

Understanding Human Sexuality Today

Appendix E

Resources List

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Reviewed by HIV/STDS Resources Review Panel 9-22-06

Edited by Virginia Comprehensive Health Education Training and Resource Center

Understanding Human Sexuality Today

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Organizations/Agencies:

* indicates organization offers printed materials such as booklets and/or pamphlets
 {V} indicates organization offers videos

Advocates for Youth*{V}

1025 Vermont Avenue NW, Suite 200
 Washington, DC 20005
 202-347-5700
<http://www.advocatesforyouth.org>

American Association for Health Education (AAHE)*

1900 Association Drive
 Reston, VA 220191
 703-476-3437
<http://www.aahperd.org/aahe/template.cfm>

American Academy of Pediatrics (AAP)*

National Headquarters:
 141 Northwest Point Boulevard
 Elk Grove Village, IL 60007
 847-434-4000
<http://www.aap.org>

American Association of Sexuality Educators, Counselors, and Therapists (AASECT)

PO Box 5488
 Richmond, VA 23220
 804-644-3288
<http://www.aasect.org>

American Medical Association (AMA)*

National Headquarters:
 515 N. State Street
 Chicago, IL 60610
 312-464-5000; 800-621-8335 (for publications)
<http://ama-assn.org>

American Public Health Association (APHA)

800 I Street, NW
 Washington, DC 20001
 202-777-APHA
<http://www.apha.org>

American School Health Association (ASHA)*{V}

7263 State Route 43
 PO Box 708
 Kent, OH 44240
 330-678-1601; 800-445-2742
<http://www.ashaweb.org/>

Body Health Resources Corporation

The Body: An AIDS and HIV Information Resource
 250 West 57th Street
 New York, NY 10019
 212-541-8500
<http://www.thebody.com/>

Jane Fonda Center for Adolescent Reproductive Health * {V}

1256 Briarcliff Road, N.E.,
 Emory West, Bldg A, 1st Floor
 Atlanta, GA 30306
 404-712-8730
http://www.gynob.emory.edu/jfc_prog_teenservices.cfm

Centers for Disease Control (CDC) Adolescent and School Health Division*

4770 Buford Highway, NE, K29
 Atlanta, GA, 30341
 770-488-6100
<http://www.cdc.gov/HealthyYouth/index.htm>

Center for Youth Issues, Inc. (CYI)

Also hosts Students Taking a Right Stand (STARS)
 P.O. Box 22185
 Chattanooga, TN 37422
 800-477-8277
<http://www.cyi-stars.org>

Child Trends*

4301 Connecticut Avenue, NW, Suite 100
 Washington, DC 20008
 202-362-5580
<http://www.childtrends.org/>

Comprehensive Health Education Foundation (CHEF)

22419 Pacific Highway South
 Seattle, WA 98198
 800-323-2433
<http://www.chef.org>

Council of Chief State School Officers (CCSSO)

One Massachusetts Avenue, N. W., Suite 700
Washington, DC 20001-1431
202-408-5505
<http://www.ccsso.org>

Education Development Center (EDC)

55 Chapel Street
Newton, MA 02158-1060
617-969-7100
<http://www.edc.org>

Environmental and Occupational Health Sciences Institute

Public Education and Risk Communication Division
170 Frelinghuysen Road
Piscataway, NJ 08854
732-445-0200
<http://www.eohsi.rutgers.edu/>

ETR Associates: Education Training Research*{V}

P.O. Box 1830
Santa Cruz, CA 95061-1830
831-438-4060
<http://www.etr.org>

Family Health International (FHI)

PO Box 13950
Research Triangle Park, NC 27709
919-544-7040
<http://www.fhi.org/>

Healthcare Communications Group

880 Apollo Street, Suite 347
El Segundo, CA 90245
310-606-5700
<http://www.hcg.com/>

The Kids on the Block, Inc.*

9385-C Gerwig Lane
Columbia, Maryland 21046
410-290-9095; 800-368-KIDS
<http://www.kotb.com>

KIDS COUNT, a project of the Annie E. Casey Foundation*

701 St. Paul St.
 Baltimore, MD 21202
 410-547-6600
<http://www.aecf.org/MajorInitiatives/KIDSCOUNT.aspx>

The Kinsey Institute for Research in Sex, Gender, and Reproduction, Inc.

Indiana University
 Morrison 313
 Bloomington, IN 47405
 812-855-7686
<http://www.indiana.edu/~kinsey/index.html>

Maternal and Child Health Information Resource Center, U.S. Department of Health and Human Services*

1200 18th St., NW, Suite 700
 Washington, DC 20036
 202-842-2000
<http://www.mchb.hrsa.gov/mchirc/>

National Association of School Psychologists (NASP)

4340 East West Highway, Suite 402
 Bethesda, MD 20814
 301-657-0270; 301-657-4155 (TDD)
<http://www.nasponline.org>

National Association of State Boards of Education (NASBE)

277 South Washington Street, Suite 100
 Alexandria, VA 22314
 703-684-4000
<http://www.nasbe.org>

National Center for Health Education (NCHE)

72 Spring Street, Suite 208
 New York, NY 10012
 212-334-9470
<http://www.nche.org>

National Education Association (NEA)

1201 16th Street, N. W.
 Washington, DC 20036
 202-833-4000
<http://www.nea.org>

National Education Association Health Information Network (NEA HIN)

1201 16th Street, NW Suite 521
Washington, DC 20036
202-822-7570
<http://www.neahin.org>

National Health Information Center, U.S. Department of Health and Human Services

P.O. Box 1133
Washington, DC 20013
800-336-4797; 301-565-4167
<http://www.health.gov/nhic/>

National Parent Teacher Association (PTA)

330 N. Wabash Avenue, Suite 2100
Chicago, IL 60611
312-670-6782; 800-307-4PTA
<http://www.pta.org/>

National Professional Resources, Inc. {V}

25 South Regent Street
Port Chester, NY 10573
800-453-7461
www.nprinc.com

National School Boards Association (NSBA)

1680 Duke Street
Alexandria, VA 22314
703-838-6722
<http://www.nsba.org>

National Youth Advocacy Coalition

1638 R Street, NW, Suite 300
Washington, DC 20009
202-319-7596; 800-541-NYAC
<http://www.nyacyouth.org>

OPTIMIST International

4494 Lindell Blvd.
St. Louis, MO 63108
314-371-6000; 800-500-8130
<http://www.optimist.org/>

Project Inform

205 13th Street, Suite 2001
San Francisco, CA 94103
415-558-8669
<http://www.projinf.org>

Search Institute*

700 South Third Street, Suite 210
 Minneapolis, MN 55415
 612-376-8955; 800-888-7828
<http://www.search-institute.org>

Sexuality Information and Education Council of the United States (SIECUS)

130 West 42nd Street, Suite 350
 New York, NY 10036-7802
 212-819-9770
<http://www.siecus.org/>

Society for Public Health Education (SOPHE)

750 1st Street, NE, Suite 910
 Washington, DC 20002
 202-408-9804
<http://www.sophe.org>

Sunburst {V}

101 Castleton Street
 P. O. Box 40
 Pleasantville, NY 10570
 800-431-1934
www.sunburst.com

U.S. Department of Education, National Library of Education

400 Maryland Ave., SW
 Washington, DC 20202
 800-424-1616
<http://www.ed.gov/NLE/>

Virginia Department of Health, Division of Disease Prevention

109 Governor Street, Suite 516
 Richmond, VA 23219-2448
 804-864 – 8141; 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)
<http://www.vdh.virginia.gov/epidemiology/DiseasePrevention/index.htm>

Websites:

Dr. Greene's HouseCalls

<http://www.drgreene.com/>

This site provides advice for a variety children's health issues.

The Federal Resources for Educational Excellence (FREE)

<http://www.free.ed.gov/>

This site offers resource information on various education topics.

The Gateway to Educational Materials (GEM)

<http://www.thegateway.org>

This is a search engine for educational materials on all topics and for all levels.

The Health Network.com

<http://www.healthteacher.com>

The primary purpose of this site is to help build health literacy among those who teach health education.

Resources for School Health Educators: Department of Applied Health Science at Indiana University

<http://www.indiana.edu/~aphs/hlthk-12.html>

This site provides links to various education-related websites.

Sex Etc.

<http://www.sxetc.org>

This site is for teens by teens, sponsored by the Network for Family Life Education. It offers articles, chat rooms, publications, and links specially geared towards teens.

Talking With Kids about Tough Issues

<http://www.talkingwithkids.org/>

This is a national initiative by Children Now and the Kaiser Family Foundation to encourage parents to talk with their children earlier and more often about tough issues like sex, HIV/AIDS, violence, alcohol, and drug abuse.

A Teacher's Guide to the U.S. Department of Education

<http://www.ed.gov/pubs/TeachersGuide/>

This site features information about the latest Department initiatives, updates on specific programs for schools and teachers, and a list of services and resources.

Teachers Helping Teachers

<http://www.pacificnet.net/~mandel/>

This site offers lesson plans and other educational materials for teachers.

WWW.4teachers

<http://www.4teachers.org/>

This site provides information for teachers on topics integrating technology and professional development.

A World of Prevention

<http://www.tyc.state.tx.us/prevention>

This is a directory of programs, research, references and resources dedicated to the prevention of child and adolescent problems and the promotion of youth development in families, schools and communities.

