

# Reducing Risky Behavior

## Appendix E

### Resources List

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Reviewed by HIV/STDS Resources Review Panel 4-20-07

Edited by Virginia Comprehensive Health Education Training and Resource Center

# Reducing Risky Behavior

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## **Organizations/Agencies:**

\* indicates organization offers printed materials such as booklets and/or pamphlets  
 {V} indicates organization offers videos/DVDs

### **Advocates for Youth\* {V}**

1025 Vermont Ave, NW, Suite 200  
 Washington, DC 20005  
 202-347-5700  
<http://www.advocatesforyouth.org>

### **American Association for Health Education (AAHE)\***

1900 Association Drive  
 Reston, VA 220191  
 703-476-3437  
[http://www.aahperd.org/aahe/aahe\\_main.html](http://www.aahperd.org/aahe/aahe_main.html)

### **American Association of Colleges for Teacher Education (AACTE)\***

1307 New York Ave., N.W., Suite 300  
 Washington, DC 20005-4701  
 202-293-2450  
<http://www.aacte.org>

### **American Public Health Association (APHA)**

800 I Street, NW  
 Washington, DC 20001  
 202-777-APHA  
<http://www.apha.org>

### **American Red Cross: Health and Safety Services (Richmond Office)\***

420 East Cary Street  
 Richmond, VA 23219  
 804-780-2284  
[www.redcross.org](http://www.redcross.org)

### **American School Health Association (ASHA)\* {V}**

7263 State Route 43  
 PO Box 708  
 Kent, OH 44240  
 330-678-1601  
 800-445-2742  
<http://www.ashaweb.org/>

**Body Health Resources Corporation**

The Body: An AIDS and HIV Information Resource

250 West 57<sup>th</sup> Street

New York, NY 10019

212-541-8500

<http://www.thebody.com/>

**CDC Division of HIV/AIDS Prevention Site Index\* {V}**

1600 Clifton Road

Atlanta, GA 30333

404-639-3311; 800-311-3435

[http://www.cdc.gov/nchstp/hiv\\_aids/index.htm](http://www.cdc.gov/nchstp/hiv_aids/index.htm)

**CDC National Information Network\* {V}**

P.O. Box 6003

Rockville, MD. 20849

800-458-5231

[www.cdcnpin.org](http://www.cdcnpin.org)

**Centers for Disease Control (CDC) Adolescent and School Health Division\***

4770 Buford Highway, NE, K29

Atlanta, GA, 30341

770-488-6100

<http://www.cdc.gov/nccdphp/dash/>

**Center for HIV Intervention and Prevention (CHIP)\* {V}**

University of Connecticut

Department of Psychology

406 Babbidge Road, U-20

Storrs, CT 06269-1020

860-486-5917

<http://psychlops.psy.uconn.edu/CHIP/>

**Center for Youth Issues, Inc. (CYI)\***

Also hosts Students Taking a Right Stand (STARS)

P.O. Box 22185

Chattanooga, TN 37422

800-477-8277

<http://www.cyi-stars.org>

**Comprehensive Health Education Foundation (CHEF)**

22419 Pacific Highway South

Seattle, WA 98198

800-323-2433

<http://www.chef.org>

**Developmental Studies Center\* {V}**

2000 Embarcadero, Suite 305  
Oakland, CA 94606-5300  
800-666-7270; 510-533-0213  
<http://www.devstu.org>

**Education Development Center (EDC)**

55 Chapel Street  
Newton, MA 02158-1060  
617-969-7100  
<http://www.edc.org>

**Environmental and Occupational Health Sciences Institute**

Public Education and Risk Communication Division  
170 Frelinghuysen Road  
Piscataway, NJ 08854  
732-445-0200  
<http://www.eohsi.rutgers.edu/divisions/perc.html>

**ETR Associates: Education Training R0esearch\* {V}**

P.O. Box 1830  
Santa Cruz, CA 95061-1830  
831-438-4060  
<http://www.etr.org>

**Hazelden Foundation: Alcoholism and Drug Addiction Treatment Center\***

P.O. Box 11 CO3  
Center City, MN 55012  
800-257-7810  
<http://www.hazelden.org>

**HIV/AIDS Center of Virginia Commonwealth University**

Box 980147  
Richmond, VA 23298  
804-828-2210; 800-525-7605  
<http://views.vcu.edu/hiv/vcuhipcenter>

**Jane Fonda Center for Adolescent Reproductive Health**

1256 Briarcliff Road, N.E.,  
Emory West, Bldg A, 1st Floor  
Atlanta, GA 30306  
404-712-8730  
[http://www.gynob.emory.edu/jfc\\_prog\\_teenservices.cfm](http://www.gynob.emory.edu/jfc_prog_teenservices.cfm)

**The Kids on the Block, Inc. \***

9385-C Gerwig Lane  
 Columbia, Maryland 21046  
 410-290-9095; 800-368-KIDS  
<http://www.kotb.com>

**KIDS COUNT, a project of the Annie E. Casey Foundation \***

701 St. Paul St.  
 Baltimore, MD 21202  
 410-547-6600  
<http://www.aecf.org/kidscount/index.htm>

**Medical College of Wisconsin**

8701 Watertown Plank Road  
 Milwaukee, WI 53226  
 414-456-8296  
<http://www.mcw.edu>

**National Association of State Boards of Education (NASBE)**

277 South Washington Street, Suite 100  
 Alexandria, VA 22314  
 703-684-4000  
<http://www.nasbe.org>

**National Center for Health Education (NCHE)**

72 Spring Street, Suite 208  
 New York, NY 10012  
 212-334-9470  
<http://www.nche.org>

**National Education Association (NEA)**

1201 16<sup>th</sup> Street, N. W.  
 Washington, DC 20036  
 202-833-4000  
<http://www.nea.org>

