

PRACTICING EFFECTIVE TEACHING STRATEGIES FOR SEXUALITY/HIV EDUCATION

Appendix C

Resources List

Updated 3-26-06

Reviewed by HIV/STDS Resources Review Panel 2-07-07

Edited by Virginia Comprehensive Health Education Training and Resource Center

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

Practicing Effective Teaching Strategies For Sexuality/HIV Education

Resources List

Organizations/Agencies.	3
Websites	8
Journals.	10
Books/Publications/Curriculum	11
Video/DVD Resources.	27
Computer-Based Resources.	30
Publishing Companies	31
Resources for Students with Disabilities.	33
Hotlines.	50

Organizations/Agencies:

* indicates organizations that offer printed materials such as booklets and/or pamphlets
 {V} indicates organizations that offer videos

Advocates for Youth* {V}

1025 Vermont Ave, NW, Suite 200
 Washington, DC 20005
 202-347-5700
<http://www.advocatesforyouth.org>

American Association for Health Education (AAHE)*

1900 Association Drive
 Reston, VA 220191
 703-476-3437
<http://www.aahperd.org/aahe/template.cfm>

American Public Health Association (APHA)

800 I Street, NW
 Washington, DC 20001
 202-777-APHA
<http://www.apha.org>

American Red Cross: Health and Safety Services (Richmond Office)*

420 East Cary Street
 Richmond, VA 23219
 804-780-2284
www.redcross.org

American School Health Association (ASHA)*{V}

7263 State Route 43
 PO Box 708
 Kent, OH 44240
 330-678-1601; 800-445-2742
<http://www.ashaweb.org/>

Body Health Resources Corporation

The Body: An AIDS and HIV Information Resource
 250 West 57th Street
 New York, NY 10019
 212-541-8500
<http://www.thebody.com/>

Centers for Disease Control (CDC) National Prevention Information Network (CDCNPIN)*{V}

PO Box 6003
 Rockville, MD 20849
 800-458-5231; 800-243-7012 (TTY)
<http://www.cdcnpin.org/scripts/index.asp>

Center for Health/HIV Intervention and Prevention*{CHIP}

University of Conn.
 Department of Psychology
 406 Babbidge Rd. #U-20
 Storrs, CT 06269-1020
 860-486-5917
<http://www.chip.uconn.edu/>

Center for Youth Issues, Inc. (CYI)*

Also hosts Students Taking a Right Stand (STARS)
 P.O. Box 22185
 Chattanooga, TN 37422
 800-477-8277
<http://www.cyi-stars.org>

Comprehensive Health Education Foundation (CHEF)

22419 Pacific Highway South
 Seattle, WA 98198
 800-323-2433
<http://www.chef.org>

Developmental Studies Center {V}

2000 Embarcadero, Suite 305
 Oakland, CA 94606-5300
 800-666-7270 510-533-0213
<http://www.devstu.org>

Education Development Center (EDC)

55 Chapel Street
 Newton, MA 02158-1060
 617-969-7100
<http://www.edc.org>

Environmental and Occupational Health Sciences Institute

Public Education and Risk Communication Division
 170 Frelinghuysen Road
 Piscataway, NJ 08854
 732-445-0200
<http://www.eohsi.rutgers.edu/>

ETR Associates: Education Training Research*{V}

P.O. Box 1830
 Santa Cruz, CA 95061-1830
 831-438-4060
<http://www.etr.org>

Family Health International (FHI)

PO Box 13950
 Research Triangle Park, NC 27709
 919-544-7040
<http://www.fhi.org/>

Hazelden Foundation: Alcoholism and Drug Addiction Treatment Center*

P.O. Box 11 CO3
 Center City, MN 55012
 800-257-7810
<http://www.hazelden.org>

HIV/AIDS Center of Virginia Commonwealth University

Box 980147
 Richmond, VA 23298
 804-828-2210; 800-525-7605
www.hivcenter.vcu.edu/

The Kids on the Block, Inc.*

9385-C Gerwig Lane
 Columbia, Maryland 21046
 410-290-9095; 800-368-KIDS
<http://www.kotb.com>

Medical College of Wisconsin

8701 Watertown Plank Road
 Milwaukee, WI 53226
 414-456-8296
<http://www.mcw.edu>

National Association of State Boards of Education (NASBE)

277 South Washington Street, Suite 100
 Alexandria, VA 22314
 703-684-4000
<http://www.nasbe.org>

National Center for Health Education (NCHE)

72 Spring Street, Suite 208
 New York, NY 10012
 212-334-9470
<http://www.nche.org>

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

National Clearinghouse on Comprehensive School Reform (NCCSR)

2121 K Street, Suite 250
Washington, DC 20037-1801
877-766-4277
<http://www.csrclearinghouse.org/>

National Education Association (NEA)

1201 16th Street, N. W.
Washington, DC 20036
202-833-4000
<http://www.nea.org>

National Education Association Health Information Network (NEA HIN)

1201 16th Street, NW Suite 521
Washington, DC 20036
202-822-7570
<http://www.neahin.org>

National Parent Teacher Association (PTA)

330 N. Wabash Avenue, Suite 2100
Chicago, IL 60611
312-670-6782; 800-307-4PTA
<http://www.pta.org/>

National Professional Resources, Inc. {V}

25 South Regent Street
Port Chester, NY 10573
800-453-7461
www.princ.com

National School Boards Association (NSBA)

1680 Duke Street
Alexandria, VA 22314
703-838-6722
<http://www.nsba.org>

National Youth Advocacy Coalition

1638 R Street, NW, Suite 300
Washington, DC 20009
202-319-7596
800-541-NYAC
<http://www.nyacyouth.org>

Northwest Regional Educational Laboratories

101 S.W. Main Street, Suite 500

Portland, Oregon 97204

503-275-9500

<http://www.nwrel.org/index.html>**Project Inform**205 13th Street, Suite 2001

San Francisco, CA 94103

415-558-8669

<http://www.projinf.org>**Search Institute***

700 South Third Street, Suite 210

Minneapolis, MN 55415

612-376-8955; 800-888-7828

<http://www.search-institute.org>**Sexuality Information and Education Council of the United States (SIECUS)**130 West 42nd Street, Suite 350

New York, NY 10036-7802

212-819-9770

<http://www.siecus.org/>**Society for Public Health Education (SOPHE)**750 1st Street, NE, Suite 910

Washington, DC 20002

202-408-9804

<http://www.sophe.org>**Sunburst {V}**

101 Castleton Street

Pleasantville, NY 10570

800-431-1934

www.sunburst.com**U.S. Department of Education, National Library of Education**

400 Maryland Ave., SW

Washington, DC 20202

800-424-1616

<http://www.ed.gov/NLE/>

Virginia Department of Health, Division of Child and Adolescent Health

109 Governor St., 8th floor

Richmond, VA 23219

804-864-7685

<http://www.vahealth.org/childadolescenthealth/>**Virginia Department of Health, Division of Disease Prevention**

109 Governor Street, Suite 516

Richmond, VA 23219-2448

804-864 – 8141; 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)

<http://www.vdh.virginia.gov/epidemiology/DiseasePrevention/index.htm>**Websites:****AIDS Education Global Information System (AEGIS)**<http://www.aegis.com/>*This site offers daily news updates, fact sheets, publications, and links as a way to provide information about AIDS.***CDC's Division of HIV/AIDS Prevention**<http://www.cdc.gov/hiv/dhap.htm>*This site offers new updates, facts and information, and publications on HIV/AIDS.***Dr. Greene's HouseCalls**<http://www.drgreene.com/>*This site provides advice for a variety children's health issues.***The Federal Resources for Educational Excellence (FREE)**<http://www.free.ed.gov/>*This site offers resource information on various education topics.***The Gateway to Educational Materials (GEM)**<http://www.thegateway.org>*This search engine is for educational materials on all topics and for all levels.***The Health Network.com**<http://www.healthteacher.com>*The primary purpose of this site is to help build health literacy among those who teach health education.*

HIVdent

<http://www.hivdent.org/>

This site is promoted by a coalition of concerned health care professionals who deal with HIV/AIDS. It provides extensive information on the subject.

HIV Insite

<http://hivinsite.ucsf.edu/>

This site provides comprehensive, up-to-date information on HIV/AIDS treatment, prevention, and policy from the University of California San Francisco.

HIV Prevention Strategies for the 21st Century

<http://www.managingdesire.org/CounselorResourcesIndex.html>

This site provides information on training, advice, and research related to HIV/AIDS.

HIV/AIDS Resources for Virginia

<http://views.vcu.edu/views/hiv>

This site gives information about resources, education/training, center services, advocacy, and research on HIV/AIDS.

A Teacher's Guide to the U.S. Department of Education

<http://www.ed.gov/pubs/TeachersGuide/>

This site features information about the latest Department initiatives, an update on specific programs for schools and teachers, and a list of services and resources—both at the Department's headquarters in Washington, D.C., and nationwide.

Teachers Helping Teachers

<http://www.pacificnet.net/~mandel/>

This site offers lesson plans and other educational materials for teachers.

WWW.4teachers

<http://www.4teachers.org/>

This site provides information for all teachers on topics such as integrating technology and professional development.

A World of Prevention

<http://www.tyc.state.tx.us/prevention>

This site provides a directory of programs, research, references, and resources dedicated to the prevention of child and adolescent problems. It also promotes youth development in families, schools, and communities.

Journals:

American Journal of Health Education

Published by: American Association for Health Education (AAHE)

To subscribe: call 703-476-3493

This journal is printed six times a year and is available only by subscription. It is not available online; however, abstracts are available online at

http://www.aahperd.org/aahe/template.cfm?template=ajhe_main.html.

American School Board Journal

Published by: National School Boards Association

To Subscribe: contact American School Board Journal, c/o ASJB.com at address for National School Boards Association or online at <http://www.asbj.com>

This monthly publication covers topics on school governance and management, student achievement, policy making, and the art of school leadership. Online subscription is available.

Education Leadership

Published by: Association for Supervision and Curriculum Development (ASCD)

To Subscribe: Contact the ASCD online at <https://shop.ascd.org/membership/subscription.cfm>

This journal is the international authority on teaching and learning, new ideas and practices relevant to practicing educators, and the latest trends and issues affecting pre-kindergarten through higher education. It is published eight times a year, September through May.

Health Education and Behavior

Published by: Sage Publications in association with Society for Public Health Education (SOPHE)

To subscribe: contact Sage Publications or visit <http://www.sophe.org>

The bimonthly journal is available only by subscription devoted to the practical application of health promotion and education.

Health Promotion Practice

Published by: Sage Publications in association with the Society for Public Health Education (SOPHE)

To subscribe: visit <http://www.sagepub.com> or contact SOPHE

This quarterly journal publishes authoritative, peer-reviewed articles devoted to the practical application of health promotion and education.

Journal of Adolescent Research

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

This quarterly journal is described as an interdisciplinary, peer-reviewed publication focused on the study of high school and college/work-age youth.

Journal of Early Adolescence

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

This quarterly journal provides a premier forum for research including adolescents 10 through 15 years of age.

Journal of Management Education

Published by: Sage Publications in association with Organizational Behavior Teaching Society

To subscribe: visit <http://www.sagepub.com>

Printed every other month, this journal serves as a forum for the improvement of management education in both classroom and corporate settings, comprehensively covering such diverse areas as: human resources, organizational behavior, public administration, management consultation, entrepreneurship, organizational communication, production and operations, and industrial and labor relations.

