

# FIND YOUR FIT.

ONLINE PROGRAM,  
1 YEAR FULL TIME,  
2-5 YEARS PART TIME

*We believe in...*

## CUSTOMIZING EXPERIENCES

- Choose when you start (fall, spring, summer)
- Set your own pace (full time, part time)
- Match your coursework and internship to your interests

## MINIMIZING BARRIERS

- Enjoy the flexibility of a fully online program
- Current undergraduates: Start your M.S. early by taking some graduate courses in your senior year
- Full-time teachers: Use your current school as your internship site

## MAXIMIZING CAREER POTENTIAL

- Increase your earning potential
  - Become eligible for HPE endorsement
  - Publish with faculty and present your work
  - Design a portfolio that highlights your unique skills



 APPLICATION DEADLINES— Fall: July 20<sup>th</sup> | Spring: November 15<sup>th</sup> | Summer: April 20<sup>th</sup>

*Missed the deadline? We will accept applications until the program is full. Email us at [graduate@longwood.edu](mailto:graduate@longwood.edu).*

## ONLINE PROGRAM, 1 YEAR FULL TIME, 2-5 YEARS PART TIME

### PROGRAM AT A GLANCE

#### Health and Physical Education Master's Degree

Increase your skills and marketability.

#### Two Tracks

**Track A** - For those already licensed in Health and Physical Education

**Track B** - For those licensed in a discipline other than HPE

#### Your Schedule, Your Pace

All courses are online, so you can structure the program to fit your schedule. If you're seeking professional development, you may take classes at your own pace. Classes are offered throughout the year, including summer, fall, and spring.

#### Internship

Complete a five-credit community health internship in a school or community setting of your choice, in your area of interest. Choose from:

- Community health
- Physical education
- Health education
- Adapted physical education

### COURSE REQUIREMENTS

See our HPE course flow for full course layout on [longwood.edu/HPEgrad](http://longwood.edu/HPEgrad).

Sample classes include:

- Principles of Coaching
- Adapted P.E.
- Curriculum and Instruction in Health Education

### F.A.Q.

#### Can I enter the program if I have an undergraduate degree in something other than education?

Yes, if you're able to obtain licensure within two semesters of starting the program.

#### How does my online degree from a Virginia institution translate to obtaining my HPE license in another state?

Our coursework is aligned with national and state standards. Other states may require the Praxis II.

**100%** of students graduated from the program with a job\*

*\*2019 data*



### CAREER PATHS

- Teaching in K-12 schools
- Coaching/teaching at the college level
- Working with community health organizations, nonprofits, and health coalitions
- Managing city/county parks and recreation departments
- Serving as a health advocate
- Teaching adaptive physical education

### LICENSURE

- Virginia Postgraduate Professional License - Graduates meet eligibility requirements
- Certified Adapted P.E. Specialist - Those who complete the adapted P.E. internship meet all requirements to register for the national exam.
- Certified Health Education Specialist (CHES) - Those who complete the community health internship are eligible to take the exam.
- Some states may require the Praxis II® or other types of assessments

### ADMISSION REQUIREMENTS

- ✓ **Online application**
- ✓ **Official transcripts** from all institutions where you obtained a degree, bachelor's or higher, and any post-baccalaureate coursework
- ✓ **Valid Virginia Teaching License** or the equivalent from another state
- ✓ **Two letters of recommendation**
- ✓ **Resume**
- ✓ **500+ word essay**
- ✓ **If GPA is under 2.75, students may be considered on a case-by-case basis**

### TUITION AND FEES

Longwood offers an outstanding and affordable education. Tuition costs \$396 per credit hour\* in-state, \$406 per credit hour out-of-state. Most classes are three credit hours. Financial aid, graduate assistantships, and monthly payment plans are available.

For questions about cost and the application process, contact Longwood Graduate Studies at [graduate@longwood.edu](mailto:graduate@longwood.edu).

*\*2019-2020*

Contact Assistant Professor & HPE Graduate Program Director, Dr. Amanda Blaisdell  
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