Journals:***American Journal of Health Education***

Published by: American Association for Health Education (AAHE)

To subscribe: call 703-476-3493

This journal is printed six times a year, is available only by subscription, and is not available online. There are abstracts available online at

http://www.aahperd.org/aahe/template.cfm?template=ajhe_main.html

American School Board Journal

Published by: National School Boards Association

To Subscribe: contact American School Board Journal, c/o ASJB.com at address for National School Boards Association or online at <http://www.asbj.com>

This monthly publication covers topics on school governance and management, student achievement, policy making, and the art of school leadership. Online subscriptions are available.

Culture, Health & Sexuality

Published by: Taylor & Frances, Inc.

To subscribe: call 800-354-1420

This quarterly publication offers a leading environment for the publication of scholarly papers on the links between culture, health and sexuality.

Health Education and Behavior

Published by: Sage Publications in association with Society for Public Health Education (SOPHE)

To subscribe: contact Sage Publications or visit <http://www.sophe.org>

This bimonthly journal is available only by subscription. It is devoted to the practical application of health promotion and education.

The Journal of the American Medical Association (JAMA)

Published by: American Medical Association

To Subscribe: contact Subscriber Services Center, American Medical Association, PO Box

10946, Chicago, IL, 60610; 312-670-7827 or 800-262-2350; <http://pubs.ama-assn.org/>
This journal's objective is to promote the science and art of medicine and the betterment of public health. It is published weekly; is available in printed version; and is available online to subscribers.

Journal of School Health

Published by: American School Health Association (ASHA)

To order: visit ASHA website at <http://www.ashaweb.org>

The journal is published according subject matter. Each issue includes articles on the relevant subject. It is not available online. This journal is published ten times a year--except for June and July.

Personal Relationships: Journal of ISSPR

Published by: Blackwell's Publishers

To subscribe: available to members of ISSPR (visit <http://io.uwinnipeg.ca/~baldwin/issjour.html> for information on membership)

This international, interdisciplinary journal has its aim the promotion of scholarship in the field of personal relationships throughout a broad range of disciplines and methodologies. The journal covers topics such as love, jealousy, conflict, intimacy, social support, loneliness, socialization, attachment and bonding, communication, kinship, and sexuality. It is printed quarterly and is not available online.

Sex Roles: A Journal of Research

Published by: Kluwer Academic Publishers

To subscribe: contact publisher (see "Publishing Companies" section)

This journal contains original research articles and theoretical papers concerned with the underlying processes and consequences of gender role socialization, perceptions, and attitudes. It covers topics such as developmental, cognitive, and social-personality factors in childhood; acquisition, maintenance, and impact of stereotypes; social contexts; personal and interpersonal relationships; sexual preference; and research methodological issues. It is available in print and online to subscribers.

Studies in Gender and Sexuality

Published by: The Analytic Press Inc.

To subscribe: visit <http://www.analyticpress.com/sgs.html> for online order form, or contact Analytic Press (see Publishing Companies section)

This quarterly journal promotes dialogue on timely topics among clinicians, researchers, and theorists. The journal publishes related work from the humanities, social sciences, and natural sciences, where questions involving gender and sexuality are currently in lively debate. It is available in print and online to subscribers.

Books/Publications/Curriculum:

Abstinence Works: A Program for Middle School, for Grades 6-9

Published by: ETR Associates

Date: 1996. *This curriculum uses research-proven strategies to offer young teens skills to remain abstinent. The curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Abstinence Pick and Choose Activities, for Grades 7-12

By: Michael Young, Ph.D., and Tamera Young

Published by: ETR Associates

Date: 1996. *This program includes 40 activities for students in grades seven through 12 to help build self-esteem, interpersonal relationships, decision-making skills, and life planning processes with the ultimate goal of sexual abstinence. This curriculum can be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Activities That Teach Series

By: Tom Jackson

Publisher: Red Rock Press

Date: February 2000. *The National Center for Youth Issues (NCYI) promotes the “Activities that Teach” collection that includes hundreds of classroom activities. The books provide hands on activities that teach students important life-skills lessons and ways to lead meaningful discussions and may be bought separately: “Activities that Teach,” “More Activities that Teach,” “Activities that Teach Family Values,” “Activities that Teach Family Values,” “Still More Activities That Teach,” and “Conducting Group Discussions with Kids.” These books may be obtained by calling 423-899-5714 or 800-477-8277 or going online at any of the following websites <http://catalog.ncyi.org/>, <http://www.amazon.com/>, and <http://www.any-book-in-print.com/>.*

All About Life: Grades K-4 Caring About Myself, My Family, and My Community

By: Caren Monastersky and Ellen Phillips-Angeles

Published by: Seattle-King County Department of Public Health Department

The curriculum helps young people care about themselves, their families, and their communities. It topics such as friendship, disability, feelings, families, sexual abuse prevention, anger, space, staying healthy, anatomy, babies, and pregnancy. The curriculum may be obtained by calling 800-325-6165 ext 64902 or going online at <http://www.metrokc.gov/health/famplan/flash/index.htm>.

Bodies, Birth, and Babies: Sexuality Education in Early Childhood Programs

By: Peggy Brick, et. al.

Published by: Planned Parenthood of Greater Northern New Jersey

This manual is designed to help educators in early childhood programs focus on sexual issues in ways that promote age-appropriate learning. It also includes sample lesson plans and information for teachers and parents. This curriculum may be obtained by calling 973-539-9580 x120 or going online at <http://www.ppgnnj.org/manuals.htm>.

Choosing the Best, Four Part Curricula

Developed and Published by: Choosing the Best Publishing

Date: 2006. *This four-part curriculum offers curriculum for young and older adolescents: “Choosing the Best WAY” – grades 6-7; “Choosing the PATH” – grades 7-8; “Choosing the Best LIFE” – grades 8-10; and “Choosing the Best SOUL MATE” – grades 11-12. The curriculum may be obtained by calling 800-774-BEST (2378) or going online at <http://www.choosingthebest.org/>*

F.L.A.S.H.: Family Life and Sexual Health Grades 5-6, 7-8, 9-10, And 11-12

By: Elizabeth Reis, M.A.

Special Education for Grades 7-12

By: Jane Stangle, M.Ed.

Published by: Seattle and King County Department of Public Health Department

Date: 2006. *This revised evidence-based curriculum is a five-part comprehensive sexuality education program that covers grades 4-6 (19 lessons), 7-8 (24 lessons), 9-10 (30 lessons), 11-12 (19 lessons), and secondary special education (28 lessons). It addresses issues such as physical development, promotion of sexual health, prevention of disease, affection, interpersonal relationships, body image, and gender roles. It embraces an abstinence-based approach, as well as information related to the prevention of pregnancy, HIV and other sexually transmitted diseases. It rests on a foundation of positive and healthy sexuality across the life span and values family involvement. The curriculum may be obtained by calling 800-325-6165 ext 64902 or by going online at <http://www.metrokc.gov/health/famplan/flash/index.htm>.*

Filling the Gaps: Hard-to-Teach Topics in Sexuality Education

Developed by and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1998. *This teacher's manual covers eight topics—abstinence; condom use; diversity; pregnancy options; safer sex; sexual behavior; sexual identity and orientation; and sexuality and society—that are often missing or need strengthening in many sexuality education programs. It provides background for teachers, rationale for teaching each topic, teaching activities, and resources. It is designed to supplement an existing curriculum. This document may be obtained by calling 212-819-9770 or going online at http://www.siecus.org/pubs/filling_the_gaps.pdf.*

Growing Healthy®

Developed and Published by: National Center for Health Education

The basic framework for this K-6 skills-based, evidence-based curriculum was first developed in the 1960s and is used through the U.S., Puerto Rico, and Canada. The skills are taught in the content areas of mental and emotional health, family life and health, growth and development, nutrition, personal health, substance use and abuse, disease control and prevention, safety and first aid, consumer health, community and environmental health management. The curriculum may be obtained by calling 212-463-4053 or going online at www.nche.org.

Growing Together, Second Edition: A Sexuality Education Program for Girls Ages 9-11 and Their Parents

Developed and Published by: Girls Incorporated

Date: 1998. *This document is a component of Girls Incorporated's “Preventing Adolescent*

Pregnancy” program. It is a series of five workshops designed to help parents and their daughters talk about sexuality issues: puberty; adolescent sexual development; and values and expectations for teen sexual behavior. A Spanish version is available. This publication can be obtained by calling 317-634-7546 or going online at <http://www.girlsinc.org>.