Journal of School Health

Published by: American School Health Association (ASHA)

To subscribe: visit ASHA website at <http://www.ashaweb.org>

Articles in this journal are published according subject matter; each issue includes articles on the relevant subject. It is not available online.

Journal of Teacher Education

Published By: Corwin Press in association with the American Association of Colleges for Teacher Education (AACTE)

The journal contains articles on policy, practice, and research in teacher education that contribute to teacher education as a field of inquiry on the numerous themes characterizing the field include: accreditation, assessment and evaluation, extended programs, teacher education faculty, student teaching, and others. It is issued five times a year.

Youth & Society

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

The quarterly journal addresses critical issues such as teen pregnancy, gangs, AIDS education, adolescent substance abuse, and sexual harassment.

Books/Publications/Curriculum:**Abstinence Works: A Program for Middle School, for Grades 6-9**

Published by: ETR Associates

Date: 1996. *This curriculum uses research-proven strategies to offer young teens skills to remain abstinent. The curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Abstinence Pick and Choose Activities, for Grades 7-12

By: Michael Young, Ph.D., and Tamera Young

Published by: ETR Associates

Date: 1996. *This program includes 40 activities for students in grades seven through 12 to help build self-esteem, interpersonal relationships, decision-making skills, and life planning processes with the ultimate goal of sexual abstinence. This curriculum can be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Activities That Teach Series

By: Tom Jackson

Publisher: Red Rock Press

Date: February 2000. *The National Center for Youth Issues (NCYI) promotes the “Activities that Teach” collection that includes hundreds of classroom activities. The books provide hands on activities that teach students important life-skills lessons and ways to lead meaningful discussions and may be bought separately: “Activities that Teach,” “More Activities that Teach,” “Activities that Teach Family Values,” “Activities that Teach Family Values,” “Still More Activities That Teach,” and “Conducting Group Discussions with Kids.” These books may be obtained by calling 423-899-5714 or 800-477-8277 or going online at any of the following websites <http://catalog.ncyi.org/>, <http://www.amazon.com/>, and <http://www.any-book-in-print.com/>.*

All About Life: Grades K-4 Caring About Myself, My Family, and My Community

By: Caren Monastersky and Ellen Phillips-Angeles

Published by: Seattle-King County Department of Public Health Department

The curriculum helps young people care about themselves, their families, and their communities. It topics such as friendship, disability, feelings, families, sexual abuse prevention, anger, space, staying healthy, anatomy, babies, and pregnancy. The curriculum may be obtained by calling 800-325-6165 ext 64902 or going online at <http://www.metrokc.gov/health/famplan/flash/index.htm>.

Al's Pals: Kids Making Healthy Choices

By: Susan R. Geller

Published by: Wingspan LLC

Date: 2004. *This evidence-based program includes 46 resiliency-based interactive lessons for students three to eight years of age. A wide range of teaching strategies (creative play, brainstorming, puppetry, original music, and movement) are used to teach children how to express feelings appropriately, use kind words, care about others, use self-control, think independently, accept differences, make friends, solve problems peacefully, cope, make safe and healthy choices, and understand that tobacco, alcohol, and illegal drugs are not for children. This curriculum may be obtained by calling 804-967-9002 or by going online at www.wingspanworks.com.*

Becoming a Responsible Teen (BART): An HIV Risk-Reduction Intervention for Adolescents

By: Janet S. St. Lawrence

Published by: ETR Associates

Date: 1997. *Initially pilot tested among African-American adolescents, this curriculum consists of eight skills-based lessons targeted to students in grades nine through 12. Topics include: condom use, refusal skills, and partner negotiation. This curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Be Proud! Be Responsible! Strategies to Empower Youth to Reduce Their Risk for AIDS

By: Loretta Sweet Jemmott, John B. Jemmott III, and Konstance A. McCaffree

Published by: Select Media, Inc.

Date: 1996. *This six-session curriculum is targeted to young people 13 to 18 years old. The skills-based lessons focus on participants' needs to adopt responsible and safer sexual behaviors to prevent the sexual transmission of HIV. It includes a video. This curriculum may be obtained by calling 800-707-6334 or 845-774-7335 or by going online at <http://www.selectmedia.org/>.*

Bodies, Birth, and Babies: Sexuality Education in Early Childhood Programs

By: Peggy Brick, et. al.

Published by: Planned Parenthood of Greater Northern New Jersey

This manual is designed to help educators in early childhood programs focus on sexual issues in ways that promote age-appropriate learning. It also includes sample lesson plans and information for teachers and parents. This curriculum may be obtained by calling 973-539-9580 x120 or going online at <http://www.ppgnnj.org/manuals.htm>.

Can We Talk? Helping Families Talk about Self-Esteem, Sex and Peer Pressure

Developed and Published by: National Education Association Health Information Network

Date: 1998. *This program helps parents of children in grades 4 through 8 enhance their role as sexuality educators of their children. It helps families talk about self-esteem, puberty, sexuality, mixed messages, and peer pressure. The Spanish version ¿Conversamos? also is available. The curriculum may be obtained by calling 800-229-4200 or by going online at <http://www.canwetalk.org>.*

Choosing the Best, Four Part Curricula

Developed and Published by: Choosing the Best Publishing

Date: 2006. *This four-part curriculum offers curriculum for young and older adolescents: "Choosing the Best WAY" – grades 6-7; "Choosing the PATH" – grades 7-8; "Choosing the Best LIFE" – grades 8-10; and "Choosing the Best SOUL MATE" – grades 11-12. The curriculum may be obtained by calling 800-774-BEST (2378) or going online at <http://www.choosingthebest.org/>*

Comprehensive Sex Education

Developed and Published by: Advocates for Youth

Substantial evidence of the effectiveness of comprehensive sex education has recently emerged. Comprehensive sex education stresses abstinence and includes age-appropriate, medically accurate information about contraception. Comprehensive sex education is also developmentally

appropriate, introducing information on relationships, decision-making, assertiveness, and skill building to resist social/peer pressure, depending on grade-level. The publication may be obtained by calling 202-347-5700 or by going online at one of these Websites:

<http://www.advocatesforyouth.org> or <http://www.advocatesforyouth.org/sexeducation.htm>.

Early Childhood Education Curriculum Resource Handbook: A Practical Guide for Teaching Early Childhood (pre-K-3)

Published by: Corwin Press

Date: January 1997, 432 pages. *This handbook is a practical reference for teachers and provides general information on the background of the early childhood curriculum in the United States, current information on publications, standards and special materials for the early childhood curriculum, and can be adapted to suit needs in particular schools. This publication may be obtained by going online at <http://www.corwinpress.com>, <http://www.sagepub.com/>, or <http://www.amazon.com>.*

Everything You Need To Know about Sexual Abstinence

By: Barbara A. Moe

Published by: The Rosen Publishing Group, Inc.

Date: September 1998, 64 pages. *The book takes a basic, common-sense approach sexual abstinence. It provides a definition of abstinence and reasons for teens to stay celibate.*

"Abstinence is defined as not participating in sexual intercourse until marriage. Abstinence may mean you don't do romantic kissing, necking, petting, masturbation, or outercourse." The book may be obtained a most major bookstores and by going online at <http://www.amazon.com>.

Everything You Need To Know about Virginity

By: Michael A. Sommers and Annie Leah Sommers

Published by: The Rosen Publishing Group

Date: 2000, 64 pages. *For youth in grade five an up, this book provides a basic understanding of what is virginity and how to remain abstinent. The authors provide lists of ways to overcome the stress and feelings of loss that usually accompany a disaster. Rather than focusing on the simple relief at surviving the loss of virginity, the authors acknowledge the fear, depression, and anger that post-traumatic stress disorder victims often feel. The book may be obtained a most major bookstores and by going online at <http://www.amazon.com>.*

Family Life Education Curriculum Guidelines, Second Edition

By: David J. Bredehoft

Published by: National Council on Family Relations

Date: 1995. *This publication is designed to assist family life educators. It offers guidelines for developing or assessing family life education programs. This curriculum may be obtained at 888-781-9331 or by going online at <http://www.ncfr.com>.*

Family Life Education: Integrating Theory and Practice

Developed and Published by: National Council on Family Relations

Date: 2003. *This supplemental resource contains information on leadership and community involvement, assessment and evaluation in family life education, professional program development, and diversity in family life education. Section one focuses on "Current Themes in*

Family Life Education.” Section two, “Family Life Content Areas,” integrates the original Curriculum Guidelines and Life Span Framework into ten specific articles. Section three includes “Family Life Education Teaching and Practice Resources.” This curriculum may be obtained by calling 888-781-9331 or going online at <http://www.ncfr.com>.

F.L.A.S.H.: Family Life and Sexual Health Grades 5-6, 7-8, 9-10, And 11-12

By: Elizabeth Reis, M.A.

Special Education for Grades 7-12

By: Jane Stangle, M.Ed.

Published by: Seattle and King County Department of Public Health Department

Date: 2006. *This revised evidence-based curriculum is a five-part comprehensive sexuality education program that covers grades 4-6 (19 lessons), 7-8 (24 lessons), 9-10 (30 lessons), 11-12 (19 lessons), and secondary special education (28 lessons). It addresses issues such as physical development, promotion of sexual health, prevention of disease, affection, interpersonal relationships, body image, and gender roles. It embraces an abstinence-based approach, as well as information related to the prevention of pregnancy, HIV and other sexually transmitted diseases. It rests on a foundation of positive and healthy sexuality across the life span and values family involvement. The curriculum may be obtained by calling 800-325-6165 ext 64902 or by going online at <http://www.metrokc.gov/health/famplan/flash/index.htm>.*

Filling the Gaps: Hard-to-Teach Topics in Sexuality Education

Developed by and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1998. *This teacher's manual covers eight topics—abstinence; condom use; diversity; pregnancy options; safer sex; sexual behavior; sexual identity and orientation; and sexuality and society—that are often missing or need strengthening in many sexuality education programs. It provides background for teachers, rationale for teaching each topic, teaching activities, and resources. It is designed to supplement an existing curriculum. This document may be obtained by calling 212-819-9770 or going online at http://www.siecus.org/pubs/filling_the_gaps.pdf.*

Focus on Kids (Gr. 5-10) Adolescent HIV Risk Prevention

Published by: ETR Associates

This evidence-based, highly interactive curriculum includes a teacher's guide and a CD with all teacher and student masters. It includes games, role plays, discussion, and community projects. The curriculum focuses on good decision-making, strengthening communication skills, developing refusal skills, and understanding when and how to use advocacy skills. This curriculum may be obtained by calling 800-321-4407 or going online at <http://www.etr.org>.

Get Real About AIDS, Second Edition Grades 4-6, 6-9, and 9-12

Developed by: Comprehensive Health Education Foundation (C.H.E.F.)

Published by: United Learning

The evidence-based are detailed and fact based with age-appropriate messages for grades. Their primary purpose is to reduce the risk of HIV transmission. The curriculum may be obtained by calling 800-323-9084 or going online at www.unitedlearning.com.