**National Education Association Health Information Network (NEA HIN)**

1201 16<sup>th</sup> Street, NW Suite 521  
 Washington, DC 20036  
 202-822-7570  
<http://www.neahin.org>

**National Professional Resources, Inc.\* {V}**

25 South Regent Street  
 Port Chester, NY 10573  
 800-453-7461  
[www.nprinc.com](http://www.nprinc.com)

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

**National School Boards Association (NSBA)**

1680 Duke Street  
 Alexandria, VA 22314  
 703-838-6722  
<http://www.nsba.org>

**National Youth Advocacy Coalition**

1638 R Street, NW, Suite 300  
 Washington, DC 20009  
 202-319-7596; 800-541-NYAC  
<http://www.nyacyouth.org>

**Search Institute\***

700 South Third Street, Suite 210  
 Minneapolis, MN 55415  
 612-376-8955; 800-888-7828  
<http://www.search-institute.org>

**Sexuality Information and Education Council of the United States (SIECUS)**

130 West 42<sup>nd</sup> Street, Suite 350  
 New York, NY 10036-7802  
 212-819-9770  
<http://www.siecus.org/>

**Sunburst\* {V}**

101 Castleton Street  
 Pleasantville, NY 10570  
 800-431-1934  
[www.sunburst.com](http://www.sunburst.com)

**Virginia Department of Health, Division of Disease Prevention**

109 Governor Street, Suite 516  
 Richmond, VA 23219-2448  
 804-864 – 8141; 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)  
<http://www.vdh.virginia.gov/epidemiology/DiseasePrevention/index.htm>

**Websites:****AIDS Resource Center of Wisconsin**

<http://www.arcw.org>

*This site provides HIV prevention, training, education, services, and advocacy through nine offices in Wisconsin.*

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**CDC's Division of HIV/AIDS Prevention**

<http://www.cdc.gov/hiv/dhap.htm>

*This site offers new updates, facts and information, and publications on HIV/AIDS.*

**Dr. Greene's HouseCalls**

<http://www.drgreene.com/>

*This site provides advice on a variety of children's health issues.*

**Effective Teaching Strategies**

<http://www.ncrel.org/sdrs/areas/issues/envrnmnt/drugfree/sa3effec.htm>

*Sponsored by The Western Center for Drug-Free Schools and Communities and the Northwest Regional Educational Laboratory, this site describes activities such as role playing, Socratic instruction, and small group work as effective teaching strategies for curriculum infusion.*

**The Federal Resources for Educational Excellence (FREE)**

<http://www.ed.gov/free>

*This site offers resource information on various education topics.*

**The Gateway to Educational Materials (GEM)**

<http://www.thegateway.org>

*This is a search engine for educational materials on all topics and for all levels.*

**HIVdent**

<http://www.hivdent.org/>

*This site is sponsored by a coalition of concerned health care professionals that work within the HIV/AIDS field; it provides extensive web-based information.*

**The HIV/AIDS Information Index**

<http://www.arenas.com/hiv/>

*This site provides a directory of HIV/AIDS resources found on the World Wide Web.*

**HIV Insite**

<http://hivinsite.ucsf.edu/>

*This site provides comprehensive, up-to-date information on HIV/AIDS treatment, prevention, and policy from the University of California San Francisco.*

**HIV/AIDS Resources for Virginia**

<http://views.vcu.edu/views/hiv>

*This site provides information about resources, education/training, center services, advocacy, and research on HIV/AIDS.*

**HIV Prevention Strategies for the 21<sup>st</sup> Century**

<http://www.managingdesire.org/CounselorResourcesIndex.html>

*This site provides information on training, advice, research, related to HIV/AIDS.*

### **The National Network of STD/HIV Prevention Training Center**

<http://www.STDPTC.uc.edu>

*This site offers information about regional training centers and STD/HIV resources.*

### **A Teacher's Guide to the U.S. Department of Education**

<http://www.ed.gov/pubs/TeachersGuide/>

*This site features information about the latest Department initiatives, an update on specific programs for schools and teachers, and a list of services and resources—both at the Department's headquarters in Washington, D.C. and nationwide.*

### **Teachers Helping Teachers**

<http://www.pacificnet.net/~mandel/>

*This site offers lesson plans and other educational materials for teachers.*

### **www.4teachers**

<http://www.4teachers.org/>

*This site provides information for all teachers on topics such as integrating technology and professional development.*

## **Journals:**

### ***American Journal of Health Education***

Published by: American Association for Health Education (AAHE)

To subscribe: call 703-476-3493

*This journal is printed six times a year, is available only by subscription, and is not available online. There are abstracts available online at*

[http://www.aahperd.org/aahe/template.cfm?template=ajhe\\_main.html](http://www.aahperd.org/aahe/template.cfm?template=ajhe_main.html).

### ***American School Board Journal***

Published by: National School Boards Association

To Subscribe: contact American School Board Journal, c/o ASJB.com at address for National School Boards Association or online at <http://www.asbj.com>

*This monthly publication covers topics on school governance and management, student achievement, policy making, and the art of school leadership. Online subscriptions are available.*

### ***Health Education and Behavior***

Published by: Sage Publications in association with Society for Public Health Education (SOPHE)

To subscribe: contact Sage Publications or visit <http://www.sophe.org>

*This bimonthly journal is available only by subscription. It is devoted to the practical application of health promotion and education.*

***Journal of Adolescent Research***

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

*This quarterly journal is an interdisciplinary, peer-reviewed publication focused on the study of high school and college/work-age youth.*

***The Journal of the American Medical Association (JAMA)***

Published by: American Medical Association

To Subscribe: contact Subscriber Services Center, American Medical Association, PO Box 10946, Chicago, IL, 60610; 312-670-7827 or 800-262-2350; <http://pubs.ama-assn.org/>