Guidelines for Comprehensive Sexuality Education: Kindergarten—12th Grade Third Edition

Developed and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 2004. *The Guidelines are designed as a framework to assist local communities in designing new curricula or assessing existing programs. They are organized into six concepts that represent the most general knowledge about human sexuality and family living. They include human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The Guidelines contain 36 topics for early childhood (ages 5 through 6); preadolescence (ages 9 to 12); early adolescence (ages 12 to 15), and adolescence (ages 15 to 18). The document may be obtained by calling 212-819-9770 or going online at www.siecus.org.*

Healthy Sexuality, Second Edition: An Abstinence-Based Curriculum for Middle Schools

By: Louise Miller and Kay Nation

Published by: Rocky Mountain Center for Health Promotion and Education

Date: 2002. *This third edition skills-based curriculum for students in grades 6-8 encourages abstinence, enhances self-efficacy, provides life-saving information on sexually transmitted diseases, including HIV/AIDS, and promotes positive peer pressure regarding healthy sexuality. This can be obtained by calling 303-239-6494 or online at www.rmc.org.*

Involving Males in Preventing Teen Pregnancy: A Guide for Program Planners

By: Freya L. Sonenstein, Kellie Stewart, Laura Duberstein Lindberg, Marta Pernas, and Sean Williams

Published by: Urban Institute

Date: 1997. *The guide helped program planners across the country involve males in teenage pregnancy prevention. Its three purposes are: to dispel myths by providing a description of the male partners of potential teenage mothers, to identify programs that have successfully involved males in different settings, and to distill practical lessons from the experiences of these exemplary programs. This document may be obtained by calling 202-833-7200 or by going online at <http://www.urban.org/publications/307327.html>.*

Life Planning Education: A Youth Development Program

Developed and Published by: Advocates for Youth

Date: 1995, 565 pages. *This skills-based curriculum combines sexuality education and career education with the goal of motivating adolescents to delay parenthood until they achieve their educational and vocational goals. The material can be used with teens in grades seven through 12. This curriculum consists of 142 activities on such topics as values, communication, goals, decision-making, health, sexuality, sexual risks, contraception, STD prevention, and employment. This document may be obtained by calling 202-347-5700 or by downloading at <http://www.advocatesforyouth.org/publications/lpe/index.htm>.*

LifeSkills Training – Elementary School

By: Gilbert J. Botvin

Published by: National Health Promotion Associates

The comprehensive, developmentally appropriate, and evidence-based program is proven effective in increasing self-esteem, developing healthy attitudes, and improving students' knowledge of essential life skills (including, but not limited to, communication skills, building relationships, and refusal skills). The elementary program is a three-level (grades 3-4, 4-5, and 5-6) curriculum with 24 class sessions. This curriculum may be obtained by 800-293-4969 or by going online at www.lifeskillstraining.com.

Making a Difference! An Abstinence Approach to Prevention of STDs, HIV and Teen Pregnancy

By: Loretta Sweet Jemmott, John Jemmott III, and Konstance McCaffree

Published by: Select Media, Inc.

Date: 1996. *The eight-module curriculum provides young adolescents with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV, and pregnancy by abstaining from sex. This curriculum can be obtained by calling 800-707-6334 or 845-774-7335 or by going online at <http://www.selectmedia.org/>.*

Making Choices: Life Skills for Adolescents

By: Mary Halter and Barbara Fierro Lang

Published by: Advocacy Press

This curriculum, in a workbook format, has 96 secondary lessons designed to help adolescents acquire specific skills for a successful life. It uses a cognitive behavioral approach to develop critical thinking, problem solving and goal setting skills. It also addresses conflict resolution, sexual behavior and personal responsibility, parenting and family relationship, and career and life planning. The curriculum may be obtained by calling 805-962.2728 or 800-676-1480 or going online at <http://www.advocacypress.com/mc.html>.

Making Proud Choices!

By: Loretta Sweet Jemmott, John Jemmott III, and Konstance McCaffree

Published by: Select Media, Inc.

This curriculum consists of eight modules aimed at providing young adolescents with the knowledge, confidence and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. It is based on cognitive-behavioral theories. This curriculum may be obtained by calling 800-707-6334 or 845-774-7335 or going online at <http://www.selectmedia.org/>.

My Body, My Self for Boys for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007.

This activity book/journal for boys 8 to 15 years of age is a companion to “What's Happening to My Body? Book for Boys.” It includes exercises, quizzes, and personal stories to help boys learn about the changes that take place in their bodies during puberty. This publication may be

obtained by calling 212-832-3575 or 800-669-3903 or by going online at <http://www.newmarketpress.com/> or at www.amazon.com.

My Body, My Self for Girls for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for girls 8 to 15 years of age is a companion to “What’s Happening to My Body? Book for Girls.” It includes exercises, quizzes, and personal stories to help girls learn about the changes that take place in their bodies during puberty. This publication may be obtained by calling 212-832-3575 or 800-669-3903 or by going online at <http://www.newmarketpress.com/> or at www.amazon.com.*

Our Sexuality (10th Edition)

By: Robert L. Crooks and Karla Baur

Published by: Wadsworth Publishing Company

Date: 2007, 640 pages. *This updated, comprehensive college textbook builds on the success of the previous nine editions. Through the direct and non-judgmental experiences, the authors refined their focus on strengthening healthy communication among partners, understanding sexual health, maintaining a responsible and healthy sexual relationship, aiming greater attention to diversity and inclusiveness, and improving the content on all major topics. The book may be obtained by going online at http://www.bestwebbuys.com/Psychology-Human_Sexuality-books.html or at <http://www.amazon.com/>.*

Our Whole Lives (OWL) A Lifespan Sexuality Education Series

By: Eva S. Goldfarb and Elizabeth M. Casparian

Published by: Unitarian Universalist Association

Date: 2000. *This is a comprehensive lifespan sexuality education series developed jointly by the Unitarian Universalist Association and the United Church Board for Homeland Ministries. It involves parents in the sexuality education of their children. The series includes “The Parent Guide to Our Whole Lives: Grades K-1 and 4-6.” Each curriculum covers the six concepts outlined in SIECUS’ Guidelines for Comprehensive Sexuality Education Kindergarten—12th Grade: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The curriculum may be obtained by calling 800-215-9076 or by going online at <http://www.uua.org>.*

Postponing Sexual Involvement

By: Marion Howard and Marie E. Mitchell

Published by: Jane Fonda Center for Adolescent Reproductive Health, Emory University School of Medicine

This program consists of three skills-based curricula for students—Postponing Sexual Involvement for Pre Teens (10 to 12 years old), for Young Teens (12 to 14 years), and for Teens (15 to 17 years). Educational programs for parents also are available. This curriculum may be obtained by calling 404-712-8730 or going online at www.janefondacenter@emory.edu.

Project Taking Charge

Developed and Published by: American Association of Family and Consumer Sciences
 Date: 1995. *This six-week curriculum is designed to help young adolescents develop positive interpersonal and family relationships; avoid early sexual activity; focus on positive decision-making, goal setting, and childbearing. The curriculum has proven successful in changing adolescent knowledge of sexuality. This curriculum may be obtained by calling 703-706-4600 or by going online at <http://www.aafcs.org>.*

Reducing the Risk: Building Skills to Prevent Pregnancy STD and HIV

By: Richard P. Barth
 Published by: ETR Associates
 Date: 1996. *This skills-based curriculum targets students in grades nine and 10 and teaches students how to refuse or delay sexual intercourse as well as how to use protection against pregnancy and STDs. A student workbook is available in English and Spanish. This curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Taking Care of Business, Second Edition

Developed and Published by: Girls Incorporated
 Date: 1998. *This curriculum for girls 15-18 years consists of 44 lessons that focus on the motivation and skills needed to avoid early pregnancy. The curriculum may be obtained by calling 317-634-7546 or going online at <http://www.girlsinc.org>.*

Teaching Safer Sex, revised

By: Peggy Brick, et. al.
 Published by: Planned Parenthood of Greater Northern New Jersey
 Date: 2005. *This manual is designed as a supplement to provide the knowledge, attitudes, and skills required for safer sexual behavior. It consists of 21 skills-based lessons targeted at adolescents and young adults. This curriculum may be obtained by calling 973-539-9580 x120 or by going online at <http://www.ppgnnj.org/ordfm.htm>.*

Sexuality Education within Comprehensive School Health Education

Written and Published by: American School Health Association (ASHA)
 Date: 2003, 120 pages. *Part One of this updated edition provides suggested concepts and content for sexuality education: steps for implementation, evaluation for sexuality education; effective communication; and controversy regarding sexuality education. Part Two offers information about students' characteristics, general teaching suggestions, suggested concepts and content, sample activities, possible responses to student question and resources appropriate for specific grade levels (preschool to grade 12). The content for each grade level of the curriculum includes biological, psychological and sociological considerations. This publication may be obtained by calling 330-678-1601 or going online at <http://www.ashaweb.org>.*

SMART Moves

Developed and Published by: Boys and Girls Clubs of America
This program targets young people six to 15 years old to help age-appropriate self awareness, decision making, and interpersonal skills; identify and resist peer, social, and media pressures to use drugs and become sexually involved; help teenagers develop social, resistance,

assertiveness, problem-solving, and decision-making skills. The curriculum may be obtained by calling 404-815-5766 or by going online at <http://www.bgca.org>.

The Consuming Body

By: Pasi Falk

Published by: Sage, Ltd.

Date: 1994, 256 pages.

This book shares information about the human formation of self, physically and mentally; the fundamental issues of modern social theory, the changing position on cultural orders; and the representations in advertising and pornography. From this investigation, the author proposes a new theory human development. The book may be obtained by calling 805-499-0721 or going online at <http://www.sagepub.com>.

The New Positive Images: Teaching Abstinence, Contraception, and Sexual Health, Third Edition

By: Peggy Brick and Bill Taverner

Published by: Planned Parenthood of Greater Northern New Jersey

Date: 1995.

This manual focuses on prevention behaviors, as well as the developmental, social, emotional, interpersonal, historical, cultural, and cross-cultural forces that shape healthy behavioral change. Intended as a supplement to existing curricula, the manual includes 27 activities for middle school, high school, and college-age groups. This curriculum may be obtained by calling 973-539-9580 x120 or going online at <http://www.ppgnnj.org/ordfm.htm>.

Unequal Partners: Teaching about Power and Consent in Adult-Teen Relationships

By: Sue Montfort and Peggy Brick

Published by: Planned Parenthood of Maryland

This manual of 24 interactive lessons helps professionals educate young people (10-17 years) about making healthy decisions in relationships, especially those involving the power imbalances that can occur when there are significant age differences. The curriculum may be obtained by calling 410-576-1400 or going online at <http://plannedparenthoodmd.org/index.cfm?gid=3&id=57>.

