

# Strengthening Parental Involvement in Family Life Education

## Appendix C

### Resources List

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Reviewed by HIV/STDS Resources Review Panel 9-21-07

Edited by Virginia Comprehensive Health Education Training and Resource Center

# Strengthening Parental Involvement in Family Life Education

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## **Organizations/Agencies:**

\* indicates organizations that offer printed materials such as booklets and/or pamphlets  
 {V} indicates organizations that offer videos/DVDs

### **Advocates for Youth\*{V}**

1025 Vermont Ave, NW, Suite 200  
 Washington, DC 20005  
 202-347-5700  
<http://www.advocatesforyouth.org>

### **Alliance for Parental Involvement in Education**

P.O. Box 59  
 East Chatham, NY 12060-0059  
 518-392-6900  
<http://www.croton.com/allpie/>

### **Alliance for Young Families**

105 Chauncy Street, 8<sup>th</sup> Floor  
 Boston, MA 02111  
 617-482-9122  
<http://www.youngfamilies.org/>

### **American Association for Health Education (AAHE)\***

1900 Association Drive  
 Reston, VA 220191  
 703-476-3437  
[http://www.aahperd.org/aahe/aahe\\_main.html](http://www.aahperd.org/aahe/aahe_main.html)

### **American Association of Colleges for Teacher Education (AACTE)\***

1307 New York Ave., N.W., Suite 300  
 Washington, DC 20005-4701  
 202-293-2450  
<http://www.aacte.org>

### **American Association of School Administrators**

1801 N. Moore St.  
 Arlington, VA 22209  
 703-528-0700  
<http://www.aasa.org>

### **American Federation of Teachers**

555 New Jersey Avenue, NW  
 Washington, DC 20001  
 202-879-4400  
<http://www.aft.org>

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

**American Psychological Association (APA)**

750 First Street, NE  
Washington, DC 20002  
202-336-5500  
<http://www.apa.org>

**American Public Health Association (APHA)**

800 I Street, NW  
Washington, DC 20001  
202-777-APHA  
<http://www.apha.org>

**American School Health Association (ASHA)\* {V}**

7263 State Route 43  
PO Box 708  
Kent, OH 44240  
330-678-1601; 800-445-2742  
<http://www.ashaweb.org/>

**Association of Maternal & Child Health Programs (AMCHP)**

1220 19<sup>th</sup> Street, NW, Suite 801  
Washington, DC 20036  
202-775-0436  
<http://www.amchp.org>

**Campaign for Our Children {V}**

120 West Fayette Street, Suite 1200  
Baltimore, Maryland 21201  
410-576-9015  
<http://www.cfoc.org/>

**Centers for Disease Control (CDC) National Prevention Information Network (CDCNPIN)**

PO Box 6003  
Rockville, MD 20849  
800-458-5231; 800-243-7012 (TTY)  
<http://www.cdnpin.org>

**Center for Youth Issues, Inc. (CYI)\***

Also hosts Students Taking a Right Stand (STARS)  
P.O. Box 22185  
Chattanooga, TN 37422  
800-477-8277  
<http://www.cyi-stars.org>

**Comprehensive Health Education Foundation (CHEF)**

22419 Pacific Highway South

Seattle, WA 98198

800-323-2433

<http://www.chef.org>**Education Development Center, Inc.**

55 Chapel Street

Newton, MA 02458-1060

617-969-7100

<http://www.edc.org>**ETR Associates: Education Training Research\* {V}**

P.O. Box 1830

Santa Cruz, CA 95061-1830

831-438-4060

<http://www.etr.org>**Family Education Network**20 Park Plaza, 12<sup>th</sup> Floor

Boston, MA 02116

800-323-4776

<http://familyeducation.com>**Girls Incorporated**

National Headquarters:

120 Wall Street

New York, NY 10005

212-509-2000

<http://www.girlsinc.org/>

National Resources Center:

441 West Michigan Street

Indianapolis, IN 46202

800-374-4475

**Hazelden Foundation: Alcoholism and Drug Addiction Treatment Center\***

P.O. Box 11 CO3

Center City, MN 55012

800-257-7810

<http://www.hazelden.org>**The Health Teacher**

126 Woodvale Drive

Hendersonville, TN 37075

615-822-1362

<http://www.healthteacher.com>

**Institute for Educational Leadership**

1001 Connecticut Avenue, NW, Suite 310  
Washington, DC 20036  
202-822-8405  
<http://www.iel.org>

**The Institute for Youth Development (IYD)\***

P.O. Box 16560  
Washington, DC 20041  
703-471-8750  
<http://www.youthdevelopment.org>