*This journal's objective is to promote the science and art of medicine and the betterment of public health. It is published weekly; is available in printed version; and is available online to subscribers.*

***Journal of Early Adolescence***

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

*This quarterly journal provides a premier forum for research that includes adolescents 10 through 15 years of age.*

***Journal of School Health***

Published by: American School Health Association (ASHA)

To order: visit ASHA website at <http://www.ashaweb.org>

*The journal is published according subject matter. Each issue includes articles on the relevant subject. It is not available online. This journal is published ten times a year--except for June and July.*

***Journal of Teacher Education***

Published By: Corwin Press in association with the American Association of Colleges for Teacher Education (AACTE)

*The journal contains articles on policy, practice, and research in teacher education that contribute to teacher education as a field of inquiry on the numerous themes characterizing the field include: accreditation, assessment and evaluation, extended programs, teacher education faculty, student teaching, and others. It is issued five times a year.*

**Books/Publications/Curriculum:****America's Youth: Measuring the Risk, 4<sup>th</sup> Edition**

By: The Institute for Youth Development

Date: March 2002; 160+ pages. *This data book contains statistics and reference charts on youth characteristics and attitudes; alcohol, drug, and tobacco use; participation in sexual activity and violence; interconnections between risk behaviors; and risk prevention. This publication may be obtained by going online at <http://www.youthdevelopment.org/publications.htm>.*

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**Becoming a Responsible Teen (BART): An HIV Risk-Reduction Intervention for Adolescents**

By: Janet S. St. Lawrence

Published by: ETR Associates

Date: 1997. *Initially pilot tested among African-American adolescents, this curriculum consists of eight skills-based lessons targeted to students in grades nine through 12. Topics include: condom use, refusal skills, and partner negotiation. This curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

**“Behavior Change Models for Reducing HIV/STD Risk”**

Written and published by: Rural Center for AIDS/STD Prevention (RCAP), Indiana University

Type of publication: Fact Sheets

*RCAP provides free, updated fact sheets on HIV infection, AIDS, STD prevention and related topics. Check the website often for new materials at <http://www.indiana.edu/~aids/index.html>.*

**Be Proud! Be Responsible! Strategies to Empower Youth to Reduce Their Risk for AIDS**

By: Loretta Sweet Jemmott, John B. Jemmott III, and Konstance A. McCaffree

Published by: Select Media, Inc.

Date: 1996. *This six-session curriculum is targeted to young people 13 to 18 years old. The skills-based lessons focus on participants’ needs to adopt responsible and safer sexual behaviors to prevent the sexual transmission of HIV. It includes a video. This curriculum may be obtained by calling 800-707-6334 or 845-774-7335 or by going online at <http://www.selectmedia.org/>.*

**Bodies, Birth, and Babies: Sexuality Education in Early Childhood Programs**

By: Peggy Brick and others

Published by: Planned Parenthood of Greater Northern New Jersey

*This manual is designed to help educators in early childhood programs focus on sexual issues in ways that promote age-appropriate learning. It also includes sample lesson plans and information for teachers and parents. This curriculum may be obtained by calling 973-539-9580 x120 or going online at <http://www.ppgnnj.org/manuals.htm>.*

**Can We Talk? Helping Families Talk about Self-Esteem, Sex and Peer Pressure**

Developed and Published by: National Education Association Health Information Network

Date: 1998. *This program helps parents of children in grades 4 through 8 enhance their role as sexuality educators of their children. It helps families talk about self-esteem, puberty, sexuality, mixed messages, and peer pressure. The Spanish version ¿Conversamos? also is available. The curriculum may be obtained by calling 800-229-4200 or by going online at <http://www.canwetalk.org>.*

**Family Life Education Curriculum Guidelines, Second Edition**

By: David J. Bredehoft

Published by: National Council on Family Relations

Date: 1995. *This publication is designed to assist family life educators. It offers guidelines for developing or assessing family life education programs. This curriculum may be obtained at 888-781-9331 or by going online at <http://www.ncfr.com>.*

### **Family Life Education: Integrating Theory and Practice**

Developed and Published by: National Council on Family Relations

Date: 2003. *This supplemental resource contains information on leadership and community involvement, assessment and evaluation in family life education, professional program development, and diversity in family life education. Section one focuses on “Current Themes in Family Life Education.” Section two, “Family Life Content Areas,” integrates the original Curriculum Guidelines and Life Span Framework into ten specific articles. Section three includes “Family Life Education Teaching and Practice Resources.” This curriculum may be obtained by calling 888-781-9331 or going online at <http://www.ncfr.com>.*

### **F.L.A.S.H.: Family Life and Sexual Health Grades 5-6, 7-8, 9-10, And 11-12**

By: Elizabeth Reis, M.A.

#### **Special Education for Grades 7-12**

By: Jane Stangle, M.Ed.

Published by: Seattle and King County Department of Public Health Department

Date: 2006. *This revised evidence-based curriculum is a five-part comprehensive sexuality education program that covers grades 4-6 (19 lessons), 7-8 (24 lessons), 9-10 (30 lessons), 11-12 (19 lessons), and secondary special education (28 lessons). It addresses issues such as physical development, promotion of sexual health, prevention of disease, affection, interpersonal relationships, body image, and gender roles. It embraces an abstinence-based approach, as well as information related to the prevention of pregnancy, HIV and other sexually transmitted diseases. It rests on a foundation of positive and healthy sexuality across the life span and values family involvement. The curriculum may be obtained by calling 800-325-6165 ext 64902 or by going online at <http://www.metrokc.gov/health/famplan/flash/index.htm>.*

