Appendix A

2002 Principal Survey Overall Results

Please note: All percentages in this report are rounded to the nearest whole percent. All questions 1-41 are included in the School Health Education Profile (SHEP) questionnaire, in contrast with recent surveys, which had a School Tobacco Survey Module in addition to a shorter SHEP. The questions are similar in number (41 compared with 43), but the content is significantly different from previous surveys.

1. Are any of the following grades taught in this school?

   - 6th grade 53%
   - 7th grade 56%
   - 8th grade 53%
   - 9th grade 51%
   - 10th grade 50%
   - 11th grade 49%
   - 12th grade 49%

2. Is health education required for students in any of grades 6 through 12 in this school?

   91% responded "yes"

3. Is required health education taught in each of the following ways to students in grades 6 through 12 in this school?

   - In a combined health education and physical education course 96%
   - In a course mainly about another subject other than health education such as science, social studies, home economics, or English 17%

4. How many required health education courses do students take in grades 6 through 12 in this school?

   - 0 courses 9%
   - 1 course 13%
   - 2 courses 45%
   - 3 courses 23%
   - 4 or more courses 10%

5. Is a required health education course taught in each of the following grades in this school?

   - 6th grade 91%
   - 7th grade 91%
   - 8th grade 87%
   - 9th grade 99%

- 10th grade 92%
- 11th grade 8%
- 12th grade 8%

6. During this school year, about what percent of students in grades 6 through 12 were exempted or excused from any part of a required health education course by parental request?

   - Students cannot be exempted or excused 23%
   - Less than 1% 65%
   - 1% to 5% 11%
   - 6% or more 0%

7. Who coordinates health education in this school?

   - No one coordinates health education 5%
   - District administrator 10%
   - District health ed. or curriculum coordinator 26%
   - School administrator 16%
   - Health education teacher 40%
   - School nurse 1%
   - Other 2%

8. Does this school or school district have a school health committee or advisory group that develops policies, coordinates activities, or seeks student and family involvement in programs that address health issues?

   65% responded "yes"

9. Is physical education required for students in any of grades 6 through 12 in this school?

   95% responded "yes"

10. Can students be exempted from taking required physical education for any of the following reasons?

    - Enrollment in other courses 10%
    - Participation in school sports 2%
    - Participation in other school activities 7%
    - Participation in community sports activities 2%

11. If students fail required physical education, are they required to repeat it?

    51% responded "yes"

12. Are faculty and staff at this school allowed to use physical activity, such as laps or push-ups, to punish students for bad behavior in physical education?

    13% responded "yes"

13. Are faculty and staff at this school allowed to make students miss all or part of physical education as punishment for bad behavior in another class?

    9% responded "yes"

14. Is a newly hired physical education teacher or specialist required to be certified, licensed, or endorsed by the state in physical education?

    97% responded "yes"

15. Does this school offer students opportunities to participate in intramural activities or physical activity clubs?

    66% responded "yes"

16. Does this school provide transportation home for students who participate in after-school intramural activities or physical activity clubs?

    - Yes 41%
    - No 31%
    - …does not offer intramural activities or clubs 28%

17. Outside of school hours or when school is not in session, do children or adolescents use any of this school's activity or athletic facilities for community-sponsored sports teams or physical activity programs?

    95% responded "yes"

18. Has this school adopted a policy prohibiting tobacco use?

    99% responded "yes"

19. Does the tobacco prevention policy specifically prohibit use of each type of tobacco for each of the following groups?

	Students	Faculty/Staff	Visitors
• Cigarettes	100%	87%	86%
• Smokeless tobacco	100%	87%	85%
• Cigars	100%	86%	86%
• Pipes	100%	86%	87%

20. Does the tobacco prevention policy specifically prohibit tobacco use during each of the following times for each of the following groups?

	Students	Faculty/Staff	Visitors
• During school hours	100%	87%	89%
• During non-school hours	90%	69%	66%

21. Does the tobacco prevention policy specifically prohibit tobacco use in each of the following locations for each of the following groups?

	Students	Faculty/Staff	Visitors
• In school buildings	100%	98%	98%
• On school grounds	100%	72%	66%
• In school buses or other vehicles…	100%	98%	96%
• At off-campus, school-sponsored events	96%	77%	52%

22. Does your school have procedures to inform each of the following groups about the tobacco policy that prohibits their use of tobacco?

	Yes	No	N/A
• Students	100%	0%	0%
• Faculty and staff	98%	1%	1%
• Visitors	80%	16%	4%

23. Does your school have procedures to inform parents about the policy that prohibits tobacco use by students?

100% responded "yes"

24. Does your school designate an individual who has primary responsibility for seeing that the tobacco use prevention policy is enforced?