**Kaiser Family Foundation**

2400 Sand Hill Road  
Menlo Park, CA. 94025  
650-854-9400  
<http://www.kff.org>

**KIDS COUNT, a project of the Annie E. Casey Foundation\***

701 St. Paul St.  
Baltimore, MD 21202  
410-547-6600  
<http://www.aecf.org/kidscount/index.htm>

**National Assembly on School-Based Health Care (NASBHC)**

666 11th Street, NW, Suite 735  
Washington, D.C. 20001  
202-638-5872  
888-286-8727  
<http://www.nasbhc.org>

**National Association of State Boards of Education (NASBE)**

277 South Washington Street, Suite 100  
Alexandria, VA 22314  
703-684-4000  
<http://www.nasbe.org>

**National Center for Health Education (NCHE)**

72 Spring Street, Suite 208  
New York, NY 10012  
212-334-9470  
<http://www.nche.org>

**National Center for Strategic Nonprofit Planning and Community Leadership (NPCL)**

2000 L. Street, NW Suite 815

Washington, DC 20036

202-822-6725

<http://www.npcl.org>**National Clearinghouse on Families & Youth**

PO Box 13505

Silver Spring, MD 20911

301-608-8098

<http://www.ncfy.com>**National Education Association (NEA)**1201 16<sup>th</sup> Street, N. W.

Washington, DC 20036

202-833-4000

<http://www.nea.org>**National Education Association Health Information Network (NEA HIN)**1201 16<sup>th</sup> Street, NW Suite 521

Washington, DC 20036

202-822-7570

<http://www.neahin.org>**National Health Information Center**

P.O. Box 1133

Washington, DC 20013-1133

800-336-4797

<http://www.health.gov/nhic>**National Parent Information Network (NPIN)**

51 Gerty Drive

Champaign, IL 61820-7469

800-583-4135 (Voice/TTY)

<http://ericps.crc.uiuc.edu/npin/index.html>**National Parent Teacher Association (PTA)\* {V}**

330 N. Wabash Avenue, Suite 2100

Chicago, IL 60611

312-670-6782; 800-307-4PTA

<http://www.pta.org/>

**National Professional Resources, Inc.\* {V}**

25 South Regent Street  
 Port Chester, NY 10573  
 800-453-7461  
[www.nprinc.com](http://www.nprinc.com)

**National School Boards Association (NSBA)**

1680 Duke Street  
 Alexandria, VA 22314  
 703-838-6722  
<http://www.nsba.org>

**National Youth Advocacy Coalition**

1638 R Street, NW, Suite 300  
 Washington, DC 20009  
 202-319-7596; 800-541-NYAC  
<http://www.nyacyouth.org>

**S.A.F.E. Network**

PMB 142  
 1295 Shaw Ave., #104  
 Clovis, CA 93612  
 800-643-3310  
<http://www.safenetwork.org>

**Search Institute\***

700 South Third Street, Suite 210  
 Minneapolis, MN 55415  
 612-376-8955; 800-888-7828  
<http://www.search-institute.org>

**Sexuality Information and Education Council of the United States (SIECUS)**

130 West 42<sup>nd</sup> Street, Suite 350  
 New York, NY 10036-7802  
 212-819-9770  
<http://www.siecus.org/>

**Sunburst\* {V}**

A Houghton Mifflin Company  
 101 Castleton Street  
 P. O. Box 40  
 Pleasantville, NY 10570  
 800-431-1934  
[www.sunburst.com](http://www.sunburst.com)

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

**U.S. Department of Education, National Library of Education**

400 Maryland Ave., SW  
 Washington, DC 20202  
 800-424-1616  
<http://www.ed.gov/NLE/>

**U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion**

Office of Public Health and Science, Office of the Secretary  
 200 Independence Avenue SW., Room 738G  
 Washington, DC 20201  
 202-401-6295  
<http://odphp.osophs.dhhs.gov>

**Virginia Department of Health, Division of Child and Adolescent Health**

109 Governor St., 8th floor  
 Richmond, VA 23219  
 804-864-7685  
<http://www.vahealth.org/childadolescenthealth/>

**Virginia Education Association**

116 South Third St.  
 Richmond, VA 23219  
 800-552-9554  
<http://www.veaweteach.org>

**Websites:****Adolescent Directory On-Line**

<http://education.indiana.edu/cas/adol/adol.html>

*This site is an electronic guide to information on adolescent issues, a service of the Center for Adolescent Studies at Indiana University.*

