GENERAL EDUCATION – 40 credits
(Select one course for each goal. Several are specified and will double count for major courses.)

__Goal 1 (1 credit): LSEM 100 (Longwood Seminar)

__Goal 2 (3 credits): ENGL 150

__Goal 3 (3 credits): ENGL 201, 202 or 203; FREN, GERM, or SPAN 341 or 342; SPAN 352

__Goal 4 (3 credits): ART 121, 125, 160, 201, ENGL 315, 316, 317, 318;
MUSC 221, 222, 224; THEA 101
   All three: MUSC 102, 103, 104 (1 cr. each) or MUSC 105, 106, 107 (1 cr. each)

__Goal 5 (3 credits): MATH 121
   - required for the Liberal Studies major and can also count for this goal.

__Goal 6 (4 credits): CHEM 101; GNED 162, 261; PHYS105

__Goal 7 (3 credits): HIST 100 or 110

__Goal 8 (3 credits): POSC 150
   - required for the Liberal Studies major and can also count for this goal.

__Goal 9 (3 credits): ANTH 101; GEOG 220; HIST 200, 202, 210; HLTH 210; MUSC 225;
   POSC 245, 255; RELI 242; SPAN 331

__Goal 10 (3 credits): FREN, GERM, or SPAN 201

__Goal 11 (2 credits): PHED 101, RECR 101

__Goal 12 (3 credits): PHIL 308, 315, 316

__Goal 13 (3 credits): ENGL 400 or GNED 495

__Goal 14 (3 credits) LSTU461. Senior Seminar/Directed Study
   - required for the Liberal Studies major and can also count for this goal.
LIBERAL STUDIES CORE REQUIREMENTS – 38 credits

**English:** 9 credits
___ENGL 380: Children’s Literature/3 cr.
   or 300 or 400 level literature course
___ENGL 382: Grammar: Theory and Practice/3 cr.
___ENGL 483: Writing: Theory and Practice for the Elementary School/3 cr.
   or ENGL479: Writing: Theory and Practice for the Middle and Secondary Classroom/3 cr.
   or ENGL470: Professional Writing Skills/3 cr.
   or 300 level writing course

**Mathematics:** All four courses in this list are required. - 9 credits or 12 credits, if MATH121 is not taken to meet Goal #5
___MATH 121: Functions and Graphs/3 cr. (credits count for Goal #5)
___MATH 309: Numeration Systems/3 cr.
___MATH 310: Probability, Statistics and Programming/3 cr.
___MATH 313: Geometry and Reasoning/3 cr.

**Natural Sciences:** 11 credits
___BIOL 114: Fundamentals of Life Science/4 cr.
___EASC 300: The Dynamic Planet/3 cr.
___PHYS 103: Conceptual Physics/4 cr.

**Social Sciences:** All four courses in this list are required. - 9 credits or 12 credits, if POSC150 is not taken to meet Goal #8
___GEOG 310. Thinking Geographically/3 credits (co-requisite with HIST 370)
___HIST 221: US History Colonial Times to 1877/3 cr.
   or HIST 222: US History 1877 to Modern Times/3 cr.
___HIST 370. Virginia Studies/3 credits (co-requisite with GEOG 310)
___POSC 150. American Government and Politics (credits count for Goal #8)

**ADDITIONAL LIBERAL STUDIES REQUIREMENTS** - 6 credits
___LSTU 300. Interdisciplinary Studies/3 cr. (offered only in fall semester)
___LSTU461. Senior Seminar/Directed Study/3 cr. (credits count for Goal #14)
   (offered only in spring semester)

**MINOR IN AN ARTS AND SCIENCES DISCIPLINE OR ECONOMICS**
- 18-24 credits

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**ELECTIVES** - varies - Total must equal a minimum of 120 credits to earn bachelors degree