When I'm Grown: Life Planning Education

Developed and Published by: Advocates for Youth

Date: 1994, 170 pages.

The skills-based program provides age-appropriate health and sexuality information within a comprehensive framework—for grades K through two, grades three and four, and grades five and six. The interactive curricula topics include: self-esteem development, problem solving, healthy peer and family communication, values development, goal achievement, growth and development, friendship, life skills, health promotion, and career awareness. The curriculum may be obtained by calling 202-347-5700 or going online at <http://www.advocatesforyouth.org/publications/catalog.htm>.

Will Power/Won't Power, Second Edition: A Sexuality Education Program for Girls Ages 12-14

Developed and Published by: Girls Incorporated

Date: 1998. *This curriculum consists of 45 lessons and five supplemental lessons on sexual development and seven supplemental lessons on contraception. They are designed to help girls learn how to say no to intercourse by recognizing, exploring, and practicing attitudes and skills to deal with health and sexuality issues. Topics include reproductive health and sexuality, assertiveness, identifying and resisting sexual pressures, values, abstinence, and STD prevention. This curriculum may be obtained by calling 317-634-7546 or by going online at <http://www.girlsinc.org>.*

The Wise Guys: Male Responsibility Curriculum

Developed and Published by: Wise Guys

Date: 2005, 250 pages. *This curriculum is designed to prevent adolescent pregnancy by reaching adolescent males. The curriculum leads the facilitator in communicating accurately and openly with adolescent males about issues concerning self, values, future goals, and sexuality. The curriculum may be obtained by calling 336-333-8890 or going online at <http://www.wiseguysnc.org/curriculum.htm>.*

Video/DVD Resources:

@24/7.com Teens Talk About: Dating and Relationships

Distributed by: Channing Bete Company

Date: 2001

Length: 20 minutes

Grades: middle and high school

To purchase: visit www.channing-bete.org

Description: This video program includes footage from episodes of the @24/7.com teen show—highlighted with pop-up text featuring relevant statistics and topic-related questions, and Leader's Guide. "Welcome to the reality of seven teenagers who wanted a TV series they could relate to. Armed with a film crew they hit the road to create a show about being real..."

Abstinence...It's the Right Choice

Distributed by: Churchill Media

Date: 1999

Length: 22 minutes

Grades: 7-12

To purchase: visit www.svemediacom.com or contact SVE & Churchill Media

Description: This video features street interviews and footage of a group of curious teens who learn refusal techniques and alternatives to engaging in sexual activity. In an informal discussion led by experienced peer counselors and with essential advice offered by a mom, the presentation shows teens that there has never been a better time to abstain. This video is available on DVD and is closed captioned.

Emotional Choices: Not Just a Body

Distributed by: United Learning

Date: 1998

Length: 19 minutes

Grades: 8-12

To purchase: visit www.unitedlearning.com

Description: An insightful group of teens examine the emotional impact of becoming sexually active, and of behaviors such as the use of alcohol, which can put teens at risk. The video program includes a Leader's Guide and Blackline Masters, both available in PDF format.

In the Mix #420 Relationships: Love Me, Love Me Not

Distributed by: Castle Works, Inc.

Date: 1998

Length: 30 minutes

Grades: 6-12, college

To purchase: visit www.castleworks.com or call In the Mix at 800-597-9448

Description: Get the low-down on love, dating, sex and friendship from *In the Mix* teens and well known psychologist, Dr. Judy Kuriansky. With humor, viewers see an actual blind date unfold as the teens encounter and struggle with typical situations involving social etiquette. In another segment, viewers hear true stories about breaking up and how to cope. There also are demonstrations of the right and wrong ways to break up.

In the Mix #438 Sex: Everyone's Doing it – NOT!

Distributed by: Castle Works, Inc.

Date: 2000

Length: 29 minutes

Grades: 6-12, college

To purchase: visit www.castleworks.com or call *In the Mix* at 800-597-9448

Description: This special raises awareness among teens that not "everyone" is having sex and that you still can be popular and in a loving relationship. Teens discuss the pressure to have sex before they are ready and the effect of the media that too often glamorizes sex as "cool" and consequence-free. Using humor, the program shows the emotional and physical consequences of being sexually active and provides practical skills to resist pressures. There is a discussion guide included. Lesson plans are available online at www.inthemix.org.

Making Friends with the Opposite Sex

Distributed by: United Learning

Date: 1997

Length: 18 minutes

Grades: 7-12

To purchase: visit www.unitedlearning.com

Description: Teens have a lively discussion on the importance of sharing common interests, the differences between the sexes, and how to appreciate them, the importance of opposite sex friendships, and the risks involved in getting into relationships. This program includes a Teacher's Guide and three Blackline Masters.

Me, Myself, and I

Distributed by: United Learning

Date: 1997

Length: 12 minutes

Grades: 6-9

To purchase: visit www.unitedlearning.com

Description: Learning to believe in yourself and having confidence may be difficult during puberty and adolescence. The S.T.A.R.S. provide tools and share experiences that give teens hope while in puberty. Some of the topics covered are identity issues, depression, sex, drugs, gangs, eating disorders, and making the commitment to be the best you can be. This program includes a Teacher's Guide and Blackline Masters.

Physical Choices and Consequences: Pregnancy

Distributed by: United Learning

Date: 1998

Length: 16 minutes

Grades: 8-12

To purchase: visit www.unitedlearning.com

Description: Pam Stenzel makes a convincing argument for the choice of abstinence by illustrating the life-changing consequences of unplanned teen pregnancies. The program includes a Teacher's Guide and 16 Blackline Masters. Both are available online in PDF format at www.unitedlearning.com.

The Power of Girls: Inside and Out

Distributed by: Family Health Productions

Date: 2000

Length: 20 minutes

Grades: 6 and up, and parents

To purchase: contact Family Health Productions

Description: In this video, five girls talk about the challenges of growing up, including teasing, body image and eating disorders, self-respect, sexuality, loss, and how support from family, community and friends helped. This program includes a discussion guide/facilitator's manual. This is available as a set with "Real Strength: Boys Talk about Life."

Raising Healthy Kids: Families Talk About Sexual Health

Distributed by: Family Health Productions

Date: 1997

Length: 30 minutes

Grades: parents

To purchase: visit <http://www.about.com/health/>

Description: This program is a set of two videos, including Video #1: For parents of Young Children, and Video #2: For parents of pre-adolescents and adolescents. It is designed to help parents gain knowledge and comfort in talking with their children about sexual health. The videos include interviews with children, parents, and experts. This also includes two videos, two discussion guides, and two tip sheets.

Real Strength: Boys Talk about Life

Distributed by: Family Health Productions

Date: 2000

Length: 20 minutes

Grades: 6 and up, and parents

To purchase: contact Family Health Productions, or visit <http://www.about.com/health/>

Description: This video features five boys talking about the challenges of growing up, including bullying, emotions, sexuality, staying true to one's self, respect for others, loss, and how support from family, community, and friends helped. The program includes a discussion guide/facilitator's manual. It also is available as a set with "The Power of Girls: Inside and Out."

The Reproductive System

Distributed by: United Learning

Date: 1998

Length: 17 minutes

Grades: 7-12

To purchase: visit www.unitedlearning.com

Description: This video explores human reproduction (the functioning of the male and female reproductive systems) and how inherited traits are passed on through chromosomes. It includes a Teacher's Guide and Blacklines Masters, which are online in PDF format at www.unitedlearning.com.

STD's AIDS and the Clean Love Solution (6, 8)

Distributed by: United Learning

Date: 1997

Length: 30 minutes

Grades: 7-12

To purchase: visit www.unitedlearning.com

Description: Learn how to discuss your sexual feelings in a mature way and insist that your desires are respected. Upbeat and solution-focused, this video offers many new insights to young people as they begin to experience the world in new ways. Learn how to achieve a carefree, happy and healthy life.

Social Choices and Consequences

Distributed by: United Learning

Date: 1998

Length: 17 minutes

Grades: 8-12

To purchase: visit www.unitedlearning.com

Description: Contemporary issues of date rape and sexual images are explored in this thought-provoking video. The publication includes a Teacher's Guide and Blackline Masters.

What Teens Want To Know about Sex

Distributed by: Sunburst Technology

Date: 2000

Length: 28 minutes

Grades: 7-12

To purchase: visit <http://www.sunburst.com> or contact Sunburst Technology, Order # 2402-RA
 Description: Without being preachy, this video provides straightforward answers to teens' concerns about sexual development, conception, pregnancy, contraception, and STDs. Debunks common myths about sex and carries a strong abstinence message. Presents a detailed discussion of STDs and the harm they can cause if left untreated. Video also stresses the need for sexually active teens to protect themselves against STDs through consistent and proper use of condoms, pointing out how having an STD increases the risk of HIV, the virus that causes AIDS. Video discusses how HIV is and is not spread, and concludes with a Sex I.Q. quiz for viewers. It includes a Teacher's Guide.

What Works: Sexuality Education

Distributed by: Family Health Productions

Date: 1998

Length: 20 minutes

Grades: educators

To purchase: contact Family Health Productions

Description: This video helps educators design effective sexuality education programs.