**The Federal Resources for Educational Excellence (FREE)**

<http://www.ed.gov/free>

*This site offers resource information on various education topics.*

**The Gateway to Educational Materials (GEM)**

<http://www.thegateway.org>

*This is a search engine for educational materials on all topics and for all levels.*

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**Making the Connection: Skills and Training for Providers**

<http://www.siecus.org/pubs/cnct/cnct0007.html>

*Sponsored by SIECUS, this site outlines some specific skills that sexuality educators should have, provides links to websites titled “Impact of Contraceptives on Sexuality” and “Taking a Sexual History of a Client.”*

**National Center for Chronic Disease Prevention and Health Promotion**

<http://www.cdc.gov/nccdphp>

*This site offers information and resources on chronic disease prevention and health promotion.*

**National Clearinghouse for Comprehensive School Reform**

NCCSR Publication

<http://www.goodschools.gwu.edu/subscribe1.htm>

*NCCSR collects and disseminates information that builds the capacity of schools to raise the academic achievement of all students.*

**Promoting and Encouraging Parental Involvement in Schools**

<http://www.ed.gov/pubs/PFIE/promote.html>

*Over thirty years of research clearly shows that greater family involvement in children's learning is a critical link to achieving a high-quality education and a safe, disciplined learning environment for every student.*

**Resources for School Health Educators**

<http://www.drugs.indiana.edu/health/k-12.html>

*This site provides resources for health educators.*

**A Teacher's Guide to the U.S. Department of Education**

<http://www.ed.gov/pubs/TeachersGuide/>

*This site features information about the latest Department initiatives, an update on specific programs for schools and teachers, and a list of services and resources—both at the Department's headquarters here in Washington, D.C., and nationwide.*

**Journals:*****American Journal of Health Education***

Published by: American Association for Health Education (AAHE)

To subscribe: call 703-476-3493

*This journal is printed six times a year and is available only by subscription. It is not available online; however, abstracts are available online at*

[http://www.aahperd.org/aahperd/ajhe\\_main.html](http://www.aahperd.org/aahperd/ajhe_main.html)

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***American School Board Journal***

Published by: National School Boards Association

To Subscribe: contact American School Board Journal, c/o ASJB.com at National School Boards Association

*This monthly publication covers topics on school governance and management, student achievement, policy making, and the art of school leadership. Online subscription is available.*

***The Journal of the American Medical Association (JAMA)***

Published by: American Medical Association

To Subscribe: contact Subscriber Services Center, American Medical Association, PO Box 10946, Chicago, IL, 60610 312-670-7827 or 800-262-2350

<http://www.ama-assn.org/special/hiv/hivhome.htm>

*This journal's objective is to promote the science and art of medicine and the betterment of public health. It is published weekly in printed version. It is available online to subscribers.*

***Journal of School Health***

Published by: American School Health Association (ASHA)

To subscribe: visit ASHA website at <http://www.ashaweb.org>

*This journal is published according subject matter and each issue includes articles on the relevant subject. It is not available online.*

***Journal of Teacher Education***

Association of Colleges for Teacher Education (AACTE) in association with the American

Published By: Crowin Press

*This journal contains articles on policy, practice, and research in teacher education that contribute to teacher education as a field of inquiry on the numerous themes characterizing the field include: accreditation, assessment and evaluation, extended programs, teacher education faculty, and student teaching. It is issued five times a year.*

***Our Children***

Published by: National Parent Teachers Association (PTA)

To subscribe: visit the PTA Website [http://www.pta.org/pr\\_our\\_children\\_magazine.html](http://www.pta.org/pr_our_children_magazine.html)

*This magazine is a resource for all those interested in family involvement in education, child welfare and advocacy, and public education. It provides the latest information and research on topics as the link between healthy lifestyles, parent involvement, and arts education and improved student achievement, and creating safe school environments.*

## **Books/Publications/Curriculum:**

### **Can We Talk? Helping Families Talk about Self-Esteem, Sex and Peer Pressure**

By: Dominic Cappello

Published by: National Education Association Health Information Network

Date: 1998, 170 pages. *This four-part series program helps parents of children in grades 4 through 8 enhance their role as sexuality educators of their children. Families talk about self-esteem, puberty, sexuality, mixed messages, and peer pressure. Each class contains content for a one-hour interactive discussion, home activities between parent and child, and videos that focus on communication. The planning and training manual, family activity book and video are included. The Spanish version ¿Conversamos? also is available. The program is available by calling: 800-229-4200; Fax: 301-206-9789; or online at <http://www.canwetalk.org>*

### **Can We Talk? Helping Families Talk about Self-Esteem, Sex and Peer Pressure**

By: Dominic Cappello

Published by: National Education Association Health Information Network

Date: 1998, 170 pages. *This program is designed to help parents talk with middle school children about difficult topics, including puberty and sexuality. There are four two-hour parenting training and several parent teaching activities. The program is available by calling 202-822-7570 or 800-718-8387; by E-mailing: [info@neahin.org](mailto:info@neahin.org); or online at <http://www.neahealthinfo.org/contact.html>.*

### **Collaborative Teaching: Special Education for Inclusive Classrooms**

By: Barrie Price, Phyllis Mayfield, Anna McFadden, and George Marsh

Published by: Parrot Publishing, L.L.C.