Girls, Boys and Junior Sexualities Exploring Children’s Gender and Sexual Relations in the Primary School

By: Emma Renold

Published by: Taylor & Francis Books Inc.

Date: 2005. *This book, based on group interviews and observation, looks at the hidden worlds of young children's sexualities. It conceptualizes the significance of young children's understandings of their sexualities, ways sexuality and gender are embedded in children's cultures, and peer relations and identity formations. The book traces children’s struggles, anxieties, and pleasures as they make sense of their emerging sexualities. It also includes discussions about the pressures of compulsory heterosexuality, the boyfriend/girlfriend culture, misogyny, and sexual harassment. The curriculum may be obtained by 800-634-7064 or going online at <http://www.routledge-ny.com/>.*

Growing Healthy®

Developed and Published by: National Center for Health Education

The basic framework for this K-6 skills-based, evidence-based curriculum was first developed in the 1960s and is used through the U.S., Puerto Rico, and Canada. The skills are taught in the content areas of mental and emotional health, family life and health, growth and development, nutrition, personal health, substance use and abuse, disease control and prevention, safety and first aid, consumer health, community and environmental health management. The curriculum may be obtained by calling 212-463-4053 or going online at www.nche.org.

The Great Body Shop

By: Nancy Grace

Published by: The Children’s Health Market, Inc.

The evidenced-based program is aligned to state and national standards for health education and the Healthy People initiatives. Its teaching and learning strategies are based on the fields of educational psychology, neuroscience, cognitive and developmental psychology, linguistics, and neurobiology. The curriculum addresses specific areas of substance abuse prevention, social and emotional health, character education, violence prevention (including bullying), critical thinking, asset building, as well as reading, communication, technology and other learning skills. This curriculum may be obtained by calling 800-782-7077 or going online at <http://www.thegreatbodyshop.net/>.

Growing Together, Second Edition: A Sexuality Education Program for Girls Ages 9-11 and Their Parents

Developed and Published by: Girls Incorporation

Date: 1998. *This document is a component of Girls Incorporated’s “Preventing Adolescent Pregnancy” program. It is a series of five workshops designed to help parents and their daughters talk about sexuality issues: puberty; adolescent sexual development; and values and expectations for teen sexual behavior. A Spanish version is available. This publication can be obtained by calling 317-634-7546 or going online at <http://www.girlsinc.org>.*

**Guia Para Una Educacion Sexual Integral Para La Juventud Hispana/Latina:
Kindergarten-12 Grado**

Developed and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1995. *This Spanish-language adaptation of SIECUS' Guidelines was developed specifically for Spanish-speaking communities in the United States. It includes a resource section on materials for Hispanic-Latino youth. This publication may be obtained by calling 212-819-9770 or going online at www.siecus.org.*

Guide to Implementing TAP (Teens for AIDS Prevention): A Peer Education Program to Prevent HIV and STI

Developed and Published by: Advocates for Youth

Date: 2002. *The document is a step by step guide to implementing an HIV/STI prevention peer education program in the school system, faith community, AIDS service organization, and/or community-based organization. The program may be obtained by calling 202-347-5700 or going online and downloading the document in PDF format at <http://www.advocatesforyouth.org/publications/tap.htm>.*

Guidelines for Comprehensive Sexuality Education: Kindergarten—12th Grade Third Edition

Developed and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 2004. *The Guidelines are designed as a framework to assist local communities in designing new curricula or assessing existing programs. They are organized into six concepts that represent the most general knowledge about human sexuality and family living. They include human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The Guidelines contain 36 topics for early childhood (ages 5 through 6); preadolescence (ages 9 to 12); early adolescence (ages 12 to 15), and adolescence (ages 15 to 18). The document may be obtained by calling 212-819-9770 or going online at www.siecus.org.*

Health Education Teacher Resource Handbook: A Practical Guide for K-12 Education

By: Beverly Saxton Mahoney, Larry K Olsen

Published by: Corwin Press

Date: 1995, 435 pages. *This handbook provides general information on the background and current trends of the health curriculum in the United States, an overview of curriculum design and implementation, methods and resources for the classroom, and development of an assessment program. It also contains information on publications, standards and special materials for the curriculum, and is designed to be adapted to suit needs in particular schools. This book may be obtained by calling 805-499-0721 or by going online at <http://www.sagepub.com/>.*

HealthSmart

Developed and Published by: ETR Associates

This K-12 curriculum is designed as a series of student workbooks and in four segments by grade levels: K-4, 5-6, 6-8, and 9-12. It is based on educational and behavioral theory, works with the developmental levels of students, builds on the cultural strengths of youth and their families, and

addresses the six risk area identified by the Centers for Disease Control and Prevention. This curriculum may be obtained by calling 800-321-4407 or going online at <http://www.etr.org>.

HealthTeacher: K-12 Curriculum

Published by: Discovery Education

The curriculum addresses the eight core content areas identified by the Centers for Disease Control and Prevention (CDC) as needing attention: alcohol and other drugs, injury prevention, nutrition, physical activity, family health and sexuality, tobacco prevention, community and environmental health, personal and consumer health, and mental health. Over the K-12 span, there are hundreds of lessons teacher may choose to influence skill development, such as: accessing information and services, self management and behavior management; analyzing influences, interpersonal communications, decision-making, goal setting, and advocacy. This curriculum may be obtained by calling 800-323-9084 x 7240 or going online at <http://www.healthteacher.com/>.

Healthy Sexuality, Second Edition: An Abstinence-Based Curriculum for Middle Schools

By: Louise Miller and Kay Nation

Published by: Rocky Mountain Center for Health Promotion and Education

Date: 2002. *This third edition skills-based curriculum for students in grades 6-8 encourages abstinence, enhances self-efficacy, provides life-saving information on sexually transmitted diseases, including HIV/AIDS, and promotes positive peer pressure regarding healthy sexuality. This can be obtained by calling 303-239-6494 or online at www.rmc.org.*

Involving Males in Preventing Teen Pregnancy: A Guide for Program Planners

By: Freya L. Sonenstein, Kellie Stewart, Laura Duberstein Lindberg, Marta Pernas, and Sean Williams

Published by: Urban Institute

Date: 1997. *The guide helped program planners across the country involve males in teenage pregnancy prevention. Its three purposes are: to dispel myths by providing a description of the male partners of potential teenage mothers, to identify programs that have successfully involved males in different settings, and to distill practical lessons from the experiences of these exemplary programs. This document may be obtained by calling 202-833-7200 or by going online at <http://www.urban.org/publications/307327.html>.*

Life Planning Education: A Youth Development Program

Developed and Published by: Advocates for Youth

Date: 1995, 565 pages. This skills-based curriculum combines sexuality education and career education with the goal of motivating adolescents to delay parenthood until they achieve their educational and vocational goals. The material can be used with teens in grades seven through 12. This curriculum consists of 142 activities on such topics as values, communication, goals, decision-making, health, sexuality, sexual risks, contraception, STD prevention, and employment. This document may be obtained by calling 202-347-5700 or by downloading at <http://www.advocatesforyouth.org/publications/lpe/index.htm>.

Life Skills: 225 Ready-to-Use Health Activities for Success and Well-Being (Grades 6-12)

By: Sandra McTavish

Published by: Joesey-Bass Publishing

Date: 2004, 288 pages. *This practical resource offers teachers 225 ready-to-use worksheets that cover a wide variety of key life skills, such as: drug and alcohol use, smoking, sex-related issues, relationships development, stress reduction, positive assertive and leadership behavior, nutrition and food-related issues, body image, and self-esteem. It is an easy-to-use, time-saving book that is designed for grades 6-12 and helpful for both new and seasoned teachers. The book may be obtained through either Jossey-Bass Publishing or Wiley Publishing at 415-433-1740 or 317-572-3000, respectively. It may be obtained online at <http://www.josseybass.com/WileyCDA/> or <http://www.wiley.com/WileyCDA/>.*

LifeSkills Training – Elementary, Middle, High School Grades, and Parents

By: Gilbert J. Botvin

Published by: National Health Promotion Associates

The comprehensive, developmentally appropriate, and evidence-based program is proven effective in increasing self-esteem, developing healthy attitudes, and improving students' knowledge of essential life skills (including, but not limited to, communication, building relationships, developing independence, and refusal skills). The parent program helps strengthen family communication. (in English and Spanish) The program provides factual information, suggestions for serving as positive role models, ways to convey clear messages, and strategies for helping children develop self-management and social skills. These curricula may be obtained by 800-293-4969 or by going online at www.lifeskillstraining.com.

Making a Difference! An Abstinence Approach to Prevention of STDs, HIV and Teen Pregnancy

By: Loretta Sweet Jemmott, John Jemmott III, and Konstance McCaffree

Published by: Select Media, Inc.

Date: 1996. *The eight-module curriculum provides young adolescents with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV, and pregnancy by abstaining from sex. This curriculum can be obtained by calling 800-707-6334 or 845-774-7335 or by going online at <http://www.selectmedia.org/>.*

Making Choices: Life Skills for Adolescents

By: Mary Halter and Barbara Fierro Lang

Published by: Advocacy Press

This curriculum, in a workbook format, has 96 secondary lessons designed to help adolescents acquire specific skills for a successful life. It uses a cognitive behavioral approach to develop critical thinking, problem solving and goal setting skills. It also addresses conflict resolution, sexual behavior and personal responsibility, parenting and family relationship, and career and life planning. The curriculum may be obtained by calling 805-962.2728 or 800-676-1480 or going online at <http://www.advocacypress.com/mc.html>.

Making Proud Choices!

By: Loretta Sweet Jemmott, John Jemmott III, and Konstance McCaffree

Published by: Select Media, Inc.

This curriculum consists of eight modules aimed at providing young adolescents with the knowledge, confidence and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. It is based on cognitive-behavioral theories. This curriculum may be obtained by calling 800-707-6334 or 845-774-7335 or going online at <http://www.selectmedia.org/>.

Michigan Model for Comprehensive School Health Education®-Grades K-6, 7-8, and 9-12

By: John A. Frisch

Published by: Central Michigan University's Educational Materials Center (EMC)

This 20+ year evidence-based curriculum is implemented in 90% of the Michigan Public Schools and 42 states. It is used in foreign countries, universities, and medical schools. The recently revised curriculum has skills-based, age-appropriate program components for all grades K through 12. The curriculum is based on the National Health Standards and the health-risk factors identified by the Centers for Disease Control and Prevention. These curriculum components may be obtained by calling 989-774-3290 or 800-214-8961 x 3290 or going online at www.emc.cmich.edu.

Mind It! a Mental and Emotional Health Curriculum for Grades 6-8

National Center for Health Education (NCHE)

This mental and emotional health curriculum is geared toward middle school students and consists of 35-40 lessons for each grade level. The program can stand on its own or be used as a supplement to NCHE's Growing Healthy® or to complement other academic curricula. The program is modeled after Social and Emotional Learning (SEL) standards: self direction and regulation, self-esteem and self-image, personal safety and safe behavior, social and working relationships, responsibility and integrity, mental wellness, and mental illness. The curriculum may be obtained by calling 212-463-4053 or going online at www.nche.org.