Video Distributors:

Aquarius Health Care Videos

Olde Medfield Square

266 Main Street, Suite 33B

Medfield, MA 02052

888-440-2963

www.aquariusproductions.com

Educational Video Network

1339 19th Street

Huntsville, TX 77340

936-295-5767

<https://www.evndirect.com/>

Films for the Humanities & Sciences

P.O. Box 2053

Princeton, NJ 08543-2053

800-257-5126

<http://www.films.com>

INJOY Videos

Teen Pregnancy & Prevention

1435 Yarmouth, Suite 102

Boulder, CO 80304

303-447-2082; 800-326-2082

<http://www.injoyvideos.com>

Computer-Based Resources:

Body Awareness Resource Network (BARN)

Developed and distributed by: Learning Multi-Systems

To purchase: visit <http://www.lmssite.com> or contact Learning Multi-Systems

Description: *The Body Awareness Resource Network (BARN) is a computer-based resource that provides confidential, nonjudgmental health information for adolescents. Topic areas covered include: Alcohol and other drugs, Body management, Human Sexuality, Smoking, Stress management, and Local teen health resources. For more information visit the Wisconsin Alumni Research Foundation website at <http://www.warf.wisc.edu>.*

Relate for Teens: A Ripple Effects Flagship Social Learning Program

Developed by: Alice Ray and Sarah Berg

Published by: Ripple Effects, Inc.

Date: 1998

To purchase: contact Ripple Effects or visit <http://www.rippleeffects.com>

Description: *This software is designed to reduce aggression, improve school climate, and increase academic performance for adolescents through a personal computer program.*

Reproduction: Friendship, Marriage, and Sex

Developed and administered by: LearnWell Resources Inc.

Date: 2001

Located at: <http://www.learnwell.org/repro.htm>

Description: *This online course describes the differences in friendships, dating, love, marriage, and parenting; outlines the reproductive systems and related disease prevention; and discusses conception, contraception, abortion and pregnancy. This course is available to anyone, and it is possible to receive 3-hours Continuing Education Credit upon completion of a 12-question quiz and paying a fee.*

Publishing Companies:

The Analytic Press, Inc.

101 West Street

Hillsdale, NJ 07642

201-358-9477

<http://www.analyticpress.com>

Channing L. Bete Co., Inc.

200 State Road

South Deerfield, MA 01373-0200

800-477-4776

<http://www.channing-bete.com>

Family Health Productions

P.O. Box 1799
 Gloucester, MA 01931-1799
 978-282-9970
<http://www.about.com/health/>

Journeyworks Publishing

P.O. Box 8466
 Santa Cruz, CA 95061-8466
 831-423-8102
<http://www.journeyworks.com>

The Learning Company

One Athenaeum Street
 Cambridge, MA 02142
 800-395-0277 (orders)
<http://www.thelearningco.com>

Learning Multi-Systems

320 Holtzman Road
 Madison, WI 53713
 800-362-7323
<http://www.lmssite.com>

Meeks Heit Publishing Company/McGraw Hill Company

Materials for grades K-6:	Glencoe, grades 6-12:
220 East Daniieldale Rd.	PO Box 543
DeSoto, TX 75115	Backlick, OH 43004
800-442-9685	800-334-7344
http://www.mcgrawhill.com	http://www.glencoe.com

National Professional Resources, Inc.

25 South Regent Street
 Port Chester, NY 10573
 800-453-7461
<http://www.nprinc.com>

Positive Promotions

40-01 168th Street
 Flushing, NY 11358
 800-635-2666
<http://www.postivepromotions.com>

Ripple Effects, Inc.

333 Bryant St., Suite 110
 San Francisco, CA 94107
 888-259-6618
<http://www.rippleeffects.com/>

Sage Publications, Inc.

2455 Teller Road
 Thousand Oaks, CA 91320-2218
 805-499-0721
<http://www.sagepub.com>

Sunburst Technology

101 Castleton Street
 Pleasantville, NY 10570
 914-747 3310
<http://www.sunburst.com>

ToucanEd Publications

1280 17th Ave., Suite 102
 Santa Cruz, CA 95062
 831-464-0508; 888-3TOUCAN
<http://www.toucaned.com>

United Learning

1560 Sherman Avenue, Suite 100
 Evanston, IL 60201
 847-328-6700; 800-323-9084
<http://www.unitedlearning.com>

Resources for Students with Disabilities:**Organizations:****Advocates for Youth**

2000 M Street, N.W., Suite 750
 Washington, DC 20036
 202-419-3420
<http://www.advocatesforyouth.org>

Alliance for Technology Access

1304 Southpoint Blvd., Suite 240
 Petaluma, CA 94954
 707-778-3011 voice; 707-778-3015 TTY
<http://www.ataccess.org>

American Social Health Association

P. O. Box 13827
Research Triangle Park, NC 27709-3827
919-361-8400; 800-227-8922
<http://www.ashastd.org>

The Annie E. Casey Foundation

701 St. Paul Street
Baltimore, MD 21202
410-547-6600
<http://www.aecf.org>

The Arc

National Headquarters
1010 Wayne Ave. Suite 650
Silver Spring, MD 20910
301-565-3842; 800-433-5255
<http://www.thearc.org/>

Child Trends

4301 Connecticut Avenue, N.W., Suite 350
Washington, DC 20008
202-572-6000
<http://www.childtrends.org>

Child Welfare League of America

2345 Crystal Drive, Suite 250
Arlington, VA 22202
703-412-2400
<http://www.cwla.org>

Children's Defense Fund

25 E Street, N.W.
Washington, DC 20001
202-628-8787; 800-233-1200
<http://www.childrensdefense.org/>

Council for Exceptional Children

1110 North Glebe Road, Suite 300
Arlington, VA 22201
703-620-3660; 866-915-5000 TTY
<http://www.cec.sped.org>

Department for the Blind and Vision Impaired Library and Resource Center

397 Azalea Ave.

Richmond, VA 23227

804-371-3661; 800-622-2155

<http://www.vdbvi.org/>**Greater Los Angeles Council on Deafness, Inc.**

AIDS Education/Service for the Deaf

2222 Laverna Avenue

Los Angeles, CA 90041

323-478-8000; TTY 323-550-4226

www.gladinc.org**The Guttmacher Institute**

120 Wall Street, 21st Floor

New York, NY 10005

212-248-1111; 800-355-0244

<http://www.guttmacher.org>**Healthy Teen Network (formerly NOAPPP)**

509 2nd Street, N.E

Washington, DC 20002

202-547-8814

<http://www.healthyteennetwork.org>**Hetrick-Martin Institute**

2 Astor Place

New York, NY 10003

212-674-2400

<http://www.hmi.org>**March of Dimes Birth Defects Foundation**

1275 Mamaroneck Avenue

White Plains, NY 10605

914-428-7100

<http://www.modimes.org>**National Association of School Psychologists**

4340 East West Highway, Suite 402

Bethesda, MD 20814

301-657-0270; 866-331-NASP (6277); 301-657-4155 TTY

http://www.nasponline.org/about_nasp/

National Association of Social Workers

750 First Street, Suite 700
Washington, DC 20002-4241
800-742-4089; 202-408-8600
<http://www.socialworkers.org/>

National Down Syndrome Society

666 Broadway
New York, NY 10012
800-221-4602
<http://www.ndss.org/>

National Federation of the Blind

1800 Johnson Street
Baltimore, MD 21230
410-659-9314
<http://www.nfb.org/nfb/>

National Information Center for Children and Youth with Disabilities

Box 1942
Washington, DC 20013
800-695-0285 voice/TTY
<http://www.nichcy.org/>

Network for Family Life Education

Rutgers University
100 Joyce Kilmer Avenue
Piscataway, NJ 08854
732-445-7929
<http://www.sexetc.org>

Parents, Families, and Friends of Lesbians and Gays

1726 M Street N.W., Suite 400
Washington, DC 20036
202-467-8180
<http://www.pflag.org>

Partnership for People with Disabilities

Virginia Commonwealth University
PO Box 843020
Richmond, Virginia 23284
804-828-3876
<http://www.vcu.edu/partnership/index.html>

Planned Parenthood Federation of America

434 West 33rd Street
 New York, NY 10001
 212-541-7800; 800-230-PLAN
<http://www.plannedparenthood.org>

Rape, Abuse, and Incest National Network

2000 L Street, NW, Suite 406
 Washington, DC 20036
 202-544-1034; 800-656-HOPE (4673)
<http://www.rainn.org>

The Sexuality Information and Education Council of the United States

130 West 42nd Street, Suite 350
 New York, NY 10036-7802
 212-819-9770
<http://www.siecus.org>

Texas School for the Blind and Visually Impaired

1100 W. 45th Street
 Austin, TX 78756
 512-454-8631; 800-872-5273; TDD 512-206-9451
<http://www.tsbvi.edu/>

United Cerebral Palsy Associations, Inc.

