors scholarships.

Though every effort is made to track each student and issue necessary reminders, ***every student is responsible for tracking his/her completion of academic requirements and ensuring good progress.*** Every CHC student is encouraged to use the checklist in this handbook

to track that progress.

Graduating with Honors

Students successfully completing all Honors College requirements will graduate *cum honore*. Students also may earn additional honors at graduation for achievement of the final GPA, to wit:

Cum Laude: 3.35-3.54

Magna Cum Laude: 3.55-3.74

Summa Cum Laude: 3.75-4.0

Please note also that students completing a Senior Honors Thesis are recognized at graduation for earning Departmental Honors (e.g., Honors in Biology).

Additional Resources



Study Abroad:

Office of International Affairs:

Dr. Emily Kane, Director of Study Abroad

Stevens Hall 116D

434.395.4959

kaneea@longwood.edu

<http://www.longwood.edu/internationalaffairs/study-abroad/>

E-portfolio Support:

Digital Education Collaborative (DEC)

Ruffner 146

<http://www.longwood.edu/dec/>

Office Hours:

M-TH: 8:00 AM - 8:00 PM

F: 8:00 AM - 5:00 PM

Saturday and Sunday support via email

Phone: 434.395.4332

Text: 434.262.4334

dec@longwood.edu

GPA Calculator:

<http://www.longwood.edu/academicsuccess/student-resources/gpa-calculators/>

Honors Classes



The University offers a variety of Honors classes that can be used to satisfy General Education requirements, major requirements, or elective hours. The following list identifies classes regularly offered for General Education. Complete listings of the classes being offered in any particular semester are distributed in the weekly headlines newsletter.

Goal 1: Honors sections of LSEM are offered every fall.

Goal 2: Honors ENGL 150 is offered every fall.

Goal 3: Honors literature courses are generally offered each semester.

Goal 4: Honors MUSC 224 is offered each fall.

Goal 5: Honors MATH 171 is offered periodically.

Goal 6: Honors GNED 261 and GNED 162 are offered periodically.

Goal 7: Honors HIST 100 (fall) and 110 (spring) are offered each year.

Goal 8: An Honors Goal 8 course (American History, SOCL 101) is offered periodically.

Goal 9: Honors ANTH 101 is offered every fall.

Goal 10, 11: No classes are regularly offered at this time.

Goal 12: Honors PHIL 308 is offered each semester.

Goal 13: Completion of this goal with an Honors course is a program requirement; at least one section is offered each fall and spring term.

Goal 14: Courses involving students working individually with a faculty member may be suitable for Honors credit; please consult with the Honors staff.

Enhancements



Honors enhancements offer students the option of collaborating with a faculty member to create a unique Honors experience in a course that is not typically offered for Honors credit. Three of the eight required Honors classes can be taken by “enhancing” regularly scheduled classes.

Enhancing a class – particularly an upper-level course in the major – allows students to study intensively some aspect of their field that they would not otherwise cover in the regular class meetings and to receive Honors credit for doing so. Work resulting from enhanced courses must be presented to the CHC community at the Celebration of Scholarship, a poster session that is held each fall and spring semester. Furthermore, research completed in enhanced courses can be an excellent source for presentations given at regional and national Honors meetings.

Any student interested in enhancing a course, must begin with a proposal detailing how the class will be modified to be in keeping with Honors expectations. Proposals, which are developed through a multi-step process (outlined on the right), must be submitted before the end of the third week of classes.

Detailed enhancement information is distributed to all students at the beginning of each semester.

*Enhancements are intended to be used for *courses in the major so that students can continue their honors work* beyond the General Education goals and to add experience within the major.

*Enhancements are **not** intended for courses that are offered as Honors sections (e.g., EDUC 245) or courses for General Education goals.

***Week 3:** Intent to Enhance proposals are due.

***Week 4:** Enhancement contracts are to be signed and returned to the CHC Office.

*Projects are presented at the Celebration of Scholarship every semester.

Checklist for Honors Requirements



The CHC staff tracks the progress of each student by recording the following information. All students should update this abbreviated tracking form at the end of each semester.

	Title	Year	Professor	Grade
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

- ✓ Minimum of eight classes total
- ✓ At least three at the 300-level or above
- ✓ Plan for three or four Honors sections of General Education courses
- ✓ Completion of Honors LSEM 100 (Longwood Seminar) or HONS 202 (or another approved Honors seminar)
- ✓ One of the three courses numbered 300-level or above **must** be an Honors section of a Goal 13 course

Senior Honors Research



Senior Honors Research (SHR) allows students to complete in-depth research in an area of study and thereby practice key research techniques and present research outcomes in a scholarly manner. SHR counts as two Honors classes at the 300-level or above and is completed over two semesters. To participate, students must work with a faculty mentor to develop a research proposal that is evaluated by the SHR faculty committee in the spring term of the student's junior year. If the proposal is accepted, the student enrolls in Honors Research 498 (fall) and 499 (spring), worth six credits towards graduation. Each SHR student works closely with a professor in his/her field of study who serves as the research sponsor and guide throughout the research process.