My Body, My Self for Boys for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for boys 8 to 15 years of age is a companion to “What's Happening to My Body? Book for Boys.” It includes exercises, quizzes, and personal stories to help boys learn about the changes that take place in their bodies during puberty. This publication may be obtained by calling 212-832-3575 or 800-669-3903 or by going online at <http://www.newmarketpress.com/> or at www.amazon.com.*

My Body, My Self for Girls for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for girls 8 to 15 years of age is a companion to “What's Happening to My Body? Book for Girls.” It includes exercises, quizzes, and personal stories to help girls learn about the changes that take place in their bodies during puberty. This*

publication may be obtained by calling 212-832-3575 or 800-669-3903 or by going online at <http://www.newmarketpress.com/> or at www.amazon.com.

My Wellness Projects

Developed and Published by: InnerLink, Inc.

This curriculum is a web-based program and designed around five critical health issues called “projects”: Project Breathe, Project Nutrition, Project Recover, Project Fitness, and Project Safe. The standards-based, interactive, and evidence-based curriculum focuses on helping youth gain knowledge, build skills for healthy living, and develop strategies to take personal and community action to build healthier lives. Each section (project) of the curriculum is developed around interdisciplinary and outcomes-based objectives; yet, it allows flexibility for local needs. The curriculum may be obtained by calling 717-735-8105 or 866-522-5487 or going online at www.innerlinkit.com.

Our Sexuality (10th Edition)

By: Robert L. Crooks and Karla Baur

Published by: Wadsworth Publishing Company

Date: 2007, 640pages. *This updated, comprehensive college textbook builds on the success of the previous nine editions. Through the direct and non-judgmental experiences, the authors refined their focus on strengthening healthy communication among partners, understanding sexual health, maintaining a responsible and healthy sexual relationship, aiming greater attention to diversity and inclusiveness, and improving the content on all major topics. The book may be obtained by going online at http://www.bestwebbuys.com/Psychology-Human_Sexuality-books.html or at <http://www.amazon.com/>.*

Our Whole Lives (OWL) A Lifespan Sexuality Education Series

By: Eva S. Goldfarb and Elizabeth M. Casparian

Published by: Unitarian Universalist Association

Date: 2000. *This is a comprehensive lifespan sexuality education series developed jointly by the Unitarian Universalist Association and the United Church Board for Homeland Ministries. It involves parents in the sexuality education of their children. The series includes “The Parent Guide to Our Whole Lives: Grades K-1 and 4-6.” Each curriculum covers the six concepts outlined in SIECUS’ Guidelines for Comprehensive Sexuality Education Kindergarten—12th Grade: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The curriculum may be obtained by calling 800-215-9076 or by going online at <http://www.uua.org>.*

Plain Talk For Parents Training Package

By: Dominic Cappello

Published by: Plain Talk, Neighborhood House

Date: 1997. *This four-part series utilizes innovative approaches to assist parents in developing communication skills to talk openly and honestly to their children about sexuality issues. It focuses on character education and helps parents talk nonjudgmentally with their children about assuming adult responsibility. The curriculum may be obtained by calling 206-940-1984 or going online at <http://www.speakeasy.org/plaintalk>.*

Postponing Sexual Involvement

By: Marion Howard and Marie E. Mitchell

Published by: Jane Fonda Center for Adolescent Reproductive Health, Emory University School of Medicine

This program consists of three skills-based curricula for students—Postponing Sexual Involvement for Pre Teens (10 to 12 years old), for Young Teens (12 to 14 years), and for Teens (15 to 17 years). Educational programs for parents also are available. This curriculum may be obtained by calling 404-712-8730 or going online at www.janefondacenter@emory.edu.

POWER Moves: A Situational Approach to HIV Prevention for High-Risk Youth

By: Pam Petersen Buckingham, Mary A. Doyen, and Deborah S. Main

Published by: Rocky Mountain Center for Health Promotion and Education

Date: 1995. *This HIV-prevention curriculum was developed for adolescents who do not participate in traditional secondary school settings but regularly attend organized treatment or alternative education environments. It is designed to decrease the percentage of youth currently engaging in high-risk sexual and drug behaviors. Students are asked to set their personal limits and are taught negotiation and communication skills to keep those limits in difficult situations. The curriculum may be obtained by calling 303-239-6494 or going online at <http://www.rmc.org>.*

Pregnant Bodies, Fertile Minds: Gender, Race, and the Schooling of Pregnant Teens

By: Wendy Luttrell

Published by: Taylor & Francis Books, Inc.

Date: 2003. *The book focuses on fifty girls enrolled in a model public school program for pregnant teens. The author explores how pregnant girls experience society's view of them, considers how these girls view themselves and the choices they've made, how schools react to pregnant teens, and what schools are doing to help these vulnerable young women to achieve their education. The publication may be obtained by calling 800-634-7064 or going online at <http://www.routledge-ny.com/>.*

Project Taking Charge

Developed and Published by: American Association of Family and Consumer Sciences

Date: 1995. *This six-week curriculum is designed to help young adolescents develop positive interpersonal and family relationships; avoid early sexual activity; focus on positive decision-making, goal setting, and childbearing. The curriculum has proven successful in changing adolescent knowledge of sexuality. This curriculum may be obtained by calling 703-706-4600 or by going online at <http://www.aafcs.org>.*

Reducing the Risk: Building Skills to Prevent Pregnancy STD and HIV

By: Richard P. Barth

Published by: ETR Associates

Date: 1996. *This skills-based curriculum targets students in grades nine and 10 and teaches students how to refuse or delay sexual intercourse as well as how to use protection against pregnancy and STDs. A student workbook is available in English and Spanish. This curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Safer Choices

By: University of Texas at Houston and ETR Associates

This curriculum was developed to create environments at school, in the community, and at home that support students' decisions to abstain from intercourse or to protect themselves from HIV infection and other STDs if they do decide to have intercourse. The curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.

Skills for Growing, Skills for Adolescents, and Skills for Actions

By: Susan Keister

Published by: Lions Quest Programs

This evidence-based program consists of three Lions Quest programs aimed at helping students gain positive attitudes and important life skills through easy-to-use classroom materials, solid teacher in-service experiences, and important community links. The program is designed around six multi-disciplinary topical units to enhance the development of the whole child and academic performance throughout the school year. This curriculum focuses on life skills, service-learning, and character education and it incorporates positive prevention strategies and an implementation process for linking the home, school, and community in teaching essential life and citizenship skills. The curriculum may be obtained by calling 800-446-2700 or going online at <http://www.lions-quest.org>.

Starting Healthy©, a Comprehensive Preschool Health Education Program

By: National Center for Health Education

Date: 2005. *This pre-school program provides a healthy foundation for children ages 3-5 and their parents. It is modeled after the nationally recognized and evaluated Growing Healthy® curriculum. The curriculum addresses the components of comprehensive health education through active, engaging, age-, and developmentally-appropriate lessons and activities. The content areas are: growth and development, mental and emotional health, personal health, family life and health, nutrition, disease prevention and control, safety and first aid, substance use and abuse, and community and environmental health management. The curriculum may be obtained by calling 212-463-4053 or by going online at www.nche.org.*

Taking Care of Business, Second Edition

Developed and Published by: Girls Incorporated

Date: 1998. *This curriculum for girls 15-18 years consists of 44 lessons that focus on the motivation and skills needed to avoid early pregnancy. The curriculum may be obtained by calling 317-634-7546 or going online at <http://www.girlsinc.org>.*

Teaching Family Life Education -- A Syllabus Collection

Date: Michael Walcheski and Nancy Gonzalez

This publication is a collection of over 40 syllabi covering all of National Council on Family Relations' 10 content areas for the comprehensive family life education, plus syllabi for relating family courses and electives. It is a rich resource, full of content ideas, class activities, suggested readings, grading criteria and more. The publication may be obtained by calling 888-781-9331 or going online at <http://www.ncfr.com>.

Teaching Kids about How AIDS Works: K-3 and 4-6

By: David Schonfeld and Marcia Quackenbush

Published by: ETR Associates

Date: 1996. *These two curricula include information and skill-building exercises to help young people prevent HIV/AIDS. It includes parents in the learning process and stresses that young children have the capacity to understand complex issues if messages are delivered in a "clear, age-appropriate manner." The curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Teaching Safer Sex, revised

By: Peggy Brick, et. al.

Published by: Planned Parenthood of Greater Northern New Jersey

Date: 2005. *This manual is designed as a supplement to provide the knowledge, attitudes, and skills required for safer sexual behavior. It consists of 21 skills-based lessons targeted at adolescents and young adults. This curriculum may be obtained by calling 973-539-9580 x120 or by going online at <http://www.ppgnnj.org/ordfm.htm>.*

Teaching Today's Health

By: David Anspaugh and Gene Ezell

Published by: Allyn & Bacon

Date: January 2001, 672 pages. *This book is a comprehensive overview of health and wellness, with strategies for teaching health education in elementary and middle schools. It provides an introductory overview of the philosophical bases for health education, national standards, and evaluation methods, and includes a variety of activities and strategies for approaching health education in the classroom. The strategies include value clarification activities, dramatizations, puzzles, and games, as well as suggestions for World Wide Web sites, references, and videos for teaching in each of the content areas. The theme of instilling lifelong health and wellness through positive lifestyle choices is used throughout. This book may be obtained by calling 617-848-6000, 212-782-3300, or 800-666-9433; or, by going online at <http://www.ablongman.com> or <http://www.amazon.com>.*

Teenage Health Teaching Modules (THTM) -- Grades 6 - 12

Developed and Published by: Education Development Center

This evidence-based curriculum, recognized by several federal agencies and national organizations, is designed to help middle school and high school students at varying developmental stages acquire the knowledge, attitudes, and skills to make decisions and act in ways that promote good health practices. The twenty-nine modules emphasize essential skills, including risk assessment, self-assessment, communication, decision-making, goal-setting, health advocacy, and healthy self-management. The curriculum may be obtained by calling 800-793-5076 or 617-969-7101 (x2737) or going online at <http://www.thtm.org/>.

There's No Place Like Home... For Sex Education**No Hay Lugar Como El Hogar... Para La Educación Sexual**

By: Mary Gossart and the Spanish Translation by Bojana Stefanovska

Published by: Planned Parenthood Health Services of Southwestern Oregon

Date: 1999. *These reproducible parent newsletters are printed in both English and Spanish and can be distributed in a variety of settings. There are five newsletters for each grade level, pre-school through twelve. The resources are intended to assist families in communicating more openly about sexuality and to support parents in their role as primary educators of their children. The newsletters may be obtained by calling 541-344-1611 x 13 or by going online at <http://www.pphsso.org/education/parents.htm>.*

Tools for Teaching Health

By: Shannon Walen, Dominick Splendorio, and Sal Chiariello

Published by: Jossey-Bass Publishing

Date: 2007, 320 pages. *This book presents classroom-tested, ready to use activities and lessons developed. This resource provides any health educator who works with various populations with the strategies that will enhance the health education experience and make learning fun.*

Designed to be practical, all of the book's proven activities are reproducible, hands-on, student-centered, and interactive. The book may be obtained through either Jossey-Bass Publishing or Wiley Publishing at 415-433-1740 or 317-572-3000, respectively. It may be obtained online at <http://www.josseybass.com/WileyCDA/> or <http://www.wiley.com/WileyCDA/>.

