

Appendix B

2000 Lead Health Teacher Overall Survey Results

Please note: When “n” is used, it represents the number of respondents answering a question. Not all lead teachers answered each question; therefore, numbers will vary. In some cases, lead teachers were instructed to skip questions that were not applicable. All percentages in this report are rounded to the nearest whole percent. Questions 1-20 are from the School Health Education Profile (SHEP) and questions 21-30 are from the School Tobacco Survey Module.

1. Is a health education course required for students in any of grades 6 through 12 in this school?

88% responded “yes”

2. Are teachers in this school required to use each of the following materials in a required health education course for students in grades 6 through 12?

- The National Health Education Standards 26%
- Your state’s curriculum, set of guidelines, or framework 76%
- Your district’s curriculum, set of guidelines, or framework 76%
- Your school’s curriculum, set of guidelines, or framework 69%
- Any materials from health organizations, such as the American Red Cross or the American Cancer Society 41%
- A commercially-developed student textbook 73%
- A commercially-developed teacher’s guide 68%

3. During this school year, have teachers in this school tried to increase student knowledge on each of the following topics in a required health education course in any of grades 6 through 12?

- Accident or injury prevention 89%
- Alcohol or other drug use prevention 99%
- Consumer health 81%
- CPR (Cardiopulmonary resuscitation) 79%
- Death and dying 57%
- Dental and oral health 68%
- Emotional and mental health 93%
- Environmental health 68%
- First aid 87%
- Growth and development 92%
- HIV (Human immunodeficiency virus) prevention 97%
- Human sexuality 88%

- Immunization and vaccinations 67%
- Nutrition and dietary behavior 93%
- Personal hygiene 92%
- Physical activity and fitness 97%
- Pregnancy prevention 86%
- STD (Sexually transmitted disease) prevention 94%
- Suicide prevention 70%
- Sun safety or skin cancer prevention 76%
- Tobacco use prevention 97%
- Violence prevention 78%

4. During this school year, have teachers in this school tried to improve each of the following student skills in a required health education course in any of grades 6 through 12?

- Accessing valid health information, products, and services 85%
- Advocating for personal, family, and community health 84%
- Analysis of media messages 86%
- Communication 93%
- Decision making 99%
- Goal setting 95%
- Conflict resolution 87%
- Resisting peer pressure for unhealthy behaviors 97%
- Stress management 86%

5. During this school year, have teachers in this school used each of the following teaching methods in a required health education course in any of grades 6 through 12?

- Group discussion 98%
- Cooperative group activities 94%
- Role play, simulations, or practice 82%
- Language, performing, or visual arts 65%
- Pledges or contracts for behavior change 48%
- Adult guest speakers 84%
- Peer educators 51%
- The Internet 76%
- Computer-assisted instruction 61%

6. During this school year, have teachers in this school asked students to participate in each of the following activities as part of a required health education course in any of grades 6 through 12?

- Perform volunteer work at a hospital, a local health dept., or any other community health organization 16%
- Participate in or attend a school or community health fair 26%
- Gather information about health services that are available in the community 57%
- Visit a store to compare prices of health products 30%
- Identify potential injury sites at school, home, or in the community 67%
- Identify and analyze advertising in the community designed to influence health behaviors or health risk behaviors 68%
- Advocate for a health-related issue 38%

7. During this school year, did teachers in this school teach each of the following tobacco use prevention topics in a required health education course for students in any of grades 6 through 12?

- Short-term health consequences of cigarette smoking 96%
- Long-term health consequences of cigarette smoking 97%
- Benefits of not smoking cigarettes 96%
- Risks of cigar or pipe smoking 87%
- Short-term health consequences of using smokeless tobacco 93%
- Long-term health consequences of using smokeless tobacco 93%
- Benefits of not using smokeless tobacco 94%
- Addictive effects of nicotine in tobacco products 95%
- How many young people use tobacco 88%
- The number of illnesses and death related to tobacco use 92%
- Influence of families on tobacco use 88%
- Influence of the media on tobacco use 93%
- Social or cultural influence on tobacco use 89%
- How to find valid information or services related to tobacco use prevention or cessation 72%
- Making a personal commitment not to use tobacco 71%
- How students can influence or support others to prevent tobacco use 84%
- How students can influence or support others in efforts to quit using tobacco 84%

8. During this school year, did teachers in this school teach each of the following HIV prevention topics in a required health education course for students in any of grades 6 through 12?

