# Mental Health Counseling Track

*(Part-time course flow on opposite page)*

## FULL-TIME COURSE SEQUENCE (60 credits)

### YEAR 1:

**FALL:**
- COUN 503: *Intro to Counseling* (3)
- COUN 505: *Theories of Counseling* (3)
- COUN 545: *Techniques of Counseling* (3)

**SPRING:**
- COUN 507: *Lifespan Development* (3)
- COUN 510: *Research Methods & Design* (3)
- COUN 605: *Group Counseling Theories and Techniques* (3)

**SUMMER:**
- COUN 592: *Practicum in Mental Health Counseling* (3)
- COUN 651: *Ethical, Legal, and Professional Issues in Counseling* (3)
- COUN 622: *Marriage & Family Therapy: Theories and Techniques* (3)

### YEAR 2:

**FALL:**
- COUN 555: *Testing & Assessment in Counseling* (3)
- COUN 608: *Clinical Psychopathology* (3)
- COUN 610: *Career Counseling* (3)

**SPRING:**
- COUN 601: *Multicultural Counseling* (3)
- COUN 612: *Case Conceptualization and Treatment Planning* (3)
- COUN 692: *Internship in Mental Health Counseling* (6)

**SUMMER:**
- COUN 635: *Clinical Supervision & Administration in Mental Health* (3)
- COUN 692: *Internship in Mental Health Counseling* (6)
  
  **Elective:** See options below

### YEAR 3:

**FALL:**
- COUN 625: *Diagnosis & Treatment of Addictive Disorders* (3)
- COUN 692: *Internship in Mental Health Counseling* (6)
- COUN 699: *Comprehensive Exam in Counseling Education* (0)
  
  **Elective:** See options below

### ELECTIVE OPTIONS:

- COUN 504: *P-12 School Counseling Practice* (3)
- COUN 550: *Introduction to Play Therapy* (3)
- COUN 552: *Contemporary Issues in College Counseling and Student Affairs* (3)
- COUN 560: *Grief, Loss, and Trauma Counseling* (3)
- COUN 565: *College Student Development Services in Higher Education* (3)
- COUN 595: *Special Topics in Counseling* (1-3)
- COUN 613: *Counseling of Exceptional Students*
- COUN 640: *Cognitive and Behavioral Therapies* (3)
- COUN 695: *Special Topics in Counseling* (1-3)
- PSYC 552: *Psychopharmacology* (3)
- PSYC 595: *Special Topics* (1-3)

## APPLICATION DEADLINES

- **Priority:** January 15th
- **Standard:** February 15th

We will accept applications until the program is full. Email graduate@longwood.edu to see if the program has been filled.

Contact Program Director, Dr. Kathleen McCleskey
mccleskeyka@longwood.edu | 434.395.4962
Mental Health Counseling Track

(Full-time course flow on opposite page)

SAMPLE COURSE FLOW  * These are sample sequences you can follow to complete your degree. Or, work with your advisor to customize your own!

PART-TIME COURSE SEQUENCE (60 credits)

YEAR 1:
SUMMER:  COUN 505: Theories of Counseling (3)
          Elective **
FALL:    COUN 503: Intro to Counseling (3)
          COUN 545: Techniques of Counseling (3)
SPRING:  COUN 507: Lifespan Development (3)
          COUN 605: Group Counseling Theories and Techniques (3)
          COUN 592: Practicum Mental Health Counseling (3)
          COUN 651: Ethical, Legal, and Professional Issues in Counseling (3)

YEAR 2:
FALL:    COUN 555: Testing & Assessment in Counseling (3)
          COUN 610: Career Counseling (3)
SPRING:  COUN 510: Research Methods & Design (3)
          COUN 601: Multicultural Counseling (3)
          COUN 622: Marriage & Family Therapy: Theories and Techniques (3)
          Elective **

YEAR 3:
FALL:    COUN 608: Clinical Psychopathology (3)
          COUN 625: Diagnosis & Treatment of Addictive Disorders (3)
SPRING:  COUN 612: Case Conceptualization and Treatment Planning (3)
          Elective**: (If needed for full time financial aid)
SUMMER: COUN 635: Clinical Supervision & Administration in Mental Health (3)

YEAR 4:
FALL/SPRING/SUMMER:  COUN 692**: Internship in Mental Health Counseling (6)
                     COUN 699: Comprehensive Exam in Counselor Education (0)
                     Elective**: (If needed for full time financial aid)

ELECTIVE OPTIONS:
COUN 504: P-12 School Counseling Practice (3)
COUN 550: Introduction to Play Therapy (3)
COUN 552: Contemporary Issues in College Counseling and Student Affairs (3)
COUN 560: Grief, Loss, and Trauma Counseling (3)
COUN 565: College Student Development Services in Higher Education
COUN 595: Special Topics in Counseling (1-3)
COUN 613: Counseling of Exceptional Students
COUN 640: Cognitive and Behavioral Therapies (3)
COUN 695: Special Topics in Counseling (1-3)
PSYC 552: Psychopharmacology (3)
PSYC 595: Special Topics (1-3)

** Two elective courses are required. This course flow allows the student to take courses offered in fall, spring and summer.
*** Based on two-semester hours credit. Three credit hours are possible.

APPLICATION DEADLINES— Priority: January 15th | Standard: February 15th
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