Sexuality Education within Comprehensive School Health Education

Written and Published by: American School Health Association (ASHA)

Date: 2003, 120 pages. *Part one of this updated edition provides suggested concepts and content for sexuality education: steps for implementation, evaluation for sexuality education; effective communication; and controversy regarding sexuality education. Part two offers information about students' characteristics, general teaching suggestions, suggested concepts and content, sample activities, possible responses to student question and resources appropriate for specific grade levels (preschool to grade 12). The content for each grade level of the curriculum includes biological, psychological and sociological considerations. This publication may be obtained by calling 330-678-1601 or going online at <http://www.ashaweb.org>.*

SMART Moves

Developed and Published by: Boys and Girls Clubs of America

This program targets young people six to 15 years old to help age-appropriate self awareness, decision making, and interpersonal skills; identify and resist peer, social, and media pressures to use drugs and become sexually involved; help teenagers develop social, resistance, assertiveness, problem-solving, and decision-making skills. The curriculum may be obtained by calling 404-815-5766 or by going online at <http://www.bgca.org>.

The Consuming Body

By: Pasi Falk

Published by: Sage, Ltd.

Date: 1994, 256 pages.

This book shares information about the human formation of self, physically and mentally; the fundamental issues of modern social theory, the changing position on cultural orders; and the representations in advertising and pornography. From this investigation, the author proposes a new theory human development. The book may be obtained by calling 805-499-0721 or going online at <http://www.sagepub.com>.

The New Positive Images: Teaching Abstinence, Contraception, and Sexual Health, Third Edition

By: Peggy Brick and Bill Taverner

Published by: Planned Parenthood of Greater Northern New Jersey

Date: 1995. *This manual focuses on prevention behaviors, as well as the developmental, social, emotional, interpersonal, historical, cultural, and cross-cultural forces that shape healthy behavioral change. Intended as a supplement to existing curricula, the manual includes 27 activities for middle school, high school, and college-age groups. This curriculum may be obtained by calling 973-539-9580 x120 or going online at <http://www.ppgnnj.org/ordfm.htm>.*

Unequal Partners: Teaching about Power and Consent in Adult-Teen Relationships

By: Sue Montfort and Peggy Brick

Published by: Planned Parenthood of Maryland

This manual of 24 interactive lessons helps professionals educate young people (10-17 years) about making healthy decisions in relationships, especially those involving the power imbalances that can occur when there are significant age differences. The curriculum may be obtained by calling 410-576-1400 or going online at <http://plannedparenthoodmd.org/index.cfm?gid=3&id=57>.

Unfit Subjects Educational Policy and the Teen Mother

By: Wanda S. Pillow

Published by: Taylor & Francis Books Inc.

Date: 2004. *This book presents a critical analysis of federal law and policy towards pregnant teens, teen pregnancy in popular culture, and the educational opportunities schools provide for school-aged mothers. This book traces successes and failures in educating pregnant teens. This publication may be obtained by calling 800-634-7064 or by going online at <http://www.routledge-ny.com/>.*

Universal Teaching Strategies, 4th Edition

By: H. Jerome Freiberg and Amy Driscoll

Published by: Allyn & Bacon

Date: 2005, 528 pages. *This book, aimed at pre-service and in-service education, presents teaching from three specific actions, Organizing, Instructing, and Assessing, and is divided into three sections which reflect each of these teaching actions. The strategies presented in each section are universal in nature; they cut across grade levels, subject areas, and teaching situations. The book emphasizes Context, Content, and Learner as essential elements in the decision-making process. This book bridges the gap between theory, research, and practice with clear and effective writing, and a framework that combines the context, content, and learner with what teachers need in the real world. For individual orders, the book may be best obtained through an online book store such as <http://www.amazon.com>.*

When I'm Grown: Life Planning Education

Developed and Published by: Advocates for Youth

Date: 1994, 170 pages.

The skills-based program provides age-appropriate health and sexuality information within a comprehensive framework—for grades K through two, grades three and four, and grades five

and six. *The interactive curricula topics include: self-esteem development, problem solving, healthy peer and family communication, values development, goal achievement, growth and development, friendship, life skills, health promotion, and career awareness. The curriculum may be obtained by calling 202-347-5700 or going online at <http://www.advocatesforyouth.org/publications/catalog.htm>.*

Will Power/Won't Power, Second Edition: A Sexuality Education Program for Girls Ages 12-14

Developed and Published by: Girls Incorporated

Date: 1998. *This curriculum consists of 45 lessons and five supplemental lessons on sexual development and seven supplemental lessons on contraception. They are designed to help girls learn how to say no to intercourse by recognizing, exploring, and practicing attitudes and skills to deal with health and sexuality issues. Topics include reproductive health and sexuality, assertiveness, identifying and resisting sexual pressures, values, abstinence, and STD prevention. This curriculum may be obtained by calling 317-634-7546 or by going online at <http://www.girlsinc.org>.*

The Wise Guys: Male Responsibility Curriculum

Developed and Published by: Wise Guys

Date: 2005, 250 pages. *This curriculum is designed to prevent adolescent pregnancy by reaching adolescent males. The curriculum leads the facilitator in communicating accurately and openly with adolescent males about issues concerning self, values, future goals, and sexuality. The curriculum may be obtained by calling 336-333-8890 or going online at <http://www.wiseguysnc.org/curriculum.htm>.*

Video/DVD Resources:

In Our Own Words: Teens and AIDS

Distributed by: Family Health Productions

Date: 1995

Length: 20 minutes

Grades: 6 and up, parents, and caregivers

To purchase: visit <http://www.about.com/health/>

Description: Profiles five young people infected with HIV as teens through unprotected sexual intercourse. They address denial, living with HIV, alcohol, and its potential link to risky behavior, postponing sexual activity, condom use, and the importance of making healthy decisions. Also available in Spanish. Includes discussion guide.

Fathers Too Soon

Distributed by: National Campaign to Prevent Teen and Unwanted Pregnancy

Date: 2000

Length: 15 minutes

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

Grades: teen, young adults, parents, community workers

To purchase: visit <https://www.teenpregnancy.org/store/listTopic.asp>

Description: This video provides a first-hand look at how a teen pregnancy impacts the lives of male teens, their children, and families. The discussion guide helps program leaders, teachers, parents, and young people explore in greater depth the issues raised in the video.

Jessica's Story

Distributed by: National Campaign to Prevent Teen and Unwanted Pregnancy

Length: 10 minutes

Grades: teen, young adults

To purchase: visit <https://www.teenpregnancy.org/store/listTopic.asp>

Description: This video produced by in collaboration with ABC Daytime is a compilation of scenes from a major story line on "One Life to Live," one of ABC's most popular daytime dramas. The show examined the many ways that teen pregnancy affected the life of Jessica Buchanan (a character on the show who became pregnant at age 18), her parents, her boyfriend, and others in her life. A discussion guide is included to offer educators and parent's ideas for further discussion and exploration of the key messages in the video.

Mothers Too Soon

Distributed by: National Campaign to Prevent Teen and Unwanted Pregnancy

Date: 2000

Length: 15 minutes

Grades: teen, young adults, parents, community workers

To purchase: visit <https://www.teenpregnancy.org/store/listTopic.asp>

Description: This video provides a first-hand look at how a teen pregnancy impacts the lives of female teens, their children, and families. The discussion guide helps program leaders, teachers, parents, and young people explore in greater depth the issues raised in the video.

Raising Healthy Kids: Families Talk About Sexual Health

Distributed by: Family Health Productions

Date: 1997

Length: 30 minutes

Grades: parents

To purchase: visit <http://www.about.com/health/>

Description: Offered as a set of two videos, including Video #1: For parents of Young Children, and Video #2: For parents of preadolescents and adolescents. Designed to help parents gain knowledge and comfort in talking with their children about sexual health. Videos include interviews with children, parents, and experts. Includes two videos, two discussion guides, and two tip sheets. Also available individually.

Teens & Sex in Europe: A Story of Rights, Respect & Responsibility

Distributed by: Advocates for Youth

Date: 2000

Length: 16 minutes 20 seconds

To purchase: visit www.advocatesforyouth.org

Description: Advocates for Youth and the University of North Carolina at Charlotte sponsor

study tours to the Netherlands, Germany, and France to explore the reasons behind these nations' much lower rates of teenage pregnancy, birth, and sexually transmitted diseases. *Teens & Sex in Europe: A Story of Rights, Respect & Responsibility*, narrated by Mariette Hartley, provides a fascinating glimpse into the sexual health attitudes of Dutch, German, and French teens and their parents and into the attitudes of government officials, educators, and health care providers. European and U.S. teens speak their minds about protecting themselves within sexual relationships. All of this is against a background of funny, frank media clips drawn from larger multimedia campaigns to reduce HIV infections and unintended pregnancy.

Video Distributors:

Aquarius Health Care Videos

Olde Medfield Square
266 Main Street, Suite 33B
Medfield, MA 02052
888-440-2963
<http://www.aquariusproductions.com>

Educational Video Network

1339 19th Street
Huntsville, TX 77340
936-295-5767
<https://www.evndirect.com/>

ETR Associates: Education Training Research

P.O. Box 1830
Santa Cruz, CA 95061-1830
831-438-4060
<http://www.etr.org>

Films for the Humanities & Sciences

P.O. Box 2053
Princeton, NJ 08543-2053
800-257-5126
<http://www.films.com>

INJOY Videos

Teen Pregnancy & Prevention
1435 Yarmouth, Suite 102
Boulder, CO 80304
303-447-2082; 800-326-2082
<http://www.injoyvideos.com>

National Campaign to Prevent Teen and Unplanned Pregnancy

1776 Massachusetts Ave., NW, Suite 200
Washington DC 20036
202-478-8500
<http://www.teenpregnancy.org/>

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

Computer-Based Resources:

Body Awareness Resource Network (BARN)

Developed and distributed by: Learning Multi-Systems

To purchase: visit <http://www.lmssite.com> or contact Learning Multi-Systems

Description: *This is a computer-based resource provides confidential, nonjudgmental health information for adolescents. Topic areas covered include: Alcohol and other drugs, Body management, Human Sexuality, Smoking, Stress management, and Local teen health resources. For more information visit the Wisconsin Alumni Research Foundation website at <http://www.warf.wisc.edu>.*

Relate for Teens: A Ripple Effects Flagship Social Learning Program

Developed by: Alice Ray and Sarah Berg

Published by: Ripple Effects, Inc.

Date: 1998

To purchase: contact Ripple Effects or visit <http://www.rippleeffects.com>

Description: *This program is designed to reduce aggression, improve school climate, and increase academic performance for adolescents.*

Reproduction: Friendship, Marriage, and Sex

Developed and administered by: LearnWell Resources Inc.