1660 L Street, NW, Suite 700
 Washington, DC 20036
 202-776-0406; 800-872-5827
<http://www.ucp.org/>

Young Adult Institute, National Institute for People with Disabilities

460 West 34th Street
 New York, NY 10001-2382
 212-273-6100
<http://www.yai.org>

Websites:**Academy of Child and Adolescent Psychiatry**

<http://www.aacap.org/publications/factsfam/sexabuse.htm>

A DD toolkit for parents and professionals

www.ppct.org/education/resources/ddintro.htm

Advocates for Youth Parents' Sex Education Center

<http://www.advocatesforyouth.org/parents/index.htm>

American Association on Mental Retardation (AAMR) and The ARC

http://www.aamr.org/Policies/pos_sexuality.shtml

AIDS and Disability Action Project

www.bccpd.bc.ca/s/Home.asp

Alliance for Technology Access Centers

<http://www.ataccess.org>

American Foundation of the Blind

<http://www.afb.org/Section.asp?DocumentID=2298#2000>

Autism Today

<http://www.autismtoday.com/store.htm>

Center for Educational Services for All Blind and Visually Impaired Students in Texas

<http://www.tsbvi.edu/bib/social.htm>

Down Syndrome Information Network

<http://www.down-syndrome.info/library/periodicals/dsrp/03/2/065/>

Epilepsy and Sexuality

<http://www.epilepsyfoundation.org/answerplace/Life/adults/women/Professional/sexuality.cfm>

Introduction to Sexuality Education for Individuals Who Are Deaf-Blind and Significantly Developmentally Delayed

<http://www.tr.wou.edu/dblink/pdf/sex-ed.pdf>

Medical Institute for Sexual Health

www.medinstitute.org

Parent Training and Information Centers

<http://www.taalliance.org/PTIs.htm>

Program Development Associates

www.pdassoc.com/ddse.html

Sexual Health Network

www.sexualhealth.com/com/channel/view/disability-illness/

Sexuality and Developmental Disabilities: A Guide for Parents

http://www.teachingsexualhealth.ca/media/pdf/Sexuality_Developmental_Disability.pdf

Sex Education for Young People with Visual Impairments

www.tsbvi.edu/Education/sexuality-education.htm

Sexuality Issues for Youth with Disabilities and Chronic Health Conditions

<http://cshcnleaders.ichp.edu/HRTW-Materials/SexualityIssues.pdf>

SIECUS: Filling the Gaps: Hard to Teach Topics in Sexuality Education

http://www.siecus.com/pubs/filling_the_gaps.pdf

SIECUS: Sexuality and Disability (A SIECUS Annotated Bibliography)

http://www.siecus.org/pubs/biblio/sex_disability.pdf

Special Needs Links

<http://www.4teachers.org/profd/spedlinks.shtml>

Sterilization of Minors with Developmental Disabilities

<http://aappolicy.aappublications.org/cgi/content/full/pediatrics%3b104/2/337>

Teaching Facts about Sex and Sexuality to Individuals with Communication Disorders

<http://www.adamspublications.com/articlesex.htm>

Teaching Sexuality Education for Students with Disabilities: Sexuality & Specific Disabilities

<http://www.nichcy.org/resources/sexualityeducation.asp>

The National Autistic Society

<http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=364&a=2187>

The Birds and the Bees and Kids with LD

www.schwablearning.org/articles.asp?r=626&g=2

The Society for Scientific Study of Sexuality

www.SexScience.org

WWW.4teachers Equity in Diversity

<http://www.4teachers.org/profd/equity.shtml>

United Cerebral Palsy Michigan--Abuse and People with Disabilities

http://www.ucp.org/ucp_printdoc.cfm/1/8292/8296/8296-8296/4918

Books:**Becoming DateSmart-1 (Abstinence and the Art of Saying “No”)**

Developed and Published by: James Stanfield Publishing Company

This program uses a realistic approach to teach students how to support the choice for abstinence. The program may be obtained by calling 800-421-6534 or going online at

<http://www.stanfield.com/sexed-1.html>.

Becoming DateSmart-2 (Avoiding Trouble & Listening for “No”)

Developed and Published by: James Stanfield Publishing Company

This three-part program is used to teach students how to control their emotions and avoid impulsive reactions that can lead to intimate situations. The program teaches males not to date minors and how to refrain from manipulative actions that exploit women. Females learn how to recognize trouble; how to avoid behavior that can send unintentional, provocative signals; and common misconceptions about the opposite sex. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Changes in You: An Introduction to Sexuality Education through an Understanding of Puberty

By: Peggy C. Siegel

Published by: James Stanfield Publishing Company

This family life education program for young people with cognitive disabilities (grades 4-9) helps youth develop strong, positive feelings about themselves as they make the transition into puberty. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Child Sexual Abuse Curriculum for the Developmentally Disabled

By: Sol R. Rappaport, Sandra A. Burkhardt, and Anthony F. Rotatori

Published by: Charles C. Thomas Publishers, Ltd.

Date: 1997. *This curriculum for children in the mild range of retardation is divided into five parts: “Understanding Child Sexual Abuse of the Developmentally Disabled,” “The Treatment of Sexually Abused Children,” “Sexual Abuse: The Emotional and Behavioral Sequelae,” “Factors that Mediate the Sequelae of Child Sexual Abuse,” and “The Rappaport Curriculum for the Prevention of Child Sexual Abuse in Children with Developmental Disabilities.” This curriculum may be obtained by calling 800-258-8980 or going online at <http://www.ccthomas.com/details.cfm?P ISBN13=9780398067342>.*

Child Sexual Abuse: A Solution™

Developed and Published by: James Stanfield Publishing Company

This program provides strategies to implement a child protection program in the schools. It uses a gentle approach, using Chester the Cat, to help children protect themselves. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES I: Intimacy & Relationships

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum and video program helps students with mild to moderate developmental disabilities. Part I: “Social Distance” is designed to help students “see” social and sexual distance, explains relationship boundaries, and relationship specific behaviors. Part II: “Relationship Building” demonstrates how intimacy levels change as relationships change. The role of mutual choice among individuals is emphasized, a critical concept for protecting students from exploitation. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES: Level II Intimacy & Relationships (Second-Step Expanded Introduction)

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This follow-up program shows how to apply the rules of social intimacy in more complex settings than in the Level I lessons. It uses a "reality-show" format to illustrate more subtle applications of the "Circles Rules of Social Distance." The program can be used as a stand-alone introduction for higher functioning and students in regular educational classes. Content for lessons include, but is not limited to: alternative intimacy level signs; circle jumping, when it "ok" and when it's not; reversal of intimacy level; rejecting intimacy and having intimacy rejected; and relationship dissolution. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES II: Stop Abuse

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum teaches students with mild to moderate developmental disabilities how to recognize and avoid sexually, abusive, or exploitative situations. Part I: deals with recognizing and reacting to sexual exploitation. Part II: addresses learning appropriate protective behaviors. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES III: AIDS: Safer Ways (AIDS and Communicable Disease Prevention)

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum is for people with mild to moderate developmental disabilities. "Part I: Communicable Diseases and Casual Contact" describes ways to avoid, treat, and protect from communicable diseases. Part I prepares students for the sensitive topics discussed in the following section. "Part II: STDs, AIDS and Intimate Contact" explains the difference between casual and intimate contact, promotes positive decision-making, and addresses abstinence as the best way to avoid STDs and AIDS. Risk factors are clearly defined. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Doing What Comes Naturally: Dispelling Myths and Fallacies about Sexuality and People with Developmental Disabilities

By: Orieda Horn Anderson

Published by: High Tide Press

Date: 2000, 119 pages. *This book is about engaging in relationships; it is about self-esteem. The author addresses topics such as signs of sexual abuse, sexual incident reporting, and counseling techniques. This book may be obtained by calling 708-206-2054 or going online at <http://www.hightidepress.com/books/DoingNaturally.php>.*

Health, Growth and Development Curriculum

Developed and Published by: Program Development Associates

Date: 2007, 145 pages. *This comprehensive health curriculum is designed for students in grades 5-12 who read at a second grade level or below. It incorporates full-color illustrations, on laminated, reusable pages. This may be used for one-on-one, small group, or full class*

instruction. There are eleven lessons on: personal hygiene, how the body changes during puberty, wellness, physiology, sexuality, and good touch/bad touch. This curriculum may be obtained by going online at <http://disabilitytraining.com/sas.html>.

Healthy Sexuality Development: A Guide for Early Childhood Educators and Families

By: Kent Chrisman and Donna Couchenour

Published by: National Association for the Education of Young Children

Date: 2002. *This book provides key information to both early childhood educators and family members about what is typical in young children and how to support them in this early and inquisitive stage. This publication may be obtained by calling 202-232-8777, 800-424-2460 or going online at <http://www.naeyc.org> or <http://www.amazon.com/>.*

Janet's Got Her Period

By: Judi Gray and Jitka Jilich

Published by: James Stanfield Publishing Company

Date: 1990. *This curriculum is for girls and young women with severe developmental disabilities. It uses a video and illustrated storybook to tell the story of a young girl who learns menstrual self-care from her mother and sister. This book may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.*

Just Say Know! Understanding and Reducing the Risk of Sexual Victimization of People with Developmental Disabilities

By: Dave Hingsburger

Published by: Diversity City Press

Date: 1995. *This book explores the victimization of people with disabilities and helps reduce the risk of sexual assault. The ring of safety helps to teach people with disabilities to protect themselves. The book also presents a new way of looking at the indicators of sexual abuse in the population of people who have developmental disabilities. This book may be obtained by calling 877-246 5226 or going online at <http://www.diversecity.com/display.htm>.*

Learn about Life: Sexuality and Social Skills

Written and Published by: Program Development Associates

Date: 1996, 94 pages. *This program is designed for special needs students or adults who read at a second grade level or below. Information is provided on puberty, dating, pregnancy, STDs and more through six booklets: Your Body, My Body, Having a Baby, Being a Woman, Being a Man, Be Smart, Be Safe, and Relationships. This program may be obtained by going online at <http://disabilitytraining.com/sas.html>.*