### **Filling the Gaps: Hard-to-Teach Topics in Sexuality Education**

Developed by and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1998. *This teacher's manual covers eight topics—abstinence; condom use; diversity; pregnancy options; safer sex; sexual behavior; sexual identity and orientation; and sexuality and society—that are often missing or need strengthening in many sexuality education programs. It provides background for teachers, rationale for teaching each topic, teaching activities, and resources. It is designed to supplement an existing curriculum. This document may be obtained by calling 212-819-9770 or going online at [http://www.siecus.org/pubs/filling\\_the\\_gaps.pdf](http://www.siecus.org/pubs/filling_the_gaps.pdf).*

### **Focus on Kids (Gr. 5-10) Adolescent HIV Risk Prevention**

Published by: ETR Associates

*This evidence-based, highly interactive curriculum includes a teacher's guide and a CD with all teacher and student masters. It includes games, role plays, discussion, and community projects. The curriculum focuses on good decision-making, strengthening communication skills, developing refusal skills, and understanding when and how to use advocacy skills. This curriculum may be obtained by calling 800-321-4407 or going online at <http://www.etr.org>.*

### **Get Real About AIDS, Second Edition Grades 4-6, 6-9, and 9-12**

Developed by: Comprehensive Health Education Foundation (C.H.E.F.)

Published by: United Learning

*The evidence-based are detailed and fact based with age-appropriate messages for grades. Their primary purpose is to reduce the risk of HIV transmission. The curriculum may be obtained by calling 800-323-9084 or going online at [www.unitedlearning.com](http://www.unitedlearning.com).*

### **Growing Healthy®**

Developed and Published by: National Center for Health Education

*The basic framework for this K-6 skills-based, evidence-based curriculum was first developed in the 1960s and is used through the U.S., Puerto Rico, and Canada. The skills are taught in the content areas of mental and emotional health, family life and health, growth and development, nutrition, personal health, substance use and abuse, disease control and prevention, safety and first aid, consumer health, community and environmental health management. The curriculum may be obtained by calling 212-463-4053 or going online at [www.nche.org](http://www.nche.org).*

### **Growing Together, Second Edition: A Sexuality Education Program for Girls Ages 9-11 and Their Parents**

Developed and Published by: Girls Incorporation

Date: 1998. *This document is a component of Girls Incorporated's "Preventing Adolescent Pregnancy" program. It is a series of five workshops designed to help parents and their daughters talk about sexuality issues: puberty; adolescent sexual development; and values and expectations for teen sexual behavior. A Spanish version is available. This publication can be obtained by calling 317-634-7546 or going online at <http://www.girlsinc.org>.*

### **Guide to Implementing TAP (Teens for AIDS Prevention): A Peer Education Program to Prevent HIV and STI**

Developed and Published by: Advocates for Youth

Date: 2002. *The document is a step by step guide to implementing an HIV/STI prevention peer education program in the school system, faith community, AIDS service organization, and/or community-based organization. The program may be obtained by calling 202-347-5700 or going online and downloading the document in PDF format at <http://www.advocatesforyouth.org/publications/tap.htm>.*

### **Guidelines for Comprehensive Sexuality Education: Kindergarten—12<sup>th</sup> Grade Third Edition**

Developed and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 2004. *The Guidelines are designed as a framework to assist local communities in designing new curricula or assessing existing programs. They are organized into six concepts that represent the most general knowledge about human sexuality and family living. They include human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The Guidelines contain 36 topics for early childhood (ages 5 through 6); preadolescence (ages 9 to 12); early adolescence (ages 12 to 15), and adolescence (ages 15 to 18). The document may be obtained by calling 212-819-9770 or going online at [www.siecus.org](http://www.siecus.org).*

**Making Proud Choices!**

By: Loretta Sweet Jemmott, John Jemmott III, and Konstance McCaffree

Published by: Select Media, Inc.

*This curriculum consists of eight modules aimed at providing young adolescents with the knowledge, confidence and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. It is based on cognitive-behavioral theories. This curriculum may be obtained by calling 800-707-6334 or 845-774-7335 or going online at <http://www.selectmedia.org/>.*

**Mind It! a Mental and Emotional Health Curriculum for Grades 6-8**

National Center for Health Education (NCHE)

*This mental and emotional health curriculum is geared toward middle school students and consists of 35-40 lessons for each grade level. The program can stand on its own or be used as a supplement to NCHE's Growing Healthy® or to complement other academic curricula. The program is modeled after Social and Emotional Learning (SEL) standards: self direction and regulation, self-esteem and self-image, personal safety and safe behavior, social and working relationships, responsibility and integrity, mental wellness, and mental illness. The curriculum may be obtained by calling 212-463-4053 or going online at [www.nche.org](http://www.nche.org).*

**Our Sexuality (10<sup>th</sup> Edition)**

By: Robert L. Crooks and Karla Baur

Published by: Wadsworth Publishing Company

Date: 2007, 640pages. *This updated, comprehensive college textbook builds on the success of the previous nine editions. Through the direct and non-judgmental experiences, the authors refined their focus on strengthening healthy communication among partners, understanding sexual health, maintaining a responsible and healthy sexual relationship, aiming greater attention to diversity and inclusiveness, and improving the content on all major topics. The book may be obtained by going online at [http://www.bestwebbuys.com/Psychology-Human\\_Sexuality-books.html](http://www.bestwebbuys.com/Psychology-Human_Sexuality-books.html) or at <http://www.amazon.com/>.*

**Our Whole Lives (OWL) A Lifespan Sexuality Education Series**

By: Eva S. Goldfarb and Elizabeth M. Casparian

Published by: Unitarian Universalist Association

Date: 2000. *This is a comprehensive lifespan sexuality education series developed jointly by the Unitarian Universalist Association and the United Church Board for Homeland Ministries. It involves parents in the sexuality education of their children. The series includes "The Parent Guide to Our Whole Lives: Grades K-1 and 4-6." Each curriculum covers the six concepts outlined in SIECUS' Guidelines for Comprehensive Sexuality Education Kindergarten—12th Grade: human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The curriculum may be obtained by calling 800-215-9076 or by going online at <http://www.uua.org>.*