Date: 2001

Located at: <http://www.learnwell.org/repro.htm>

Description: *This online course describes the differences in friendships, dating, love, marriage, and parenting. It outlines the reproductive systems, related disease prevention, contraception, abortion, and pregnancy. This course is available to anyone, and one may receive a 3-hour Continuing Education Certificate upon completion of a 12 question quiz and paying a fee.*

Too Young (2007)

Developed and distributed by: National Campaign to Prevent Teen and Unplanned Pregnancy

To purchase or access: visit <http://www.teenpregnancy.org/>

Description: *This educational video is intended to help teens, parents, educators, community leaders, and policymakers better understand the challenges of teen pregnancy by hearing directly from a group of courageous teen parents who know what it means to be too young for pregnancy and parenthood. A discussion guide and a fact sheet are available for this resource.*

Publishing Companies:

ACT for Kids

Spokane Sexual Assault Center
7 South Howard, Suite 200
Spokane, WA 99201-0323
509-343-5020
<http://www.actforkids.org>

Allyn & Bacon/Longman

Allyn & Bacon	Longman
75 Arlington Street, Suite 300	1185 Avenue of the Americas
Boston, MA 02116	New York, NY 10036
617-848-6000	212-782-3300
800-666-9433 (orders for 1-10 copies)	
800-922-0579 (orders for 10 or more copies)	
http://www.allynbaconmerrill.com/index.asp	

Channing L. Bete Co., Inc.

200 State Road
South Deerfield, MA 01373-0200
800-477-4776
<http://www.channing-bete.com>

Family Health Productions

P.O. Box 1799
Gloucester, MA 01931-1799
978-282-9970
<http://www.abouthealth.com>

Jossey-Bass/Pfeiffer

989 Market Street
San Francisco, CA 94103-1741
415-433-1740
<http://www.josseybass.com/WileyCDA/>

Journeyworks Publishing

P.O. Box 8466
Santa Cruz, CA 95061-8466
831-423-8102
<http://www.journeyworks.com>

The Learning Company

One Athenaeum Street
 Cambridge, MA 02142
 800-395-0277 (orders)
<http://www.thelearningco.com>

Learning Multi-Systems

320 Holtzman Road
 Madison, WI 53713
 800-362-7323
<http://www.lmssite.com>

Meeks Heit Publishing Company/McGraw Hill Company

Materials for grades K-6:	Glencoe, grades 6-12:
220 East Daniieldale Rd.	PO Box 543
DeSoto, TX 75115	Backlick, OH 43004
800-442-9685	800-334-7344
http://www.mcgrawhill.com	http://www.glencoe.com

National Professional Resources, Inc.

25 South Regent Street
 Port Chester, NY 10573
 800-453-7461
<http://www.nprinc.com>

Positive Promotions

40-01 168th Street
 Flushing, NY 11358
 800-635-2666
<http://www.postivepromotions.com>

Ripple Effects, Inc.

333 Bryant St., Suite 110
 San Francisco, CA 94107
 888-259-6618
<http://www.rippleeffects.com/>

Sage Publications, Inc.

2455 Teller Road
 Thousand Oaks, CA 91320-2218
 805-499-0721
<http://www.sagepub.com>

Sunburst Technology

101 Castleton Street
Pleasantville, NY 10570
914-747 3310
<http://www.sunburst.com>

ToucanEd Publications

1280 17th Ave., Suite 102
Santa Cruz, CA 95062
831-464-0508; 888-3TOUCAN
<http://www.toucaned.com>

United Learning

1560 Sherman Avenue, Suite 100
Evanston, IL 60201
847-328-6700; 800-323-9084
<http://www.unitedlearning.com>

Wiley Publishing, Inc.

10475 Crosspoint Blvd.
Indianapolis, IN 46256
317-572-3000
<http://www.wiley.com/WileyCDA/>

Resources for Students with Disabilities:**Organizations:****Advocates for Youth**

2000 M Street, N.W., Suite 750
Washington, DC 20036
202-419-3420
<http://www.advocatesforyouth.org>

Alliance for Technology Access

1304 Southpoint Blvd., Suite 240
Petaluma, CA 94954
707-778-3011 voice; 707-778-3015 TTY
<http://www.ataccess.org>

American Social Health Association

P. O. Box 13827
Research Triangle Park, NC 27709-3827
919-361-8400; 800-227-8922
<http://www.ashastd.org>

The Annie E. Casey Foundation

701 St. Paul Street
Baltimore, MD 21202
410-547-6600
<http://www.aecf.org>

Council for Exceptional Children

1110 North Glebe Road, Suite 300
Arlington, VA 22201
703-620-3660; 866-915-5000 TTY
<http://www.cec.sped.org>

Department for the Blind and Vision Impaired Library and Resource Center

397 Azalea Ave.
Richmond, VA 23227
804-371-3661; 800-622-2155
<http://www.vdbvi.org/>

Greater Los Angeles Council on Deafness, Inc.

AIDS Education/Service for the Deaf
2222 Laverna Avenue
Los Angeles, CA 90041
323-478-8000; TTY 323-550-4226
www.gladinc.org

The Guttmacher Institute

120 Wall Street, 21st Floor
New York, NY 10005
212-248-1111; 800-355-0244
<http://www.guttmacher.org>

Hetrick-Martin Institute

2 Astor Place
New York, NY 10003
212-674-2400
<http://www.hmi.org>

March of Dimes Birth Defects Foundation

1275 Mamaroneck Avenue
White Plains, NY 10605
914-428-7100
<http://www.modimes.org>

National Association of School Psychologists

4340 East West Highway, Suite 402
Bethesda, MD 20814
301-657-0270; 866-331-NASP (6277); 301-657-4155 TTY
http://www.nasponline.org/about_nasp/

National Association of Social Workers

750 First Street, Suite 700
Washington, DC 20002-4241
800-742-4089; 202-408-8600
<http://www.socialworkers.org/>

National Down Syndrome Society

666 Broadway
New York, NY 10012
800-221-4602
<http://www.ndss.org/>

National Federation of the Blind

1800 Johnson Street
Baltimore, MD 21230
410-659-9314
<http://www.nfb.org/nfb/>

National Information Center for Children and Youth with Disabilities

Box 1942
Washington, DC 20013
800-695-0285 voice/TTY
<http://www.nichcy.org/>

Network for Family Life Education

Rutgers University
100 Joyce Kilmer Avenue
Piscataway, NJ 08854
732-445-7929
<http://www.sexetc.org>

Parents, Families, and Friends of Lesbians and Gays

1726 M Street N.W., Suite 400
Washington, DC 20036
202-467-8180
<http://www.pflag.org>

Partnership for People with Disabilities

Virginia Commonwealth University
PO Box 843020
Richmond, Virginia 23284
804-828-3876
<http://www.vcu.edu/partnership/index.html>

Planned Parenthood Federation of America

434 West 33rd Street
New York, NY 10001
212-541-7800; 800-230-PLAN
<http://www.plannedparenthood.org>

Rape, Abuse, and Incest National Network

2000 L Street, NW, Suite 406
Washington, DC 20036
202-544-1034; 800-656-HOPE (4673)
<http://www.rainn.org>

The Sexuality Information and Education Council of the United States

130 West 42nd Street, Suite 350
New York, NY 10036-7802
212-819-9770
<http://www.siecus.org>

Texas School for the Blind and Visually Impaired

1100 W. 45th St.
Austin, TX 78756
512-454-8631; 800-872-5273; TDD 512-206-9451
<http://www.tsbvi.edu/>

United Cerebral Palsy Associations, Inc.

1660 L Street, NW, Suite 700
Washington, DC 20036
202-776-0406; 800-872-5827
<http://www.ucp.org/>

Young Adult Institute, National Institute for People with Disabilities

460 West 34th Street
 New York, NY 10001-2382
 212-273-6100
<http://www.yai.org>

Websites:**A DD toolkit for parents and professionals**

www.ppct.org/education/resources/ddintro.htm

Advocates for Youth Parents' Sex Education Center

<http://www.advocatesforyouth.org/parents/index.htm>

Alliance for Technology Access Centers

<http://www.ataccess.org>

Autism Today

<http://www.autismtoday.com/store.htm>

Center for Educational Services for All Blind and Visually Impaired Students in Texas

<http://www.tsbvi.edu/bib/social.htm>

Down Syndrome Information Network

<http://www.down-syndrome.info/library/periodicals/dsrp/03/2/065/>

Epilepsy and Sexuality

<http://www.epilepsyfoundation.org/answerplace/Life/adults/women/Professional/sexuality.cfm>

Introduction to Sexuality Education for Individuals Who Are Deaf-Blind and Significantly Developmentally Delayed

<http://www.tr.wou.edu/dblink/pdf/sex-ed.pdf>

Medical Institute for Sexual Health

www.medinstitute.org

Parent Training and Information Centers

<http://www.taalliance.org/PTIs.htm>

Program Development Associates

www.pdassoc.com/ddse.html

Sexual Health Network

www.sexualhealth.com/com/channel/view/disability-illness/

Sex Education for Young People with Visual Impairments

www.tsbvi.edu/Education/sexuality-education.htm

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

SIECUS: Filling the Gaps: Hard to Teach Topics in Sexuality Education

http://www.siecus.com/pubs/filling_the_gaps.pdf

Special Needs Links

<http://www.4teachers.org/profd/spedlinks.shtml>

Teaching Facts about Sex and Sexuality to Individuals with Communication Disorders

<http://www.adamspublications.com/articlesex.htm>

Teaching Sexuality Education for Students with Disabilities: Sexuality & Specific Disabilities

<http://www.nichcy.org/resources/sexualityeducation.asp>

The National Autistic Society

<http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=364&a=2187>

The Birds and the Bees and Kids with LD

www.schwablearning.org/articles.asp?r=626&g=2

The Society for Scientific Study of Sexuality

www.SexScience.org

WWW.4teachers Equity in Diversity

<http://www.4teachers.org/profd/equity.shtml>

Books:**Becoming DateSmart-1 (Abstinence and the Art of Saying “No”)**

Developed and Published by: James Stanfield Publishing Company

This program uses a realistic approach to teach students how to support the choice for abstinence. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Becoming DateSmart-2 (Avoiding Trouble & Listening for “No”)

Developed and Published by: James Stanfield Publishing Company

This three-part program is used to teach students how to control their emotions and avoid impulsive reactions that can lead to intimate situations. The program teaches males not to date minors and how to refrain from manipulative actions that exploit women. Females learn how to recognize trouble; how to avoid behavior that can send unintentional, provocative signals; and common misconceptions about the opposite sex. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Changes in You: An Introduction to Sexuality Education through an Understanding of Puberty

By: Peggy C. Siegel

Published by: James Stanfield Publishing Company

This family life education program for young people with cognitive disabilities (grades 4-9) helps youth develop strong, positive feelings about themselves as they make the transition into puberty. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Child Sexual Abuse Curriculum for the Developmentally Disabled

By: Sol R. Rappaport, Sandra A. Burkhardt, and Anthony F. Rotatori

Published by: Charles C. Thomas Publishers, Ltd.

