

Suggested New Member Activities

- Campus or community service
- Ropes course activities
- Attendance at campus events
- Participation in intramurals
- Leadership training
- Academic study halls
- National Organization or NCAA required educational programs or events
- Fundraisers
- Badge/Pin/Letter/Jersey days
- Healthy physical activities
- Balanced food consumption or diet
- Group retreat or overnight of reasonable length
- Other inclusive group activities with a constructive purpose

Offices that Can Help:

Athletics	2057
Assoc. Dean for Student Affairs	2080
Campus Recreation	2356
Counseling Center	2409
Fraternity and Sorority Life	2118
Honor and Judicial Programs	2490
Student Union	2103
Student Health and Wellness	2102

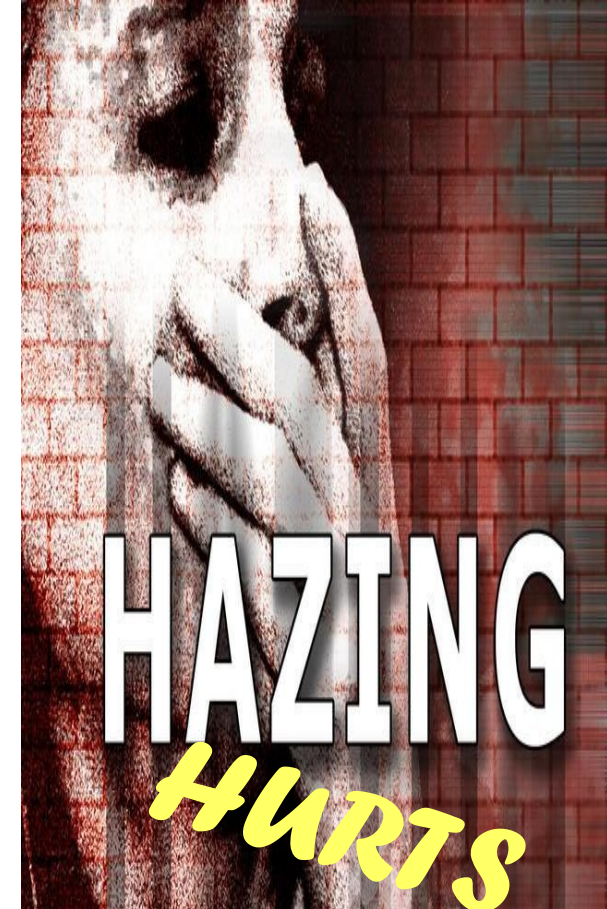


More resources on the Anti-Hazing Policy for use by individuals and organizations may be found at:
www.longwood.edu/judicial



Office of Honor and Judicial
Programs
Lancaster G-28C
Ext. 2490

Anti-Hazing Policy



Hazing Defined

Longwood University is committed to the belief that abusive behavior, harassment and assault does not build character, does not build leadership skills, and does not foster group loyalty or unity.

Hazing is an abuse of power and relationships, and its purpose is to demean others.

Longwood University defines hazing “as any action taken or situation created intentionally,



Hazing is not just a Greek problem— it can happen in clubs, organizations, and athletic teams.

whether on or off Longwood property, by either fraternity/ sorority organizations, student clubs/ organizations, athletic teams, individual students or student groups, to produce mental or physical discomfort, endangerment of life, embarrassment, harassment, intimidation, or ridicule.”

Hazing is against Virginia law and Longwood University policy; and can result in criminal and/or civil charges, and suspension/dismissal from Longwood.

Hazing Hurts

Students who have been hazed often experience:

- Physical abuse possibly leading to death.
- Emotional abuse.
- Loss of sense of control and empowerment.
- Decline in grades.
- Relationships with friends and family suffer.
- Post-traumatic stress syndrome.
- Erosion of trust within the group members



A hazing victim

What can you do?

As an current organization member:

- Speak Out! Hazing lives only in secrecy.
- Look for positive ways to build bonds between members.
- Ask your Coach or Faculty Advisor for guidance.
- Call Student Affairs for help in developing and scheduling new member activities.

As a new member:

- Stay connected with friends outside of the group.
- Talk with others about what you are going through. You do not have to keep it a secret.
- Seek guidance from your parents/guardian or other family member.
- Refuse to participate. Others before you have done so.
- Join together with other new members to refuse to be hazed.
- Leave the group. This is hard to do, but is always an option.
- Talk to a Counselor to help you sort out what to do.
- Report the hazing, confidentially if you prefer—to any Athletic or Student Affairs Staff Member