- Abstinence as the most effective method to avoid HIV infection 93%
- How HIV is transmitted 94%
- How HIV affects the human body 92%
- Influence of alcohol and other drugs on HIV-related risk behaviors 87%
- Social or cultural influences on HIV-related risk behaviors 83%
- The number of young people who get HIV 86%
- How to find valid information or services related to HIV or HIV testing 84%
- Compassion for persons living with HIV or AIDS 75%

9. Are required tobacco use prevention units or lessons taught in each of the following courses in this school?

- Science 10%
- Home economics or family and consumer education 14%
- Physical education 69%
- Family life education or life skills 44%
- Special education 19%

10. Are nonclassroom programs or activities used to teach required tobacco use prevention to students in grades 6 through 12 in this school?

34% responded “yes”

11. Are required HIV prevention units or lessons taught in each of the following courses in this school?

- Science 15%
- Home economics or family and consumer education 14%
- Physical education 58%
- Family life education or life skills 79%
- Special education 15%

12. Are nonclassroom programs or activities used to teach required HIV infection prevention to students in grades 6 through 12 in this school?

24% responded “yes”

13. During this school year, have any health education staff worked with each of the following groups on health education activities?

- Physical education staff 84%
- School health services staff 74%
- School mental health or social services staff 50%
- Food service staff 16%
- Community members 50%

14. During this school year, has this school done each of the following activities?

- Provided families with information on the health education program 72%
- Met with a parent's organization such as the PTA to discuss the health education program 22%
- Invited family members to attend a health education class 40%

15. During the past two years, did you receive staff development on each of the following health education topics?

- Accident or injury prevention 39%
- Alcohol or other drug use prevention 45%
- Consumer health 11%
- CPR (Cardiopulmonary resuscitation) 64%
- Death and dying 13%
- Dental and oral health 10%
- Emotional and mental health 28%
- Environmental health 15%
- First aid 51%
- Growth and development 26%
- HIV (Human immunodeficiency virus) prevention 45%
- Human sexuality 26%
- Immunization and vaccinations 16%
- Nutrition and dietary behavior 29%
- Personal hygiene 15%
- Physical activity and fitness 62%
- Pregnancy prevention 22%
- STD (Sexually transmitted disease) prevention 31%
- Suicide prevention 21%
- Sun safety or skin cancer prevention 10%
- Tobacco use prevention 33%
- Violence prevention 44%

16. Would you like to receive staff development on each of these health education topics?

• Accident or injury prevention	50%
• Alcohol or other drug use prevention	63%
• Consumer health	44%
• CPR (Cardiopulmonary resuscitation)	66%
• Death and dying	50%
• Dental and oral health	39%
• Emotional and mental health	62%
• Environmental health	50%
• First aid	63%
• Growth and development	50%
• HIV (Human immunodeficiency virus) prevention	58%
• Human sexuality	51%
• Immunization and vaccinations	40%
• Nutrition and dietary behavior	66%
• Personal hygiene	40%
• Physical activity and fitness	66%
• Pregnancy prevention	49%
• STD (Sexually transmitted disease) prevention	53%
• Suicide prevention	68%
• Sun safety or skin cancer prevention	51%
• Tobacco use prevention	58%
• Violence prevention	75%

17. During the past two years, did you receive staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following teaching methods?