**Postponing Sexual Involvement**

By: Marion Howard and Marie E. Mitchell

Published by: Jane Fonda Center for Adolescent Reproductive Health, Emory University School of Medicine

*This program consists of three skills-based curricula for students—Postponing Sexual Involvement for Pre Teens (10 to 12 years old), for Young Teens (12 to 14 years), and for Teens (15 to 17 years). Educational programs for parents also are available. This curriculum may be obtained by calling 404-712-8730 or going online at [www.janefondacenter@emory.edu](mailto:www.janefondacenter@emory.edu).*

### **POWER Moves: A Situational Approach to HIV Prevention for High-Risk Youth**

By: Pam Petersen Buckingham, Mary A. Doyen, and Deborah S. Main

Published by: Rocky Mountain Center for Health Promotion and Education

Date: 1995. *This HIV-prevention curriculum was developed for adolescents who do not participate in traditional secondary school settings but regularly attend organized treatment or alternative education environments. It is designed to decrease the percentage of youth currently engaging in high-risk sexual and drug behaviors. Students are asked to set their personal limits and are taught negotiation and communication skills to keep those limits in difficult situations. The curriculum may be obtained by calling 303-239-6494 or going online at <http://www.rmc.org>.*

### **Pregnant Bodies, Fertile Minds: Gender, Race, and the Schooling of Pregnant Teens**

By: Wendy Luttrell

Published by: Taylor & Francis Books, Inc.

Date: 2003. *The book focuses on fifty girls enrolled in a model public school program for pregnant teens. The author explores how pregnant girls experience society's view of them, considers how these girls view themselves and the choices they've made, how schools react to pregnant teens, and what schools are doing to help these vulnerable young women to achieve their education. The publication may be obtained by calling 800-634-7064 or going online at <http://www.routledge-ny.com/>.*

### **Safer Choices**

By: University of Texas at Houston and ETR Associates

*This curriculum was developed to create environments at school, in the community, and at home that support students' decisions to abstain from intercourse or to protect themselves from HIV infection and other STDs if they do decide to have intercourse. The curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

### **Sexuality Education within Comprehensive School Health Education**

Written and Published by: American School Health Association (ASHA)

Date: 2003, 120 pages. *Part one of this updated edition provides suggested concepts and content for sexuality education: steps for implementation, evaluation for sexuality education; effective communication; and controversy regarding sexuality education. Part two offers information about students' characteristics, general teaching suggestions, suggested concepts and content, sample activities, possible responses to student question and resources appropriate for specific grade levels (preschool to grade 12). The content for each grade level of the curriculum includes biological, psychological and sociological considerations. This publication may be obtained by calling 330-678-1601 or going online at <http://www.ashaweb.org>.*

### **Streetwise to Sex-Wise: Sexuality Education for High-Risk Youth, Second Edition**

By: Steve Brown, Bill Taverner

Published by: Planned Parenthood of Greater Northern New Jersey

Date: 1993. *This manual is intended as a supplement to a sexuality education curriculum and focuses on issues of particular concern to high-risk teens. Topics include: communication and decision-making skills, developing attitudes and values, contraception, STDs, sexual orientation, and sexual abuse. It consists of 10 lessons for young teenagers nine to 13 years old and 12 lessons for older teenagers 14 to 19 years old. All lessons are simple, concrete and actively involve group members in the learning process. The text may be obtained from the Planned Parenthood of Greater Northern New Jersey by calling: 973-539-9580 x120 or online at <http://www.ppgnnj.org/ordfm.htm>.*

### **Universal Teaching Strategies, 4<sup>th</sup> Edition**

By: H. Jerome Freiberg and Amy Driscoll

Published by: Allyn & Bacon

Date: 2005, 528 pages. *This book, aimed at pre-service and in-service education, presents teaching from three specific actions, Organizing, Instructing, and Assessing, and is divided into three sections which reflect each of these teaching actions. The strategies presented in each section are universal in nature; they cut across grade levels, subject areas, and teaching situations. The book emphasizes Context, Content, and Learner as essential elements in the decision-making process. This book bridges the gap between theory, research, and practice with clear and effective writing, and a framework that combines the context, content, and learner with what teachers need in the real world. For individual orders, the book may be best obtained through an online book store such as <http://www.amazon.com>.*

### **Will Power/Won't Power, Second Edition: A Sexuality Education Program for Girls Ages 12-14**

Developed and Published by: Girls Incorporated

Date: 1998. This curriculum consists of 45 lessons and five supplemental lessons on sexual development and seven supplemental lessons on contraception. They are designed to help girls learn how to say no to intercourse by recognizing, exploring, and practicing attitudes and skills to deal with health and sexuality issues. Topics include reproductive health and sexuality, assertiveness, identifying and resisting sexual pressures, values, abstinence, and STD prevention. *This curriculum may be obtained by calling 317-634-7546 or by going online at <http://www.girlsinc.org>.*

### **The Wise Guys: Male Responsibility Curriculum**

Developed and Published by: Wise Guys

Date: 2005, 250 pages. *This curriculum is designed to prevent adolescent pregnancy by reaching adolescent males. The curriculum leads the facilitator in communicating accurately and openly with adolescent males about issues concerning self, values, future goals, and sexuality. The curriculum may be obtained by calling 336-333-8890 or going online at <http://www.wiseguysnc.org/curriculum.htm>.*

## **Video/DVD Resources:**

### **Specific Videos:**

#### ***Emotional Choices: Not Just a Body***

Distributed by: United Learning

Date: 1998

Length: 19 minutes

Grades: 8-12

To purchase: visit [www.unitedlearning.com](http://www.unitedlearning.com)

Description: An insightful group of teens examine the emotional impact of becoming sexually active, and of behaviors such as the use of alcohol, which can put teens at risk. The video program includes a Leader's Guide and Blackline Masters, both available in PDF format.