Completion of the SHR thesis results in graduation with Departmental Honors in the student's field of study and is contingent upon completion of the following:

- Completion of Honors Research 498 and 499 with the required letter grade.
- Maintenance of a 3.0 GPA in the major.
- Passing of a culminating oral examination on the research topic.
- Meeting of any other requirements that the major department may have for graduation.

More information can be found in the Longwood Undergraduate Catalog, which can be accessed at: <http://solomon.longwood.edu/offices--departments/academic-affairs/catalogs.htm>.

Is Senior Honors Research for me?

Are you looking to distinguish yourself for graduate school?

Do you want to gain experience in your field?

Would you like to present at a national or regional conference with your peers?

Do you enjoy working independently with members of the faculty?

Honors Scholarships



Each year, incoming students are considered for Honors scholarships, including Cormier Citizen Scholar, Hull Education Scholar, Provost Scholar, and Longwood Scholar awards. These scholarships are the largest merit-based scholarships Longwood offers. As such, they are very competitive.

CHC upperclassmen are eligible for the Advanced Honors Scholarship. There will be a call for applications at the end of the spring semester.

In general, Honors scholarships are renewable as long as the student remains in good standing with both the CHC and Longwood University. Some scholarships also have specific requirements, like progress toward teaching licensure.

Other various awards may become available based on the amount of funding available for a fiscal year. These awards are given at the discretion of the Dean.

Governing Bodies



CHC students have many opportunities to be involved with the organization and progress of the College.

Honors College Advisory Committee

The purpose of the Honors Advisory Committee (HAC) is to support and provide guidance to the CHC. The HAC is an official University committee appointed by the Faculty Senate. Membership includes faculty from each of the three colleges, an at-large faculty member, the Dean of the CHC, and three Honors student representatives. The HAC can work to plan activities in conjunction with the HSA to further the goals of achievement and camaraderie among the members of the CHC.

Honors Student Association

The HSA has a key function: to further Honors students in their goals of the exchange of ideas, the enrichment of educational and cultural experiences, and leadership in public and community service. All students in good standing in the CHC are members of the HSA, making it a large campus organization. The organization is managed by an Executive Board, which is composed of six officers.

Current chief HSA officers are:

Madison Lewis - President

Judy May - Vice President

Miranda Barringer - Secretary

Hanna Schenkleberg - Treasurer

Emily Lettau - Communications Liaison

Amanda Topping - Community Service Chair

Honors Travel Opportunities



The CHC offers many opportunities to travel, including local, regional, and national conferences; participation in research projects and competitive internships; National Honors Semesters; and study abroad opportunities.

Conferences

The broader Honors community offers many conference opportunities to students. Each year students in the CHC may seek to participate in one of three Honors conferences: the Virginias Collegiate Honors Council (each spring), the Southern Regional Honors Council (each spring), and the National Collegiate Honors Council (each fall).

To attend, students must submit a proposal for a presentation to be given at the conference. These proposals are generally based on work done in an Honors class, but the topic can be from any discipline.

National Honors Semester

Periodically, the National Collegiate Honors Council sponsors a National Honors Semester at an institution affiliated with the national organization. Each Honors Semester program has a theme, such as the program in the Grand Canyon entitled “Climate Adaptation: Issues Surrounding the Natural and Cultural Landscapes of the Southwest.” These programs are open to Honors students in good standing at Longwood. While participating in the National Honors Semester, CHC students retain their enrollment status at their home campus and are eligible for all normal financial aid support.

Other Travel Opportunities

- Interested in **service learning**? Check out programs from ISA!

<http://studiesabroad.com/experience/service-learning>

- Are you interested in **doing research in Europe** and have a GPA of 3.4 or higher? Check out EuroScholars!

<http://euroscholars.eu/>

- Winterim in Peru with the National Collegiate Honors Council

<http://nchchonors.org/nchc-students/experiential-learning-opportunities/>

- Transformational Learning programs through Longwood: LU@YNP (Yellowstone National Park) and LU@Alaska, offered every summer

“Longwood University at Alaska” and “Longwood University at Yellowstone National Park” on Facebook

<http://blogs.longwood.edu/yellowstone/>

- “City As Text” seminars offered at Longwood

My Notes