Date: 1997. *This curriculum for children in the mild range of retardation is divided into five parts: "Understanding Child Sexual Abuse of the Developmentally Disabled," "The Treatment of Sexually Abused Children," "Sexual Abuse: The Emotional and Behavioral Sequelae," "Factors that Mediate the Sequelae of Child Sexual Abuse," and "The Rappaport Curriculum for the Prevention of Child Sexual Abuse in Children with Developmental Disabilities." This curriculum may be obtained by calling 800-258-8980 or going online at http://www.ccthomas.com/details.cfm?P_ISBN13=9780398067342.*

Child Sexual Abuse: A Solution™

Developed and Published by: James Stanfield Publishing Company

This program provides strategies to implement a child protection program in the schools. It uses a gentle approach, using Chester the Cat, to help children protect themselves. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES I: Intimacy & Relationships

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum and video program helps students with mild to moderate developmental disabilities. Part I: "Social Distance" is designed to help students "see" social and sexual distance, explains relationship boundaries, and relationship specific behaviors. Part II: "Relationship Building" demonstrates how intimacy levels change as relationships change. The role of mutual choice among individuals is emphasized, a critical concept for protecting students from exploitation. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES: Level II Intimacy & Relationships (Second-Step Expanded Introduction)

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This follow-up program shows how to apply the rules of social intimacy in more complex settings than in the Level I lessons. It uses a "reality-show" format to illustrate more subtle applications of the "Circles Rules of Social Distance." The program can be used as a stand-alone introduction for higher functioning and students in regular educational classes. Content for lessons include, but is not limited to: alternative intimacy level signs; circle jumping, when it "ok" and when it's not; reversal of intimacy level; rejecting intimacy and having intimacy

rejected; and relationship dissolution. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES II: Stop Abuse

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum teaches students with mild to moderate developmental disabilities how to recognize and avoid sexually, abusive, or exploitative situations. Part I: deals with recognizing and reacting to sexual exploitation. Part II: addresses learning appropriate protective behaviors. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES III: AIDS: Safer Ways (AIDS and Communicable Disease Prevention)

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum is for people with mild to moderate developmental disabilities. "Part I: Communicable Diseases and Casual Contact" describes ways to avoid, treat, and protect from communicable diseases. Part I prepares students for the sensitive topics discussed in the following section. "Part II: STDs, AIDS and Intimate Contact" explains the difference between casual and intimate contact, promotes positive decision-making, and addresses abstinence as the best way to avoid STDs and AIDS. Risk factors are clearly defined. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Health, Growth and Development Curriculum

Developed and Published by: Program Development Associates

Date: 2007, 145 pages. *This comprehensive health curriculum is designed for students in grades 5-12 who read at a second grade level or below. It incorporates full-color illustrations, on laminated, reusable pages. This may be used for one-on-one, small group, or full class instruction. There are eleven lessons on: personal hygiene, how the body changes during puberty, wellness, physiology, sexuality, and good touch/bad touch. This curriculum may be obtained by going online at <http://disabilitytraining.com/sas.html>.*

Healthy Sexuality Development: A Guide for Early Childhood Educators and Families

By: Kent Chrisman and Donna Couchenour

Published by: National Association for the Education of Young Children

Date: 2002. *This book provides key information to both early childhood educators and family members about what is typical in young children and how to support them in this early and inquisitive stage. This publication may be obtained by calling 202-232-8777, 800-424-2460 or going online at <http://www.naeyc.org> or <http://www.amazon.com/>.*

Janet's Got Her Period

By: Judi Gray and Jitka Jilich

Published by: James Stanfield Publishing Company

Date: 1990. *This curriculum is for girls and young women with severe developmental disabilities. It uses a video and illustrated storybook to tell the story of a young girl who learns*

menstrual self-care from her mother and sister. This book may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Just Say Know! Understanding and Reducing the Risk of Sexual Victimization of People with Developmental Disabilities

By: Dave Hingsburger

Published by: Diversity City Press

Date: 1995. *This book explores the victimization of people with disabilities and helps reduce the risk of sexual assault. The ring of safety helps to teach people with disabilities to protect themselves. The book also presents a new way of looking at the indicators of sexual abuse in the population of people who have developmental disabilities. This book may be obtained by calling 877-246 5226 or going online at <http://www.diversecity.com/display.htm>.*

Learn about Life: Sexuality and Social Skills

Written and Published by: Program Development Associates

Date: 1996, 94 pages. *This program is designed for special needs students or adults who read at a second grade level or below. Information is provided on puberty, dating, pregnancy, STDs and more through six booklets: Your Body, My Body, Having a Baby, Being a Woman, Being a Man, Be Smart, Be Safe, and Relationships. This program may be obtained by going online at <http://disabilitytraining.com/sas.html>.*

Life Horizons I--The Physiological and Emotional Aspects of Being Male & Female

By: Winifred Kempton

Published by: James Stanfield Publishing Company

This curriculum is the most widely used sexuality education program for people with developmental and learning disabilities. It consists of five programs: "Parts of the Body," "Sexual Life Cycle," "Human Reproduction," "Birth Control or Regulation of Fertility," and "Sexually Transmitted Diseases & AIDS." This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Life Horizons II--The Moral, Social and Legal Aspects of Sexuality

By: Winifred Kempton

Published by: James Stanfield Publishing Company

This 600-slide program offers additional material on the psychosocial aspects of human sexuality and focuses on attitudes and behaviors that promote good relationships and responsible sexual behavior. The seven-part program includes sections on: "Building Self-Esteem & Establishing Relationships"; "Moral, Legal & Social Aspects of Sexual Behavior -- Male"; "Moral, Legal & Social Aspects of Social Behavior -- Female"; "Dating Skills & Learning to Love"; "Marriage & Other Lifestyles"; "Parenting"; and "Preventing or Coping with Sexual Abuse." This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

My Body, My Self for Boys for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for boys 8 to 15 years of age is a companion to “What's Happening to My Body? Book for Boys”. It includes exercises, quizzes, and personal stories to help boys learn about the changes that take place in their bodies during puberty. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

My Body, My Self for Girls for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for girls 8 to 15 years of age is a companion to “What's Happening to My Body? Book for Girls.” It includes exercises, quizzes, and personal stories to help girls learn about the changes that take place in their bodies during puberty. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

My Feelings, My Self (A Growing-Up Journal for Girls) Second Edition

By: Area Madaras and Lynda Madaras

Published by: Newmarket Press

Date: 2002, 160 pages. *This workbook provides the answers to basic questions about growing up, along with stories and letters from teen and preteens expressing their feelings about what's going on in their lives, and includes a place for students to write their thoughts and feelings. The workbook is divided into three parts: “Your Friends,” “Your Parents,” and “Learning More and Getting Help.” This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

“No-Go-Tell”

By: Elisabeth J. Krents and Shelia A. Brenner

Published by: James Stanfield Publishing Company

This curriculum teaches child protection and is designed for children ages 3-7. The basic concepts include: who are family, friends, familiar people and strangers; what is “ok” and “not ok” touch; what are private parts; and who and how to tell about an abusive incident. The curriculum includes illustrations and male and female anatomically correct dolls. This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

On Your Mark, Get Set, Grow! (A Book for Younger Boys)

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2008, 128 pages. *This book is the newest addition to the “What's Happening to My Body?” series, written especially for boys ages 8 and up. This workbook addresses real-life*

questions and concerns from younger boys about their changing bodies. The text covers a wide range of topics at appropriate reading and understanding levels: the growth of sex organs, body hair, and facial hair; weight and height spurts; the unwelcome appearance of acne and body odor; shaving; circumcision; erections and ejaculations; feelings about puberty; and bullying. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.

Positive Partnerships: A Sexuality Education Curriculum for Persons with Serious Mental Illness

By: Patti Caldwell and Sally Reynolds

Published by: Planned Parenthood of Southern Arizona

This curriculum is designed to provide sexuality education to people with serious mental illness in one-on-one or group settings. It addresses sexuality, relationships, sexual orientation, anatomy, sexual response and expression, conception, contraception, pregnancy options, STDs, HIV/AIDS, social skills, dating and sexual abuse. Educators should read through this curriculum and update information. The curriculum may be obtained by calling 520-624-1761 or going online at <http://www.plannedparenthood.org/ppsaz/>.

Ready, Set, Grow! (A Book for Younger Girls)

By: Lynda Madaras

Published by: Newmarket Press

Date: 2003, 128 pages. *This book is for 8-11-year-old girls. In this proven, trustworthy book, the author addresses the development of breasts, body hair, and body fat; changes in the reproductive organs, both inside and out; the first period and all the complex feelings surrounding it; the unwelcome appearance of acne and new body odors; and, perhaps most importantly, how to respect and celebrate the unique bodies, even when the outside world is not always so accepting. Cartoon drawings help make the workbook fun to read. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

Sex Education for Parents of Children with Autism Spectrum Disorder

By: Mark Steege and Shannon Peck

Published by: Steege Publications

Date: 1006, 133 pages. *This manual explores the hang-ups most parents have about sexuality in general. It then moves to specific problems faced by parents of children with Autism Spectrum Disorder: e.g., feeling comfortable with their own sexuality and the sexuality of their children. The publication is designed to help the children have a better chance of a satisfying sexual life within the bounds of ability, safety, and appropriateness. This publication may be obtained by calling 877-560-1739 or going online at <http://www.steegepublications.com/pages/contact.html> or <http://www.disabilitytraining.com/sexb.html>.*

Sex Education for the Visually Handicapped

By: Judith Davis

Published by: Texas School for the Blind and Visually Impaired

Date: 1996. *This online curriculum contains sections on personal and social development, as well as physical aspects of sexuality. Information is provided on, but is not limited to, the effect of visual impairment on the development of sexuality, development of self-concept, gender-role socialization, gender identity, social skills, relationships, personal safety, and sexual language. This curriculum may be obtained by calling 512-454-8631, 800-872-5273 TDD, or 512-206-9451; or by going online at <http://www.tsbvi.edu/Education/sexuality-education.htm>.*

Sexuality Education for Persons with Severe Developmental Disabilities, Revised Edition

By: Beverly Brekke

Published by: Stanfield Publishing Company

This curriculum is for people with severe mental disabilities. It includes seven slide presentations and a teacher's guide addressing anatomy, appropriate social behavior, menstruation, and medical examinations. This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Sexuality, Learning Difficulties and Doing What's Right

By: Gavin Fairbairn, Denis Rowley, and Maggie Bowen

Published by: David Fulton Publishing

Date: 1995. *This book addresses sexuality and people with learning disabilities. It explores the rights that individuals have to be informed about sexuality issues, to form relationships, and to express themselves sexually. Chapters include, but are not limited to, topics on "Exploitation, Abuse and Assault: The Sexual Misuse of People with Learning Disabilities," and "Being and Becoming: Sex Education, Responsibility, and the Limits of Inclusion." This book may be obtained online from: <http://www.amazon.com/Sexuality-Chronic-Illness-Comprehensive-Approach/dp/089862715X>.*

Sexuality: Your Sons and Daughters with Intellectual Disabilities

By: Karin Melberg Schwier and Dave Hingsburger

Published by: Paul H. Brookes Publishing

Date: 2000. 223 pages. *This book provides information to parents and caregivers on interacting with their children-no matter what their age or ability-in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. This book may be obtained by going online at <http://www.brookespublishing.com>.*

Signs for Sexuality: A Resource Manual for Deaf and Hard of Hearing Individuals, Their Families, and Professionals, Second Edition

By: Marlyn Minkin and Laurie Rosen-Ritt

Published by: Planned Parenthood of Western Washington

This curriculum contains information on sexual abuse, sexually transmitted diseases, and reproductive health, with more than 600 photographs to illustrate 250 vocabulary terms associated with sexuality. This curriculum may be obtained by calling 206-328-7715 or going online at <http://www.plannedparenthood.org/westernwashington/>.