Date: 2000-2001. *This publication is available online at <http://www.parrotpublishing.com/>.*

### **Family Involvement in Children's Education: Successful local approaches, an idea book**

By: Janie E. Funkhouser and Miriam R. Gonaes

Published by: U.S. Department of Education

Date: 1997. *This publication is available online at <http://www.ed.gov/pubs/FamInvolve/>.*

### **Guidelines for Comprehensive Sexuality Education: Kindergarten—12<sup>th</sup> Grade Second Edition**

Developed and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1996. *The Guidelines are designed as a framework to assist local communities in designing new curricula or assessing existing programs. They are organized into six concepts that represent the most general knowledge about human sexuality and family living. They include human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The Guidelines contain 36 topics for early childhood (ages 5 through 6); preadolescence (ages 9 to 12); early adolescence (ages 12 to 15), and adolescence (ages 15 to 18). The document may be obtained by calling 212-819-9770 or going online at [www.siecus.org](http://www.siecus.org).*

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### **Guidelines for Health Education and Risk Reduction Activities**

Published by: CDC, National Center for Prevention Services, Division of Sexually Transmitted Diseases/HIV Prevention

Date: April 1995. *This publication is available only online at <http://wonder.cdc.gov/wonder/prevguid/prevguid.shtml>.*

### **Health Is Academic: A Guide to Coordinated School Health Programs**

Edited by: Eva Marx and Susan Frelick Wooley, with Daphne Northrop

Published by: Teachers College Press

Date: 1998, 346 pages. *This publication is available online at <http://store.tcpress.com/0807737135.shtml#364> or by contacting Teacher's College Press at 800-575-6566.*

### **Life Skills Training – A Parent Program**

By: Gilbert J. Botvin

Published by: Life Skills Training

Date: 2002. *The program helps parents strengthen communication with their children and prevent them from using drugs and participating in other risky health practices. This tool is ideal for parenting workshops or individual use at home. The program includes (in English and Spanish) a comprehensive leader guide, workshop guide, video, and tools to help parents prepare their children for a successful transition from adolescence into early adulthood. The program is available from the National Health Promotion Associates by calling 800-293-4969 or 914-421-2525; Faxing: 914-683-6998; Emailing: [LSTinfo@nhpanet.com](mailto:LSTinfo@nhpanet.com); or online at [www.lifeskillstraining.com](http://www.lifeskillstraining.com).*

### **Our Whole Lives (OWL) A Lifespan Sexuality Education Series**

By: Unitarian Universalist Association and United Church Board for Homeland Ministries

Published by: Unitarian Universalist Association

Date: 1997-2007. *This is a comprehensive lifespan sexuality education series involves parents in the sexuality education of their children. The series includes The Parent Guide to Our Whole Lives: Grades K-1, 4-6, 7-9, and 10-12. Each curriculum in the series covers six: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The program is available by calling 800-215-9076; Faxing: 617-723-4805; or online at <http://www.uua.org>*

### **Postponing Sexual Involvement**

By: Marion Howard

Published by: Jane Fonda Center for Adolescent Reproductive Health, Emory University School of Medicine

Date: Implemented 1985, Revised 2006. *These two educational programs help parents understand pressures their children may confront, know ways to talk with their children about “hard to talk about” issues, and reinforce the content and skills the children learn in classes. Each curriculum includes a video (DVD) and manual. The program can be accessed by calling 404712-8730; Faxing 404-712-8739; and online at [www.janefondacenter@emory.edu](http://www.janefondacenter@emory.edu)*

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**Right from the Start: Guidelines for Sexuality Issues** Written and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1995. *This publication is available at SIECUS [www.siecus.org](http://www.siecus.org) or by calling 212-819-9770.*