#### ***In Our Own Words: Teens and AIDS***

Distributed by: Family Health Productions

Date: 1995

Length: 20 minutes

Grades: 6 and up, parents, and caregivers

To purchase: visit <http://www.about.com/health/>

Description: Profiles five young people infected with HIV as teens through unprotected sexual intercourse. They address denial, living with HIV, alcohol, and its potential link to risky behavior, postponing sexual activity, condom use, and the importance of making healthy decisions. It is available in Spanish and it also includes a discussion guide.

#### ***Fathers Too Soon***

Distributed by: National Campaign to Prevent Teen and Unwanted Pregnancy

Date: 2000

Length: 15 minutes

Grades: teen, young adults, parents, community workers

To purchase: visit <https://www.teenpregnancy.org/store/listTopic.asp>

Description: This video provides a first-hand look at how a teen pregnancy impacts the lives of male teens, their children, and families. The discussion guide helps program leaders, teachers, parents, and young people explore in greater depth the issues raised in the video.

#### ***Jessica's Story***

Distributed by: National Campaign to Prevent Teen and Unwanted Pregnancy

Length: 10 minutes

Grades: teen, young adults

To purchase: visit <https://www.teenpregnancy.org/store/listTopic.asp>

Description: This video produced by in collaboration with ABC Daytime is a compilation of scenes from a major story line on "One Life to Live," one of ABC's most popular daytime dramas. The show examined the many ways that teen pregnancy affected the life of Jessica Buchanan (a character on the show who became pregnant at age 18), her parents, her boyfriend, and others in her life. A discussion guide is included to offer educators and parent's ideas for further discussion and exploration of the key messages in the video.

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

***Mothers Too Soon***

Distributed by: National Campaign to Prevent Teen and Unwanted Pregnancy

Date: 2000

Length: 15 minutes

Grades: teen, young adults, parents, community workers

To purchase: visit <https://www.teenpregnancy.org/store/listTopic.asp>

Description: This video provides a first-hand look at how a teen pregnancy impacts the lives of female teens, their children, and families. The discussion guide helps program leaders, teachers, parents, and young people explore in greater depth the issues raised in the video.

***The Lost Children of Rockdale County***

Distributed by: PBS Home Video

Date: 1999

Length: 90 minutes

Grades: unknown

To purchase: visit [www.pbs.org](http://www.pbs.org)

Description: This video explores the turbulent psychology of America's suburban teenagers in this provocative film and uncovers a parent's worst fears—group sex, binge drinking, drug use, and violence in teens as young as 14 years.

***STD's AIDS and the Clean Love Solution (6, 8)***

Distributed by: United Learning

Date: 1997

Length: 30 minutes

Grades: 7-12

To purchase: visit [www.unitedlearning.com](http://www.unitedlearning.com)

Description: This video helps youth learn how to discuss sexual feelings in a mature way and insist that his/her desires are respected. The program is upbeat and solution-focused. It offers many new insights to young people as they begin to experience the world in new ways. Youth learn how to achieve a carefree, happy and healthy life.

***STDs: Risky Business***

Distributed by: Aquarius Health Videos

Date: 2001

Length: 30 minutes

Grades: unknown

To purchase: visit [www.aquariusproductions.com](http://www.aquariusproductions.com)

Description: Adolescents and young adults are at the highest risk for contracting sexually transmitted diseases. These diseases, primarily caused by viruses and bacteria, are spread from one person to another during sexual activity. This program looks at the current incidence of STDs, and how the use of contraceptives not only protects sexual partners, but also unborn children from contracting health problems associated with such diseases. This video is part of *The Human Condition* series.

***Teens, Alcohol, and Club Drugs***

Distributed by: Educational Video Network

Date: 2002

Length: 21 minutes

Grades: unknown

To purchase: visit [www.edvidnet.com](http://www.edvidnet.com)

Description: Everyone likes to have fun, but when drugs and alcohol become involved, having fun can become dangerous. Youth learn about the risks associated with mixing teens, alcohol, and club drugs such as “Ecstasy,” “Roofies,” and “Special K.”

***Teens, Sex, and Sexually Transmitted Infections***

Distributed by: Educational Video Network

Date: 2000

Length: 60 minutes

Grades: unknown

To purchase: visit [www.edvidnet.com](http://www.edvidnet.com)

Description: Too often, teens believe that they are immune to the consequences of risky behavior. This video provides a dose of realism. The issue of teenage sexual activity is addressed in a straightforward fashion. Teens will learn about several unsavory infections that can be acquired by those who engage in sex without using adequate protection.

***What Works: Sexuality Education***

Distributed by: Family Health Productions

Date: 1998

Length: 20 minutes

Grades: educators

To purchase: contact Family Health Productions

Description: This video helps educators design effective sexuality education programs.