• Teaching students with physical or cognitive disabilities	33%
• Teaching students of various cultural backgrounds	38%
• Teaching students with limited English proficiency	17%
• Using interactive teaching methods such as role plays or cooperative group activities.	54%
• Encouraging family or community involvement	34%
• Teaching skills for behavior change	38%

18. Would you like to receive staff development on each of these teaching methods?

• Teaching students with physical or cognitive disabilities	66%
• Teaching students of various cultural backgrounds	50%
• Teaching students with limited English proficiency	49%
• Using interactive teaching methods such as role plays or cooperative group activities.	54%
• Encouraging family or community involvement	62%
• Teaching skills for behavior change	75%

19. What was the major emphasis of your professional preparation?

• Health and physical education combined	82%
• Health education	1%
• Physical education	8%
• Other education degree	4%
• Kinesiology	0%
• Exercise science or exercise physiology	0%
• Science	0%
• Nursing	0%
• Counseling	1%
• Public health	0%
• Other	3%

20. Including this school year, how many years have you been teaching health education?

• 1 year	2%
• 2 to 5 years	15%
• 6 to 9 years	16%
• 10 to 14 years	14%
• 15 or more years	53%

21. During this school year, did you teach any of the following grades in this school?

• Kindergarten	4%
• 1 st grade	4%
• 2 nd grade	4%
• 3 rd grade	4%
• 4 th grade	5%
• 5 th grade	7%
• 6 th grade	46%
• 7 th grade	51%
• 8 th grade	51%
• 9 th grade	34%
• 10 th grade	40%
• 11 th grade	20%
• 12 th grade	18%

22. Has information on tobacco use prevention been provided to students in this school during this school year?

89% responded “yes”

23. During this school year, in which of the following grades was information on tobacco use prevention provided?

- 6th grade 83%
- 7th grade 82%
- 8th grade 86%
- 9th grade 82%
- 10th grade 71%
- 11th grade 31%
- 12th grade 28%

24. During this school year, which of the following methods were used for tobacco use prevention?

- Seat work 95%
- Lectures 96%
- Group discussions 96%
- Adult guest speakers 31%
- Peer educators 24%
- Role playing, simulations, or practice 59%
- The Internet 52%
- Special projects 62%

25. During this school year, have any of the following materials been used to provide tobacco use prevention?

	Used	Not Used	N/A*
• A state curriculum, set of guidelines, or framework	55%	10%	36%
• A district curriculum, set of guidelines, or framework	60%	6%	34%
• A school curriculum, set of guidelines, or framework	56%	4%	40%
• Any materials from community agencies....	80%	11%	9%
• A commercially-developed student textbook	73%	5%	22%
• A commercially-developed teacher's guide	68%	8%	25%

* Not Used = available but not used. N/A = not available.

26. During this school year, have the parents/guardians of students been involved in tobacco use prevention in any of the following ways?

- Meetings among teachers, parents/guardians, and students 9%
- Meetings between teachers and parents/guardians 10%
- Parent/guardian visits to tobacco use prevention classes or sessions 4%
- Take home materials with information on tobacco use prevention 53%
- Other type of involvement 23%

27. During this school year, has information been provided to students about where they could go if they wanted help quitting tobacco use either provided by the school or another resource?

56% responded “yes”

28. During this school year, have you received information from your school about where faculty and staff could go if they wanted help quitting tobacco use either provided by the school or another source?

29% responded “yes”

29. How much do you personally support the policy your school has adopted which prohibits students from:

	Smoking cigarettes	Smoking cigars	Smoking a pipe	Use of smokeless tobacco
• Very much	96%	93%	92%	94%
• Somewhat	3%	3%	4%	4%
• Not too much	1%	0%	0%	1%
• Not at all	0%	0%	0%	0%
• No such policy exists...	1%	4%	4%	1%

30. During the past 30 days, on how many days did you use tobacco?

• 0 days	91%
• 1 or 2 days	1%
• 3 to 5 days	0%
• 6 to 9 days	1%
• 10 to 19 days	2%
• 20 to 29 days	1%
• All 30 days	4%