**Sexuality: Your Sons and Daughters with Intellectual Disabilities**

By: Karin Melberg Schwier and Dave Hingsburger

Published by: Brookes Publishing

Date: 2000, 240 pages. *This book provides information to parents and caregivers on interacting with their children-no matter what their age or ability-in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. Throughout the book, parents share the joys and challenges of raising a child with an intellectual disability as they offer advice and practical strategies. Individuals with disabilities share information about what is important to them. This book can be accessed online at <http://www.brookespublishing.com>*

**Step By Step to Involving Parents in Health Education**

By: David A. Birch

Published by: ETR Associates

Date: 1996, 115 pages. *This book is available at <http://www.etr.org> or at other online sites such as [www.amazon.com](http://www.amazon.com).*

**There's No Place Like Home... For Sex Education**

**No Hay Lugar Como El Hogar... Para La Education Sexual**

By: Mary Gossart and Spanish Translation by Bojana Stefanovska

Published by: Planned Parenthood Health Services of Southwestern Oregon

Date: 2002, 3<sup>rd</sup> edition, 80 pages. *This program can be accessed by online from the Advocates for Youth website: <http://www.advocatesforyouth.org/PUBLICATIONS/noplacelikehome.pdf> or through another site: [http://www.npn.org/uploaded\\_files/nplhage5\\_3.pdf](http://www.npn.org/uploaded_files/nplhage5_3.pdf).*

**Video/DVD Resources:**

***The Children are Watching***

Distributed by: PBS Home Video

Date: 1999

Length: 58 minutes

To purchase: visit [www.pbs.org](http://www.pbs.org)

Description: This video explores how parents – by their example- influence their children's behaviors and life choices. This special follows four families who are raising teenagers, and captures candid often disturbing situations that reveal the direct connection between parents' behaviors and the ways their kids mirror or react to that behavior.

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***The Lost Children of Rockdale County***

Distributed by: PBS Home Video

Date: 1999

Length: 90 minutes

Grades: unknown

To purchase: visit [www.pbs.org](http://www.pbs.org), <http://www.amazon.com/Lost-Children-Rockdale-County/dp/B000EOTEKY>, or <http://shop.wgbh.org/product/show/9727>

Description: The video explores the turbulent psychology of America's suburban teenagers in this provocative film and uncovers a parent's worst fears.

***Raising Healthy Kids: Families Talk about Sexual Health***

Distributed by: Family Health Productions

Date: Unknown

Length: 30 minutes

Grades: parents

To purchase: visit [www.abouthealth.org](http://www.abouthealth.org), <http://www.advocatesforyouth.org/parents/rhk/index.htm>, or call 978-282-9970

Description: This program is offered as a set of two DVDs, including Video #1: For parents of Young Children, and Video #2: For parents of preadolescents and adolescents. It is designed to help parents gain knowledge and comfort in talking with their children about sexual health. The videos include interviews with children, parents, and experts. The set includes two DVDs, two discussion guides, and two tip sheets. The videos and programs also are available individually.

***Straight Talk with Derek McGinty: Kids in Trouble***

Distributed by: PBS Video

Date: 1998

Length: 60 minutes

Grades: unknown

To purchase: call 800-424-7963

Description: This video examines the challenges of parenting troubled teens, how to spot early warning signs, and what families can do to get their children back on track.

**Video Distributors:****Aquarius Health Care Videos**

Olde Medfield Square, 266 Main Street, Suite 33B, Medfield, MA 02052

888-440-2963

<http://www.aquariusproductions.com>

**Direct Cinema**

P.O. Box 10003

Santa Monica, CA. 90410-1003

310-636-8200

[www.directcinema.com](http://www.directcinema.com)

**Educational Video Network**

1339 19<sup>th</sup> Street  
 Huntsville, TX 77340  
 936-295-5767  
<http://www.edvidnet.com>

**Films for the Humanities & Sciences**

P.O. Box 2053  
 Princeton, NJ 08543-2053  
 800-257-5126  
<http://www.films.com>

**INJOY Videos**

Teen Pregnancy & Prevention  
 7107 La Vista Place  
 Longmont, CO 80503  
 800-326-2082 ext. 2  
<http://www.injoyvideos.com>

**Computer-Based Resources:*****Body Awareness Resource Network (BARN)***

Developed and distributed by: Learning Multi-Systems

To purchase: visit <http://www.lmssite.com> or contact Learning Multi-Systems

*This program is a computer-based resource that provides confidential, nonjudgmental health information for adolescents. Topic areas covered include: Alcohol and other drugs, Body management, Human Sexuality, Smoking, Stress management, and Local teen health resources. For more information visit the Wisconsin Alumni Research Foundation website at <http://www.warf.wisc.edu>*