Socialization and Sex Education: the Life Horizons Curriculum (A Supplement for Various Stanfield Sexuality Curricula)

Developed and Published by: James Stanfield Publishing Company

This extensive print supplement comes free with the purchase of Life Horizons I & II, also can be purchased separately to reference other Stanfield instructional materials, including “Circles,” “LifeFacts,” “Mind Your Manners,” “Being with People,” “TIPS and Sex Ed for Persons with Severe Developmental Disabilities.” The supplement includes 31 lesson plans with step-by-step teaching instructions; a wide range of learning activities, techniques and strategies; lesson modifications for students with moderate to severe learning disabilities; specific behavioral objectives for IEP meetings; and rich follow-up activities. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Socialization and Sexuality a Comprehensive Training Guide for Professionals Helping People with Disabilities that Hinder Learning

By: Winifred Kempton

Published by: McGowan Publishers

Date: 1998, 351 pages. *This guide for professionals who work with the developmentally disabled offers chapters on: “Understanding the Sexuality of People with Disabilities that Hinder Learning,” “Attitudes about Sexuality: Personal Exploration,” “Sexuality Counseling,” “Sexual Abuse and Informed Consent,” “Special Considerations Relating to Living Centers,” “Working with Parents and Families,” “Sexuality Programs and Evaluations,” and “Assessments.” This guide may be obtained by going online at <http://www.amazon.com> or <http://disabilitytraining.com/sas.html>.*

Speaking of Sex & Sex Education for Persons with Disabilities that Hinder Learning

Developed and Published by: James Stanfield Publishing Company

This program helps present sexuality education to students with disabilities. There are orientation materials offered for new instructors and tips for more experienced teachers. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Special Education: Secondary F.L.A.S.H. (Family Life and Sexual Health): A Curriculum for Grades 7—12

By: Jane Stangle

Published by: Seattle-King County Department of Public Health Department

This comprehensive program is designed for adolescents in special education programs. It addresses the physical, emotional, and safety aspects of sexuality education; encourages parent and family involvement; and includes lessons that cover avoiding exploitation, anatomy, reproduction, sexually transmitted diseases, and AIDS. This curriculum may be obtained by 800-325-6165 x 64902 or by going online at <http://www.metrokc.gov/health/famplan/FLASH/index.htm>.

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism

By: Mary Wrobel

Published by: Future Horizons Inc.

Date: 2003, 250 pages. *This publication offers information on health, hygiene, personal safety issues, appropriate sexual behavior, and challenges of puberty for people with autism spectrum conditions or other developmental disabilities. Information is presented as seven units and covers all aspects of day-to-day life for children and adolescents five years and older. This curriculum may be obtained by going online at <http://www.futurehorizons-autism.com>.*

Talking Sex! Practical Approaches and Strategies for Working with People Who Have Developmental Disabilities When the Topic is Sex

By: Lisa T. Maurer

Published by: Planned Parenthood of Tompkins County, Ithaca, NY

Date: 1999, 107 pages. *This curriculum consists of information, activities, and overheads to help educators better understand approaches and strategies that make sexuality education more accessible to people with developmental disabilities. Six chapters provide information on accurate, age appropriate, and useful sexuality education; the effects of sexuality education for people with developmental disabilities; definitions of developmental disabilities; barriers to effective teaching and finding out the best available learning channels; adaptive activities and the difficulties that people with developmental disabilities have in adapting to new situations; the importance of making abstract ideas more concrete; and a framework for preparing and exploring sexuality and social skills education. The document may be obtained by calling 607-216-0021, extension 134 or via e-mail at maureen.kelly@ppsfl.org.*

Teaching about Sexuality and HIV

By: Evonne Hedgepeth and Joan Helmich

Published by: New York University Press

Date: 1996, 293 pages. *This book is divided into two parts that deal with general principles and special issues for teaching about sexuality and HIV and sexuality education methods. A few of the topics within the sections address the rationale for and barriers to sexuality education, the various learners in a classroom, creating a positive learning environment, theories that drive the teaching methods, special teacher challenges that each much address, strategies for lesson planning, and evaluation of the learning experiences. This book may be obtained at most book stores or online at: <http://www.amazon.com/Teaching-about-Sexuality-HIV-Principles/dp/0814735355>.*

Tell Me about AIDS

Developed and Published by: American School Health Association

Date: 2007. *This revised curriculum is aligned with the National Health Education Standards and Science Standards. The elementary-level HIV and AIDS curriculum is available for four different grade levels: K-1, 2-3, 4-5, and 6. The curriculum provides developmentally appropriate and sequential HIV education for students. Each grade level includes a Teacher's Guide, Student Workbook, and Family Guide. This curriculum series may be obtained by calling 800-445-2742 or going online at www.ashaweb.org/products/store/.*

The GYN Exam Handbook: An Illustrated Guide to the Gynecological Examination for Women with Special Needs

By: Maria Olivia Taylor

Published by: James Stanfield Publishing Company

Date: 1991. *This curriculum is for females with mild to moderate developmental disabilities. It takes participants through the process of a routine gynecologic examination. Providing the opportunity to understand the procedure with comfort and confidence, it eases anxiety. It also encourages participants to be responsible for their own sexual health needs. This program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.*

We Can Stop Abuse: a Sexual Abuse Prevention Curriculum for Persons with Developmental Disabilities

By: Sandy Laesch and Shirley Paceley

Published by: Program Development Associates

Date: 2004. *This program is proven effective to help reduce the risk of sexual abuse and sexual assault. It uses strengths, concerns, and resources from both the sexual assault and developmental disabilities fields to teach people ways to avoid and report sexual abuse. The curriculum includes eight interactive sessions, DVD instruction, and other teaching material. The curriculum may be obtained by calling 1-800-543-2119 or going online at <http://www.pdassoc.com/>.*

What's Happening to My Body? Book for Boys: A Growing Up Guide for Parents and Sons Expanded, Third Edition

By: Lynda Madaras

Published by: Newmarket Press

Date: 2007. *This book covers the physical changes of puberty for boys. Chapters include: "Puberty," "Beginning Changes and the Stages of Puberty," "An Owner's Guide to the Sex Organs: What's Normal? What's Not?" "The Puberty Growth Spurt," "Pimples, Perspiration, Body Hair, Shaving, and Other Changes," "Changes in the Male Reproductive Organs: Erections, Sperm, and Ejaculations," "Spontaneous Erections, Orgasms, Masturbation, and Wet Dreams," "Girls and Puberty," and "Romantic and Sexual Feelings." This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

What's Happening to My Body? Book for Girls: A Growing Up Guide for Parents and Daughters Expanded, Third Edition

By: Lynda Madaras

Published by: Newmarket Press

Date: 2007. *This book provides basic information to girls about their bodies as they go through puberty. Chapters include: "Puberty," "Your Breasts: An Owner's Manual," "Pubic Hair and Other Changes Down There," "The Puberty Growth Spurt," "Body Hair, Perspiration, Pimples, and Other Changes," "The Reproductive Organs and the Menstrual Cycle," "All About Having Periods," "Boys and Puberty," and "Romantic and Sexual Feelings." A resource section is also included. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at*

<http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.

Videos:

Videos/DVDs/Computer Programs/Instructional Resources:

All of Us: Talking Together: Sex Education for people with Developmental Disabilities

Distributed by: Aquarius Health Care Videos

Date: 1999

Length: 38 minutes

To purchase: visit www.aquariusproductions.com

Description: This video addresses the critical need for sex education for developmentally disabled young people by providing step-by-step information and direction. Real life parents, their DD young adult sons and daughters, and educators demonstrate practical models to empower parents and caregivers to arm our young people with life saving knowledge and strategies. A detailed sex education segment includes: reproductive anatomy, pregnancy, contraception, and disease prevention.

Anatomically Correct Dolls (Amamanta Family)

Distributed by: OneWorld, Inc.

To purchase: visit <http://www.amamantafamily.com> or call 718-881-4802

Description: This vendor offers anatomically correct individual dolls and family doll sets by ethnic group. The five-member family doll set includes a mother, father, boy doll, girl doll, and a newborn baby doll found inside the mother's womb. The four-member family doll set includes a mother doll, father doll, sibling (brother doll or sister doll) and the newborn doll found in the mother's womb. It also is possible to customize a family doll set. The parents dolls are 16" tall, sibling dolls are 11" tall, and the newborn doll is 4.5" tall.

I Am a Beautiful Person--Sexuality and Me: A Video for Parents and Teens with Disabilities

Distributed by: Pacer Center, Inc.

Date: 1996

Length: 13 minutes

To purchase: visit <http://www.wifacets.org/videos/beautiful.html> or call 414-374-4645, 877-374-4677, TDD: 414-374-4635

Description: This video highlights teens and young adults with disabilities discussing sexuality issues--closed captioned.

Person to Person: Sexuality Issues Related to Developmental Disabilities

Distributed by:

Date: 1991

Length: 52-minutes and a 17-page discussion guide

To purchase: visit <http://disabilitytraining.com/sas.html>

Description: This DVD/video opens communication about sexuality among parents, professionals, and persons with developmental disabilities. It tackles a variety of sexual issues openly and honestly such as, menstruation, abuse, assertion, safety behavior, marriage, and AIDS.

Sexuality Education for Persons with Severe Developmental Disabilities

Distributed by: James Stanfield Publishers

To purchase: visit <http://www.stanfield.com/sexed-1.html> or calling 800-421-6534

Description: This slide program is designed specifically for persons with severe developmental disabilities. The various sections include: Parts of the Male Body, Parts of the Female Body, Appropriate Social Behavior -- Male, Appropriate Social Behavior -- Female, Menstruation, Medical Examination -- Women, and Medical Examination -- Men.

Take Control: How to Stay Healthy and Safe from HIV and AIDS

Distributed by: Program Development Associates

Date: 2001

To purchase: visit <http://disabilitytraining.com/sas.html>

Description: The multimedia presentation is aimed at people with developmental disabilities. The program does not use graphic language or images to educate the user (reading at 5th grade level) about ways to avoid situations that can put them in jeopardy. The program content includes: definition of HIV and AIDS, how HIV is contracted and spread, how to avoid HIV infection, choices about sexual relationships, abstinence, avoiding compromising situations, misconceptions about HIV, inappropriate sexual advances, and how, where, and why to get tested for HIV.

Teach-A-Bodies and Draw-A-Bodies

Distributed by: Teach-A-Bodies

To purchase: visit <http://www.teach-a-bodies.com/index.cfm> or call 888-228-1314

Description: Anatomically correct dolls in a range of sizes, ages, and skin colors.

Who Wants to Live for a Million Years?

Distributed by: Young Adult Institute

To purchase: visit <http://www.yai.org/> or call 212-273-6100

Description: This interactive CD-ROM teaches HIV/AIDS Prevention through game playing. It takes learners step-by-step from problems to solutions by allowing them to make mistakes while playing the game, not in the outside world where mistakes could lead to disastrous results.

Hotlines:

ASHA HPV Hotline: 877-HPV-5868 (M-F 2-7p.m.)

CDC's National Prevention Information Network: 800-458-5231

CDC National Sexually Transmitted Disease (STD) Hotline: 800-227-8922

Fan Free Clinic: 804-358-AIDS

The Information Resource Center (IRC): 800-USA-LEARN

National AIDS Hotline: 800-342-2437 (24hours/day); 800-243-7889 (TTY/TDD)

National Pediatric HIV Resource Center: 800-362-0071

Virginia HIV/STD & Viral Hepatitis Hotline: 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)