Life Horizons I--The Physiological and Emotional Aspects of Being Male & Female

By: Winifred Kempton

Published by: James Stanfield Publishing Company

This curriculum is the most widely used sexuality education program for people with developmental and learning disabilities. It consists of five programs: "Parts of the Body," "Sexual Life Cycle," "Human Reproduction," "Birth Control or Regulation of Fertility," and "Sexually Transmitted Diseases & AIDS." This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Life Horizons II--The Moral, Social and Legal Aspects of Sexuality

By: Winifred Kempton

Published by: James Stanfield Publishing Company

This 600-slide program offers additional material on the psychosocial aspects of human sexuality and focuses on attitudes and behaviors that promote good relationships and responsible sexual behavior. The seven-part program includes sections on: "Building Self-Esteem & Establishing Relationships"; "Moral, Legal & Social Aspects of Sexual Behavior -- Male"; "Moral, Legal & Social Aspects of Social Behavior -- Female"; "Dating Skills & Learning to Love"; "Marriage & Other Lifestyles"; "Parenting"; and "Preventing or Coping with Sexual Abuse." This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

My Body, My Self for Boys for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for boys 8 to 15 years of age is a companion to "What's Happening to My Body? Book for Boys". It includes exercises, quizzes, and personal stories to help boys learn about the changes that take place in their bodies during puberty. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

My Body, My Self for Girls for Preteens and Teens

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2007. *This activity book/journal for girls 8 to 15 years of age is a companion to "What's Happening to My Body? Book for Girls." It includes exercises, quizzes, and personal stories to help girls learn about the changes that take place in their bodies during puberty. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

My Feelings, My Self (A Growing-Up Journal for Girls) Second Edition

By: Area Madaras and Lynda Madaras

Published by: Newmarket Press

Date: 2002, 160 pages. *This workbook provides the answers to basic questions about growing up, along with stories and letters from teen and preteens expressing their feelings about what's going on in their lives, and includes a place for students to write their thoughts and feelings. The workbook is divided into three parts: "Your Friends," "Your Parents," and "Learning More and Getting Help." This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

"No-Go-Tell"

By: Elisabeth J. Krents and Shelia A. Brenner

Published by: James Stanfield Publishing Company

This curriculum teaches child protection and is designed for children ages 3-7. The basic concepts include: who are family, friends, familiar people and strangers; what is “ok” and “not ok” touch; what are private parts; and who and how to tell about an abusive incident. The curriculum includes illustrations and male and female anatomically correct dolls. This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

On Your Mark, Get Set, Grow! (A Book for Younger Boys)

By: Lynda Madaras and Area Madaras

Published by: Newmarket Press

Date: 2008, 128 pages. *This book is the newest addition to the “What's Happening to My Body?” series, written especially for boys ages 8 and up. This workbook addresses real-life questions and concerns from younger boys about their changing bodies. The text covers a wide range of topics at appropriate reading and understanding levels: the growth of sex organs, body hair, and facial hair; weight and height spurts; the unwelcome appearance of acne and body odor; shaving; circumcision; erections and ejaculations; feelings about puberty; and bullying. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

Positive Partnerships: A Sexuality Education Curriculum for Persons with Serious Mental Illness

By: Patti Caldwell and Sally Reynolds

Published by: Planned Parenthood of Southern Arizona

This curriculum is designed to provide sexuality education to people with serious mental illness in one-on-one or group settings. It addresses sexuality, relationships, sexual orientation, anatomy, sexual response and expression, conception, contraception, pregnancy options, STDs, HIV/AIDS, social skills, dating and sexual abuse. Educators should read through this curriculum and update information. The curriculum may be obtained by calling 520-624-1761 or going online at <http://www.plannedparenthood.org/ppsaz/>.

Ready, Set, Grow! (A Book for Younger Girls)

By: Lynda Madaras

Published by: Newmarket Press

Date: 2003, 128 pages. *This book is for 8-11-year-old girls. In this proven, trustworthy book, the author addresses the development of breasts, body hair, and body fat; changes in the reproductive organs, both inside and out; the first period and all the complex feelings surrounding it; the unwelcome appearance of acne and new body odors; and, perhaps most importantly, how to respect and celebrate the unique bodies, even when the outside world is not always so accepting. Cartoon drawings help make the workbook fun to read. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

Sex Education for Parents of Children with Autism Spectrum Disorder

By: Mark Steege and Shannon Peck

Published by: Steege Publications

Date: 1006, 133 pages. *This manual explores the hang-ups most parents have about sexuality in general. It then moves to specific problems faced by parents of children with Autism Spectrum Disorder: e.g., feeling comfortable with their own sexuality and the sexuality of their children. The publication is designed to help the children have a better chance of a satisfying sexual life within the bounds of ability, safety, and appropriateness. This publication may be obtained by calling 877-560-1739 or going online at <http://www.steegepublications.com/pages/contact.html> or <http://www.disabilitytraining.com/sexb.html>.*

Sex Education for the Visually Handicapped

By: Judith Davis

Published by: Texas School for the Blind and Visually Impaired

Date: 1996. *This online curriculum contains sections on personal and social development, as well as physical aspects of sexuality. Information is provided on, but is not limited to, the effect of visual impairment on the development of sexuality, development of self-concept, gender-role socialization, gender identity, social skills, relationships, personal safety, and sexual language. This curriculum may be obtained by calling 512-454-8631, 800-872-5273 TDD, or 512-206-9451; or by going online at <http://www.tsbvi.edu/Education/sexuality-education.htm>.*

Sexuality Education for Persons with Severe Developmental Disabilities, Revised Edition

By: Beverly Brekke

Published by: Stanfield Publishing Company

This curriculum is for people with severe mental disabilities. It includes seven slide presentations and a teacher's guide addressing anatomy, appropriate social behavior, menstruation, and medical examinations. This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Sexuality, Learning Difficulties and Doing What's Right

By: Gavin Fairbairn, Denis Rowley, and Maggie Bowen

Published by: David Fulton Publishing

Date: 1995. *This book addresses sexuality and people with learning disabilities. It explores the rights that individuals have to be informed about sexuality issues, to form relationships, and to express themselves sexually. Chapters include, but are not limited to, topics on "Exploitation, Abuse and Assault: The Sexual Misuse of People with Learning Disabilities," and "Being and Becoming: Sex Education, Responsibility, and the Limits of Inclusion." This book may be obtained online from: <http://www.amazon.com/Sexuality-Chronic-Illness-Comprehensive-Approach/dp/089862715X>.*

Sexuality: Your Sons and Daughters with Intellectual Disabilities

By: Karin Melberg Schwier and Dave Hingsburger

Published by: Paul H. Brookes Publishing

Date: 2000. *This book provides information to parents and caregivers on interacting with their children-no matter what their age or ability-in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to*

develop lifelong relationships. This book may be obtained by going online at <http://www.brookespublishing.com>.

Signs for Sexuality: A Resource Manual for Deaf and Hard of Hearing Individuals, Their Families, and Professionals, Second Edition

By: Marlyn Minkin and Laurie Rosen-Ritt

Published by: Planned Parenthood of Western Washington

This curriculum contains information on sexual abuse, sexually transmitted diseases, and reproductive health, with more than 600 photographs to illustrate 250 vocabulary terms associated with sexuality. This curriculum may be obtained by calling 206-328-7715 or going online at <http://www.plannedparenthood.org/westernwashington/>.

Socialization and Sex Education: the Life Horizons Curriculum (A Supplement for Various Stanfield Sexuality Curricula)

Developed and Published by: James Stanfield Publishing Company

This extensive print supplement comes free with the purchase of Life Horizons I & II, also can be purchased separately to reference other Stanfield instructional materials, including “Circles,” “LifeFacts,” “Mind Your Manners,” “Being with People,” “TIPS and Sex Ed for Persons with Severe Developmental Disabilities.” The supplement includes 31 lesson plans with step-by-step teaching instructions; a wide range of learning activities, techniques and strategies; lesson modifications for students with moderate to severe learning disabilities; specific behavioral objectives for IEP meetings; and rich follow-up activities. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Socialization and Sexuality a Comprehensive Training Guide for Professionals Helping People with Disabilities that Hinder Learning

By: Winifred Kempton

Published by: McGowan Publishers

Date: 1998, 351 pages. *This guide for professionals who work with the developmentally disabled offers chapters on: “Understanding the Sexuality of People with Disabilities that Hinder Learning,” “Attitudes about Sexuality: Personal Exploration,” “Sexuality Counseling,” “Sexual Abuse and Informed Consent,” “Special Considerations Relating to Living Centers,” “Working with Parents and Families,” “Sexuality Programs and Evaluations,” and “Assessments.” This guide may be obtained by going online at <http://www.amazon.com> or <http://disabilitytraining.com/sas.html>.*

Speaking of Sex & Sex Education for Persons with Disabilities that Hinder Learning

Developed and Published by: James Stanfield Publishing Company

This program helps present sexuality education to students with disabilities. There are orientation materials offered for new instructors and tips for more experienced teachers. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Special Education: Secondary F.L.A.S.H. (Family Life and Sexual Health): A Curriculum for Grades 7—12

By: Jane Stangle

Published by: Seattle-King County Department of Public Health Department

This comprehensive program is designed for adolescents in special education programs. It addresses the physical, emotional, and safety aspects of sexuality education; encourages parent and family involvement; and includes lessons that cover avoiding exploitation, anatomy, reproduction, sexually transmitted diseases, and AIDS. This curriculum may be obtained by 800-325-6165 x 64902 or by going online at <http://www.metrokc.gov/health/famplan/FLASH/index.htm>.