***Youth Risk Behavior Surveillance System***

Developed and distributed by: Centers for Disease Control and Prevention (CDC), Division of Adolescent and School Health

<http://www.cdc.gov/HealthyYouth/yrbs/>

*The Youth Risk Behavior Surveillance System (YRBSS) monitors six categories of priority health-risk behaviors among youth and young adults, including behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases (STDs), including human immunodeficiency virus (HIV) infections; unhealthy dietary behaviors; and physical inactivity. In addition, the YRBSS monitors general health status and the prevalence of overweight and asthma. YRBSS includes a national school-based survey conducted by CDC and state and local school-based surveys conducted by state and local education and health agencies. This report summarizes results from the national survey, 40 state surveys, and 21 local surveys conducted among students in grades 9–12 biennially.*

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

## **Publishing Companies:**

### **Allyn & Bacon**

75 Arlington Street, Suite 300  
 Boston, MA 02116  
 617-848-6000  
 800-666-9433 (orders for 1-10 copies)  
 800-922-0579 (orders for 10 or more copies)  
<http://www.ablongman.com>

### **Longman**

1185 Avenue of the Americas  
 New York, NY 10036  
 212-782-3300

### **The Bureau for At-Risk Youth**

135 Dupont Street  
 P.O. Box 760  
 Plainview, NY 11803  
 800-99-YOUTH  
<http://www.at-risk.com>

### **Channing L. Bete Co., Inc.**

200 State Road  
 South Deerfield, MA 01373-0200  
 800-628-7733  
<http://www.channing-bete.com>

### **Education Publication Center (ED Pubs)**

P.O. Box 1398  
 Jessup, MD 20794-1398  
 877-4-ED-Pubs (Toll free); 877-576-7734 (TTY/TDD Toll free)  
<http://nces.ed.gov/pubs98/fathers/index.html>

### **Family Health Productions**

P.O. Box 1799  
 Gloucester, MA 01931-1799  
 978-282-9970  
<http://www.abouthealth.org>

### **Journeyworks Publishing**

P.O. Box 8466  
 Santa Cruz, CA 95061-8466  
 831-423-8102  
<http://www.journeyworks.com>

### **The Learning Company**

One Athenaeum Street  
 Cambridge, MA 02142  
 800-395-0277 (orders)  
<http://www.thelearningco.com>

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**Learning Multi-Systems**

320 Holtzman Road  
Madison, WI 53713  
800-362-7323  
<http://www.lmssite.com>

**Learnwell Resources, Inc.**

P.O. Box 944  
Camino, CA 95709  
530-644-2123  
<http://www.learnwell.com>

**National Professional Resources, Inc.**

25 South Regent Street  
Port Chester, NY 10573  
800-453-7461  
<http://www.nprinc.com>

**Positive Promotions**

40-01 168<sup>th</sup> Street  
Flushing, NY 11358  
800-635-2666  
<http://www.postivepromotions.com>

**Sage Publications, Inc.**

2455 Teller Road  
Thousand Oaks, CA 91320-2218  
805-499-0721  
<http://www.sagepub.com>

**Sunburst Technology**

101 Castleton Street  
Pleasantville, NY 10570  
914-747 3310  
<http://www.sunburst.com>

**ToucanEd Publications**

1280 17<sup>th</sup> Ave., Suite 102  
Santa Cruz, CA 95062  
831-464-0508; 888-3TOUCAN  
<http://www.toucaned.com>

**United Learning**

1560 Sherman Avenue, Suite 100

Evanston, IL 60201

847-328-6700; 800-323-9084

<http://www.unitedlearning.com>**Resources for Students with Disabilities:****Organizations:****Alliance for Technology Access**

1304 Southpoint Blvd., Suite 240

Petaluma, CA 94954

707-778-3011 voice; 707-778-3015 TTY

<http://www.ataccess.org>**American Foundation for the Blind**

11 Penn Plaza, Suite 300

New York, NY 10001

800-232-5463; 212-502-7600

<http://www.afb.org/>**The Arc**

National Headquarters

1010 Wayne Ave. Suite 650

Silver Spring, MD 20910

301-565-3842; 800-433-5255

<http://www.thearc.org/>**Council for Exceptional Children**

1110 North Glebe Road, Suite 300

Arlington, VA 22201

703-620-3660; 866-915-5000 TTY

<http://www.cec.sped.org>**Department for the Blind and Vision Impaired Library and Resource Center**

397 Azalea Ave.

Richmond, VA 23227

804-371-3661; 800-622-2155

<http://www.vdbvi.org/>

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**Greater Los Angeles Council on Deafness, Inc.**