**Video Distributors:****Aquarius Health Care Videos**

Olde Medfield Square

266 Main Street, Suite 33B

Medfield, MA 02052

888-440-2963

<http://www.aquariusproductions.com>

**Educational Video Network**

1339 19<sup>th</sup> Street

Huntsville, TX 77340

936-295-5767

<http://www.edvidnet.com>

**Films for the Humanities & Sciences**

P.O. Box 2053  
 Princeton, NJ 08543-2053  
 800-257-5126  
<http://www.films.com>

**INJOY Videos**

Teen Pregnancy & Prevention  
 1435 Yarmouth, Suite 102  
 Boulder, CO 80304  
 303-447-2082; 800-326-2082  
<http://www.injoyvideos.com>

**Computer-Based Resources:*****Body Awareness Resource Network (BARN)***

Developed and distributed by: Learning Multi-Systems  
 To purchase: visit <http://www.lmssite.com> or contact Learning Multi-Systems  
 Description: *This is a computer-based resource provides confidential, nonjudgmental health information for adolescents. Topic areas covered include: Alcohol and other drugs, Body management, Human Sexuality, Smoking, Stress management, and Local teen health resources. For more information visit the Wisconsin Alumni Research Foundation website at <http://www.warf.wisc.edu>.*

***Relate for Teens: A Ripple Effects Flagship Social Learning Program***

Developed by: Alice Ray and Sarah Berg  
 Published by: Ripple Effects, Inc.  
 Date: 1998  
 To purchase: contact Ripple Effects or visit <http://www.rippleeffects.com>  
 Description: *This program is designed to reduce aggression, improve school climate, and increase academic performance for adolescents.*

***Too Young (2007)***

Developed and distributed by: National Campaign to Prevent Teen and Unplanned Pregnancy  
 To purchase or access: visit <http://www.teenpregnancy.org/>  
 Description: *This educational video is intended to help teens, parents, educators, community leaders, and policymakers better understand the challenges of teen pregnancy by hearing directly from a group of courageous teen parents who know what it means to be too young for pregnancy and parenthood. A discussion guide and a fact sheet are available for this resource.*

## **Publishing Companies:**

### **ACT for Kids**

Spokane Sexual Assault Center  
7 South Howard, Suite 200  
Spokane, WA 99201-0323  
509-343-5020  
<http://www.actforkids.org>

### **Allyn & Bacon/ Longman**

Allyn & Bacon	Longman
75 Arlington Street, Suite 300	1185 Avenue of the Americas
Boston, MA 02116	New York, NY 10036
617-848-6000	212-782-3300
800-666-9433 (orders for 1-10 copies)	
800-922-0579 (orders for 10 or more copies)	
<a href="http://www.ablongman.com">http://www.ablongman.com</a>	

### **Channing L. Bete Co., Inc.**

200 State Road  
South Deerfield, MA 01373-0200  
800-477-4776  
<http://www.channing-bete.com>

### **Family Health Productions**

P.O. Box 1799  
Gloucester, MA 01931-1799  
978-282-9970  
<http://www.abouthealth.org>

### **Journeyworks Publishing**

P.O. Box 8466  
Santa Cruz, CA 95061-8466  
831-423-8102  
<http://www.journeyworks.com>

### **The Learning Company**

One Athenaeum Street  
Cambridge, MA 02142  
800-395-0277 (orders)  
<http://www.thelearningco.com>

### **Learning Multi-Systems**

320 Holtzman Road  
Madison, WI 53713  
800-362-7323  
<http://www.lmssite.com>

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**National Professional Resources, Inc.**

25 South Regent Street  
Port Chester, NY 10573  
800-453-7461  
<http://www.nprinc.com>

**Positive Promotions**

40-01 168<sup>th</sup> Street  
Flushing, NY 11358  
800-635-2666  
<http://www.postivepromotions.com>

**Ripple Effects, Inc.**

333 Bryant St., Suite 110  
San Francisco, CA 94107  
888-259-6618  
<http://www.rippleeffects.com/>

**Sage Publications, Inc.**

2455 Teller Road  
Thousand Oaks, CA 91320-2218  
805-499-0721  
<http://www.sagepub.com>

**Sunburst Technology**

101 Castleton Street  
Pleasantville, NY 10570  
914-747 3310  
<http://www.sunburst.com>

**ToucanEd Publications**

1280 17<sup>th</sup> Ave., Suite 102  
Santa Cruz, CA 95062  
831-464-0508; 888-3TOUCAN  
<http://www.toucaned.com>

**United Learning**

1560 Sherman Avenue, Suite 100  
Evanston, IL 60201  
847-328-6700; 800-323-9084  
<http://www.unitedlearning.com>

## **Resources for Students with Disabilities:**

### **Organizations:**

#### **Alliance for Technology Access**

1304 Southpoint Blvd., Suite 240  
 Petaluma, CA 94954  
 707-778-3011 voice; 707-778-3015 TTY  
<http://www.ataccess.org>

#### **American Foundation for the Blind**

11 Penn Plaza, Suite 300  
 New York, NY 10001  
 800-232-5463; 212-502-7600  
<http://www.afb.org/>

#### **The Arc**

National Headquarters  
 1010 Wayne Ave. Suite 650  
 Silver Spring, MD 20910  
 301-565-3842; 800-433-5255  
<http://www.thearc.org/>

#### **Council for Exceptional Children**

1110 North Glebe Road, Suite 300  
 Arlington, VA 22201  
 703-620-3660; 866-915-5000 TTY  
<http://www.cec.sped.org>

#### **Department for the Blind and Vision Impaired Library and Resource Center**

397 Azalea Ave.  
 Richmond, VA 23227  
 804-371-3661; 800-622-2155  
<http://www.vdbvi.org/>

#### **Greater Los Angeles Council on Deafness, Inc.**

AIDS Education/Service for the Deaf  
 2222 Laverna Avenue  
 Los Angeles, CA 90041  
 323-478-8000; TTY 323-550-4226  
[www.gladinc.org](http://www.gladinc.org)

#### **Learning Disabilities Association of America**

4156 Library Road  
 Pittsburgh, PA 15234-1349  
 412-341-1515  
<http://www.lidaamerica.org/>

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**March of Dimes Birth Defects Foundation**

1275 Mamaroneck Avenue  
White Plains, NY 10605  
914-428-7100  
<http://www.modimes.org>

**National Down Syndrome Society**

666 Broadway  
New York, NY 10012  
800-221-4602  
<http://www.ndss.org/>

**National Federation of the Blind**

1800 Johnson Street  
Baltimore, MD 21230  
410-659-9314  
<http://www.nfb.org/nfb/>

**National Information Center for Children and Youth with Disabilities**

Box 1942  
Washington, DC 20013  
800-695-0285 voice/TTY  
<http://www.nichcy.org/>