61% responded "yes"

25. When students are caught smoking cigarettes, how often are each of the following actions taken?

	Never	Rarely or Sometimes	Almost Always
• Parents or guardians are informed	1%	2%	98%
• Referred to a school counselor	7%	66%	26%
• Referred to a school administrator	1%	2%	97%
• Encouraged, but not required to participate in an assistance, education, or cessation program	20%	58%	23%
• Required to participate in an assistance, education, or cessation program	34%	48%	18%
• Referred to legal authorities	13%	59%	28%
• Placed in detention	43%	41%	16%
• Given in-school suspension	30%	42%	28%
• Suspended from school	4%	51%	45%

26. Does your school provide referrals to tobacco cessation programs for each of the following groups?

- Faculty and staff -- 61% responded "yes"
- Students -- 51% responded "yes"

27. Is tobacco advertising prohibited in each of the following locations?

• In the school building	95%
• On school grounds including the outside of the building, On playing fields, or other areas of the campus	95%
• On school buses or other vehicles used to transport students	95%
• In school publications	95%

28. Is tobacco advertising through sponsorship of school events prohibited?

94% responded "yes"

29. Are students at your school prohibited from wearing tobacco brand-name apparel or carrying merchandise with tobacco company names, logos, or cartoon characters on it?

86% responded "yes"

30. Does your school post signs marking a tobacco-free school zone, that is, a specified distance from school grounds where tobacco use by students, faculty and staff, and visitors is allowed?

56% responded "yes"

31. How long do students usually have to eat lunch once they have been seated?

• Less than 20 minutes	22%
• 20 minutes or more	76%
• This school does not serve lunch to students	2%

32. Does this school or district have a policy stating that fruits or vegetables will be offered at school settings such as student parties, after-school programs, staff meetings, parents' meetings, or concession stands?

9% responded "yes"

33. Can students purchase snack foods or beverages from vending machines or at the school store, canteen, or snack bar?

81% responded "yes"

34. Can students purchase each snack food or beverage from vending machines or at the school store, canteen, or snack bar?

• Chocolate candy	69%
• Other kinds of candy	72%
• Salty snacks that are not low in fat, such as potato chips	86%
• Salty snacks that are low in fat, such as pretzels, baked chips, or other low fat chips	85%
• Fruits or vegetables	37%

- Low-fat cookies, crackers, cakes, pastries, or other low-fat baked goods 68%
- Soft drinks, sports drinks, or fruit drinks that are not
- 100% juice 93%
- 100% fruit juice 80%
- Bottled water 90%

35. Can students purchase snack foods or beverages during the following times?

- Before classes begin in the morning 46%
- During any school hours when meals are not being served 38%
- During school lunch periods 50%

36. Does your school implement each of the following safety and security measures?

- Require visitors to report to the main office or reception area upon arrival 100%
- Maintain a "closed campus" where students are not allowed to leave school during the day, including during lunch 95%
- Use staff or adult volunteers to monitor school halls during and between classes 92%
- Routinely conduct bag, desk, or locker checks 54%
- Prohibit students from carrying backpacks or book bags at school 25%
- Require students to wear school uniforms 2%
- Require students to wear identification badges 6%
- Use metal detectors 21%
- Have uniformed police, undercover police, or security guards during the regular school day 83%

37. Does your school have or participate in each of the following programs?

- A peer mediation program 68%
- A safe-passage to school program 14%
- A program to prevent gang violence 30%
- A program to prevent bullying 58%

38. Does your school have a written plan for responding to violence at the school?

99% responded "yes"

39. Does your school implement each of the following school-based asthma management activities?

- Provide a full-time registered nurse, all day every day 60%
- Identify and track all students with asthma 88%
- Obtain and use an Asthma Action Plan for all student with asthma 69%
- Assure immediate access to medications as prescribed by a physician and approved by parents 92%
- Provide intensive case management for students with asthma who are absent 10 days or more per year 43%
- Educate school staff about asthma 59%

- Educate students with asthma about asthma management 60%
- Teach asthma awareness to all students in at least one grade 33%
- Encourage full participation in physical education and physical activity when students with asthma are doing well 96%
- Provide modified physical education and physical activities as indicated by the student's Asthma Action Plan 84%

40. Has this school adopted a written policy that protects the rights of students and/or staff with HIV infection or AIDS?

    67% responded "yes"

41. Does that policy address each of the following issues for students and/or staff with HIV infection or AIDS?

- Attendance of students with HIV infection 90%
- Procedures to protect HIV-infected students and staff from discrimination 95%
- Maintaining confidentiality of HIV-infected students and staff 99%
- Worksite safety 98%
- Confidential counseling for HIV-infected students 73%
- Communication of the policy to students, school staff, and parents 79%
- Adequate training about HIV infection for school staff 86%
- Procedures for implementing that policy 89%