AIDS Education/Service for the Deaf  
2222 Laverna Avenue  
Los Angeles, CA 90041  
323-478-8000; TTY 323-550-4226  
[www.gladinc.org](http://www.gladinc.org)

**Learning Disabilities Association of America**

4156 Library Road  
Pittsburgh, PA 15234-1349  
412-341-1515  
<http://www.lidaamerica.org/>

**March of Dimes Birth Defects Foundation**

1275 Mamaroneck Avenue  
White Plains, NY 10605  
914-428-7100  
<http://www.modimes.org>

**National Down Syndrome Society**

666 Broadway  
New York, NY 10012  
800-221-4602  
<http://www.ndss.org/>

**National Federation of the Blind**

1800 Johnson Street  
Baltimore, MD 21230  
410-659-9314  
<http://www.nfb.org/nfb/>

**National Information Center for Children and Youth with Disabilities**

Box 1942  
Washington, DC 20013  
800-695-0285 voice/TTY  
<http://www.nichcy.org/>

**National Library Service for the Blind and Physically Handicapped**

Library of Congress  
1271 Taylor Street, NW  
Washington, DC 20011  
888-657-7323; 202-707-5100; 202-707-0744 TDD  
<http://lcweb.loc.gov/nls/>

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**Partnership for People with Disabilities**

Virginia Commonwealth University  
 PO Box 843020  
 Richmond, Virginia 23284  
 804-828-3876  
<http://www.vcu.edu/partnership/index.html>

**Texas School for the Blind and Visually Impaired**

1100 W. 45th Street  
 Austin, TX 78756  
 512-454-8631; 800-872-5273; TDD 512-206-9451  
<http://www.tsbvi.edu/>

**United Cerebral Palsy Associations, Inc.**

1660 L Street, NW, Suite 700  
 Washington, DC 20036  
 202-776-0406; 800-872-5827  
<http://www.ucp.org/>

**Young Adult Institute, National Institute for People with Disabilities**

460 West 34<sup>th</sup> Street  
 New York, NY 10001-2382  
 212-273-6100  
<http://www.yai.org>

**Websites:**

**Alliance for Technology Access Centers (ATAs)**  
<http://www.ataccess.org>

**Learning Disability Association of Virginia**

<http://www.ldanatl.org/va/>

**Parent Training and Information Centers (PTI)**

<http://www.taalliance.org/PTIs.htm>

**Special Needs Links**

<http://www.4teachers.org/profd/spedlinks.shtml>

**WWW.4teachers Equity in Diversity**

<http://www.4teachers.org/profd/equity.shtml>

**Books/Publications:****Assisting Students with Disabilities: What School Counselors Can and Must Do**

By: Julie P. Baumberger and Ruth E. Harper

Published by: Corwin Press

Date: February 1999, 120 pages. *This reference handbook offers counselors tools to provide support and intervention with students with disabilities. The book helps counselors understand and carryout responsibilities for students with disabilities. It describes the comprehensive assessment model called TREAT; federal guidelines; and strategies for identifying and carrying out goals and working with families of students with disabilities. The book may be obtained by calling; 805-499-9774 and going online to <http://www.amazon.ca/Assisting-Students-Disabilities-School-Counselors/dp/0803966482>*

**Health, Growth, and Development**

Written and published by: Program Development Associates

Date: 2007, 145 pages. *This is a comprehensive health curriculum for students in grades 5-12 who read at a second grade level or below. The text is adapted with Boardmaker® symbols and simplified language so struggling readers can understand the content. It incorporates full-color illustrations, on laminated, reusable pages. This is designed for one-on-one, small group, or full class instruction. The curriculum includes eleven lessons on personal hygiene, how the body changes during puberty, wellness, physiology, sexuality, and good touch/bad touch. Feature quizzes in multiple formats are embedded throughout each lesson. This curriculum may be obtained online at <http://www.disabilitytraining.com/hgdb.html>.*

**Learn about Life: Sexuality and Social Skills**

Written and published by: Program Development Associates

Date: 1996, 94 pages. *This book set is designed for students in grade 7 or above that read at a second grade level or below. The curriculum provides information on social skills and sexuality topics, such as: puberty, dating, pregnancy, and STDs prevention. The program is based on six durable, laminated picture booklets: Your Body, My Body, Having a Baby, Being a Woman, Being a Man, Be Smart, Be Safe and Relationships. It also has cover-up stickers to edit pictures discreetly and a resource file with an instructor's guide featuring teaching suggestions, objectives and lesson plans. The publication may be obtained online at <http://www.disabilitytraining.com/lals.html>.*