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism

By: Mary Wrobel

Published by: Future Horizons Inc.

Date: 2003, 250 pages. *This publication offers information on health, hygiene, personal safety issues, appropriate sexual behavior, and challenges of puberty for people with autism spectrum conditions or other developmental disabilities. Information is presented as seven units and covers all aspects of day-to-day life for children and adolescents five years and older. This curriculum may be obtained by going online at <http://www.futurehorizons-autism.com>.*

Talking Sex! Practical Approaches and Strategies for Working with People Who Have Developmental Disabilities When the Topic is Sex

By: Lisa T. Maurer

Published by: Planned Parenthood of Tompkins County, Ithaca, NY

Date: 1999, 107 pages. *This curriculum consists of information, activities, and overheads to help educators better understand approaches and strategies that make sexuality education more accessible to people with developmental disabilities. Six chapters provide information on accurate, age appropriate, and useful sexuality education; the effects of sexuality education for people with developmental disabilities; definitions of developmental disabilities; barriers to effective teaching and finding out the best available learning channels; adaptive activities and the difficulties that people with developmental disabilities have in adapting to new situations; the importance of making abstract ideas more concrete; and a framework for preparing and exploring sexuality and social skills education. The document may be obtained by calling 607-216-0021, extension 134 or via e-mail at maureen.kelly@ppsfl.org.*

Teaching about Sexuality and HIV

By: Evonne Hedgepeth and Joan Helmich

Published by: New York University Press

Date: 1996, 293 pages. *This book is divided into two parts that deal with general principles and special issues for teaching about sexuality and HIV and sexuality education methods. A few of the topics within the sections address the rationale for and barriers to sexuality education, the various learners in a classroom, creating a positive learning environment, theories that drive the teaching methods, special teacher challenges that each much address, strategies for lesson planning, and evaluation of the learning experiences. This book may be obtained at most book*

stores or online at: <http://www.amazon.com/Teaching-about-Sexuality-HIV-Principles/dp/0814735355>.

Tell Me about AIDS

Developed and Published by: American School Health Association

Date: 2007. *This revised curriculum is aligned with the National Health Education Standards and Science Standards. The elementary-level HIV and AIDS curriculum is available for four different grade levels: K-1, 2-3, 4-5, and 6. The curriculum provides developmentally appropriate and sequential HIV education for students. Each grade level includes a Teacher's Guide, Student Workbook, and Family Guide. This curriculum series may be obtained by calling 800-445-2742 or going online at www.ashaweb.org/products/store/.*

The GYN Exam Handbook: An Illustrated Guide to the Gynecological Examination for Women with Special Needs

By: Maria Olivia Taylor

Published by: James Stanfield Publishing Company

Date: 1991. *This curriculum is for females with mild to moderate developmental disabilities. It takes participants through the process of a routine gynecologic examination. Providing the opportunity to understand the procedure with comfort and confidence, it eases anxiety. It also encourages participants to be responsible for their own sexual health needs. This program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.*

We Can Stop Abuse: a Sexual Abuse Prevention Curriculum for Persons with Developmental Disabilities

By: Sandy Laesch and Shirley Pacey

Published by: Program Development Associates

Date: 2004. *This program is proven effective to help reduce the risk of sexual abuse and sexual assault. It uses strengths, concerns, and resources from both the sexual assault and developmental disabilities fields to teach people ways to avoid and report sexual abuse. The curriculum includes eight interactive sessions, DVD instruction, and other teaching material. The curriculum may be obtained by calling 1-800-543-2119 or going online at <http://www.pdassoc.com/>.*

What's Happening to My Body? Book for Boys: A Growing Up Guide for Parents and Sons Expanded, Third Edition

By: Lynda Madaras

Published by: Newmarket Press

Date: 2007. *This book covers the physical changes of puberty for boys. Chapters include: "Puberty," "Beginning Changes and the Stages of Puberty," "An Owner's Guide to the Sex Organs: What's Normal? What's Not?" "The Puberty Growth Spurt," "Pimples, Perspiration, Body Hair, Shaving, and Other Changes," "Changes in the Male Reproductive Organs: Erections, Sperm, and Ejaculations," "Spontaneous Erections, Orgasms, Masturbation, and Wet Dreams," "Girls and Puberty," and "Romantic and Sexual Feelings." This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

What's Happening to My Body? Book for Girls: A Growing Up Guide for Parents and Daughters Expanded, Third Edition

By: Lynda Madaras

Published by: Newmarket Press

Date: 2007. *This book provides basic information to girls about their bodies as they go through puberty. Chapters include: "Puberty," "Your Breasts: An Owner's Manual," "Pubic Hair and Other Changes Down There," "The Puberty Growth Spurt," "Body Hair, Perspiration, Pimples, and Other Changes," "The Reproductive Organs and the Menstrual Cycle," "All About Having Periods," "Boys and Puberty," and "Romantic and Sexual Feelings." A resource section is also included. This book may be obtained by calling 212-832-3575 or 800-669-3903; going online at <http://www.newmarketpress.com/>; checking sources such as www.amazon.com; or visiting most local book stores.*

Videos/DVDs/Computer Programs/Instructional Resources:

All of Us: Talking Together: Sex Education for people with Developmental Disabilities

Distributed by: Aquarius Health Care Videos

Date: 1999

Length: 38 minutes

To purchase: visit www.aquariusproductions.com

Description: This video addresses the critical need for sex education for developmentally disabled young people by providing step-by-step information and direction. Real life parents, their DD young adult sons and daughters, and educators demonstrate practical models to empower parents and caregivers to arm our young people with life saving knowledge and strategies. A detailed sex education segment includes: reproductive anatomy, pregnancy, contraception, and disease prevention.

Anatomically Correct Dolls (Amamanta Family)

Distributed by: OneWorld, Inc.

To purchase: visit <http://www.amamantafamily.com> or call 718-881-4802

Description: This vendor offers anatomically correct individual dolls and family doll sets by ethnic group. The five-member family doll set includes a mother, father, boy doll, girl doll, and a newborn baby doll found inside the mother's womb. The four-member family doll set includes a mother doll, father doll, sibling (brother doll or sister doll) and the newborn doll found in the mother's womb. It also is possible to customize a family doll set. The parents dolls are 16" tall, sibling dolls are 11" tall, and the newborn doll is 4.5" tall.

I Am a Beautiful Person--Sexuality and Me: A Video for Parents and Teens with Disabilities

Distributed by: Pacer Center, Inc.

Date: 1996

Length: 13 minutes

To purchase: visit <http://www.wifacets.org/videos/beautiful.html> or call 414-374-4645, 877-374-4677, TDD: 414-374-4635

Description: This video highlights teens and young adults with disabilities discussing sexuality issues--closed captioned.

Person to Person: Sexuality Issues Related to Developmental Disabilities

Distributed by:

Date: 1991

Length: 52-minutes and a 17-page discussion guide

To purchase: visit <http://disabilitytraining.com/sas.html>

Description: This DVD/video opens communication about sexuality among parents, professionals, and persons with developmental disabilities. It tackles a variety of sexual issues openly and honestly such as, menstruation, abuse, assertion, safety behavior, marriage, and AIDS.

Sexuality Education for Persons with Severe Developmental Disabilities

Distributed by: James Stanfield Publishers

To purchase: visit <http://www.stanfield.com/sexed-1.html> or calling 800-421-6534

Description: This slide program is designed specifically for persons with severe developmental disabilities. The various sections include: Parts of the Male Body, Parts of the Female Body, Appropriate Social Behavior -- Male, Appropriate Social Behavior -- Female, Menstruation, Medical Examination -- Women, and Medical Examination -- Men.

Take Control: How to Stay Healthy and Safe from HIV and AIDS

Distributed by: Program Development Associates

Date: 2001

To purchase: visit <http://disabilitytraining.com/sas.html>

Description: The multimedia presentation is aimed at people with developmental disabilities. The program does not use graphic language or images to educate the user (reading at 5th grade level) about ways to avoid situations that can put them in jeopardy. The program content includes: definition of HIV and AIDS, how HIV is contracted and spread, how to avoid HIV infection, choices about sexual relationships, abstinence, avoiding compromising situations, misconceptions about HIV, inappropriate sexual advances, and how, where, and why to get tested for HIV.

Teach-A-Bodies and Draw-A-Bodies

Distributed by: Teach-A-Bodies

To purchase: visit <http://www.teach-a-bodies.com/index.cfm> or call 888-228-1314

Description: Anatomically correct dolls in a range of sizes, ages, and skin colors.

Who Wants to Live for a Million Years?

Distributed by: Young Adult Institute

To purchase: visit <http://www.yai.org/> or call 212-273-6100

Description: This interactive CD-ROM teaches HIV/AIDS Prevention through game playing. It takes learners step-by-step from problems to solutions by allowing them to make mistakes while playing the game, not in the outside world where mistakes could lead to disastrous results.

Hotlines:

ASHA HPV Hotline: 877-HPV-5868 (M-F 2-7p.m.)

CDC's National Prevention Information Network: 800-458-5231

CDC National Sexually Transmitted Disease (STD) Hotline: 800-227-8922

Fan Free Clinic: 804-358-AIDS

The Information Resource Center (IRC): 800-USA-LEARN

National AIDS Hotline: 800-342-2437 (24hours/day); 800-243-7889 (TTY/TDD)

National Pediatric HIV Resource Center: 800-362-0071

Virginia HIV/STD & Viral Hepatitis Hotline: 800-533-4148 (M-F 8am-5pm); 800-344-7432