**PossAbilities**

By: Rebecca Koller and Winifred Kempton

Published by: Program Development Associates

Date: 2007, 82-page student manual, 138-page instructor's manual, and PowerPoint presentation manual. *This curriculum is designed to help students with disability understand and embrace their sexuality by learning how to make and accept responsibility for making personal choices. The lessons provide step-by-step guidance for examining relationship and self-esteem issues, including: self-image, emotions, values, and attitudes; relationships, sexuality, health, safety and positive adult behavior. The curriculum may be obtained online at <http://www.disabilitytraining.com/posp.html>.*

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**Sex Education of Parents with Children of Autism**

By: Mark Steegle and Shannon Peck

Published by: Program Development Associates

Date: 2006, 133 pages. *This manual provides parents with information on sex education and social skills training. It explores ways to help parents who may feel uncomfortable talking about sexual topics with tools to help their children understand sexuality, boundaries, safety issues, and appropriate behavior. This book may be obtained online at <http://www.disabilitytraining.com/sexb.html>.*

**Sexuality: Your Sons and Daughters with Intellectual Disabilities**

By: Karin Melberg Schwier and Dave Hingsburger

Published by: Paul H. Brookes Publishing

Date: 2000, 223 pages. *This book provides information to parents and caregivers on interacting with their children—no matter what their age or ability—in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. This book may be obtained by going online at <http://www.brookespublishing.com>.*

**Videos:*****A Fair Chance***

Distributed by: Program Development Associates

Date: 2000

Length: 53 minutes

To purchase: visit <http://www.disabilitytraining.com/afcd.html>

Description: This video takes viewers inside the homes and lives of six parents who have various types of developmental disabilities. It helps to explain how each succeeds and factors that contribute to the non-success. Also, university professors, social workers and parenting educators offer frank discussion about the prejudices parents with development disabilities face, effective support services, and the lack of standardized services.

***All of Us: Talking Together: Sex Education for people with Developmental Disabilities***

Distributed by: Aquarius Health Care Videos

Date: 1999

Length: 38 minutes

To purchase: visit [www.aquariusproductions.org](http://www.aquariusproductions.org)

Description: This video is designed for parents, caregivers and young people to watch together. Talking Together addresses the critical need for sex education for developmentally disabled young people by providing step-by-step information and direction. Real life parents, their developmentally delayed young adult sons and daughters, and educators demonstrate practical models to empower parents and caregivers to arm our young people with life saving knowledge and strategies. A detailed sex education segment includes: reproductive anatomy, pregnancy, contraception, and disease prevention. The mysterious, often elusive world of social skills is considered along with the desire for friendship, companionship, romance and relationships. Public/private behavior is also covered.

***I Am a Beautiful Person--Sexuality and Me: A Video for Parents and Teens with Disabilities***

Distributed by: Pacer Center, Inc.

Date: 1996

Length: 13 minutes

To purchase, contact: Wisconsin FACETS, at 414-374-4645, 877-374-4677, TDD: 414-374-4635, fax: 414-374-4655; or <http://www.wifacets.org/videos/beautiful.html>.

Description: This video highlights teens and young adults with disabilities discussing sexuality issues--closed captioned.

***Person to Person: Sexuality Issues Related to Developmental Disabilities***

Written by: Mary Ann Carmody

Distributed by: Program Development Associates

Date: 1991

Length: 52-minutes

To purchase the DVD/video, visit <http://www.disabilitytraining.com/ptpd.html>

Description: The video and discussion guide can help open communication about sexuality to parents, professionals, and persons with developmental disabilities. The program tackles a variety of topics, such as: menstruation, abuse, assertion, safety behavior, marriage, and AIDS.

***Safe and Strong II: Sexual Assault Victim/Witness: What to Do/What to Expect***

Distributed by: Program Development Associates

Date: 2003

Length: 37 minutes

To purchase: visit <http://www.disabilitytraining.com/ssd2.html>

Description: This video is designed to help individuals who have been sexually assaulted "breakout of the cycle of sexual assault." It walks through the process of reporting an assault from the initial shock of the act, turmoil of reporting it, the law enforcement and medical forensic interview, to meeting with a victim/witness advocate and going to trial.

**Hotlines:**

CDC National Prevention Information Network: 800-458-5231

CDC National Sexually Transmitted Disease (STD) Hotline: 800-227-8922

National AIDS Hotline: 800-342-2437 (24hours/day); 800-243-7889 (TTY/TDD)

Office of Minority Health Resource Center: 800-444-6472

Virginia HIV/STD & Viral Hepatitis Hotline: 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)

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