**National Library Service for the Blind and Physically Handicapped**

Library of Congress  
1271 Taylor Street, NW  
Washington, DC 20011  
888-657-7323; 202-707-5100; 202-707-0744 TDD  
<http://lcweb.loc.gov/nls/>

**Partnership for People with Disabilities**

Virginia Commonwealth University  
PO Box 843020  
Richmond, Virginia 23284  
804-828-3876  
<http://www.vcu.edu/partnership/index.html>

**Texas School for the Blind and Visually Impaired**

1100 W. 45th St.  
Austin, TX 78756  
512-454-8631; 800-872-5273; TDD 512-206-9451  
<http://www.tsbvi.edu/>

**United Cerebral Palsy Associations, Inc.**

1660 L Street, NW, Suite 700  
 Washington, DC 20036  
 202-776-0406; 800-872-5827  
<http://www.ucp.org/>

**Young Adult Institute, National Institute for People with Disabilities**

460 West 34<sup>th</sup> Street  
 New York, NY 10001-2382  
 212-273-6100  
<http://www.yai.org>

**Websites:****Special Needs Links**

<http://www.4teachers.org/profd/spedlinks.shtml>

**www.4teachers Equity in Diversity**

<http://www.4teachers.org/profd/equity.shtml>

**Books:****Healthy Sexuality Development: A Guide for Early Childhood Educators and Families**

By: Kent Chrisman and Donna Couchenour

Published by: National Association for the Education of Young Children

Date: 2002, 85 pages. *This book provides key information to both early childhood educators and family members about what is typical in young children and how to support them in this early and inquisitive stage while learning about sexual development. The publication can be obtained from the National Association for the Education of Young Children by calling: 202-232-8777, 800-424-2460 or online at <http://www.naeyc.org> or <http://www.amazon.com/>.*

**Sexuality: Your Sons and Daughters with Intellectual Disabilities**

By: Karin Melberg Schwier and Dave Hingsburger

Published by: Brookes Publishing

Date: 2000, 223 pages. *This book provides information to parents and caregivers on interacting with their children—no matter what their age or ability—in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. Throughout the book, parents share the joys and challenges of raising a child with an intellectual disability as they offer advice and practical strategies. Individuals with disabilities share information about what is important to them. This book can be accessed online at <http://www.brookespublishing.com> or at <http://www.amazon.com>.*

**Socialization and Sexuality a Comprehensive Training Guide for Professionals Helping People with Disabilities that Hinder Learning**

By: Winifred Kempton

Published by: Program Development Associates

Date: 1998, 351 pages. *This guide outlines a training program for professionals who work with the developmentally disabled. This guide may be obtained by going online at <http://disabilitytraining.com/sas.html>.*

**Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism**

By: Mary Wrobel

Published by: Future Horizons Inc.

Date: 2003, 250 pages. *This publication offers information on health, hygiene, personal safety issues, appropriate sexual behavior, and challenges of puberty for people with autism spectrum conditions or other developmental disabilities for children and adolescents five years and older. This document can be obtained from Future Horizons Inc. by going online at <http://www.futurehorizons-autism.com>.*

**Teaching Persons with Mental Retardation about Sexuality and Relationships: An Instructional Guide**

By: June Kogut and Susan Vilardo, Authors; Jane Bernstein, Editor

Published by: Planned Parenthood of Connecticut

Date: 1993. *This guide helps educators know how to teach sexuality education to persons with mental retardation. This guide consists of nine different sections such as reproduction, relationships, and manners and grooming. The Guide may be obtained by going online at [http://www.ppct.org/Merchant2/merchant.mv?Screen=PROD&Store\\_Code=ppct&Product\\_Code=BEDU27&Category\\_Code=](http://www.ppct.org/Merchant2/merchant.mv?Screen=PROD&Store_Code=ppct&Product_Code=BEDU27&Category_Code=).*

**Videos:**

***AIDS: Teaching People With Disabilities How to Better Protect Themselves***

Distributed by: Young Adult Institute

Date: 1987-1988

Length: 15-20 minutes

Grades: unknown

To purchase: contact Jerry Whinestock at YAI at 212-273-6187

Description: This video includes teacher's manual.

***All of Us: Talking Together: Sex Education for people with Developmental Disabilities***

Distributed by: Aquarius Health Care Videos

Date: 1999

Length: 38 minutes

Grades: unknown

To purchase: visit [www.aquariusproductions.org](http://www.aquariusproductions.org)

Description: Let's get the conversation started! Designed for parents, caregivers and young people to watch together, Talking Together addresses the critical need for sex education for developmentally disabled young people by providing step-by-step information and direction.

Real life parents, their DD young adult sons and daughters, and educators demonstrate practical models to empower parents and caregivers to arm our young people with life saving knowledge and strategies. A detailed sex education segment includes: reproductive anatomy, pregnancy, contraception, and disease prevention. The mysterious, often elusive world of social skills is considered along with the desire for friendship, companionship, romance and relationships. Public/private behavior is also covered.

***Take Control: How to Stay Healthy and Safe from HIV and AIDS***

Distributed By: Program Development Associates

Date: 2001.

The multimedia presentation is aimed at people with developmental disabilities. The program does not use graphic language or images to educate the user (reading at 5<sup>th</sup> grade level) about ways to avoid situations that can put them in jeopardy. The program content includes: definition of HIV and AIDS, how HIV is contracted and spread, how to avoid HIV infection, choices about sexual relationships, abstinence, avoiding compromising situations, misconceptions about HIV, inappropriate sexual advances, and how, where, and why to get tested for HIV. This CD-ROM may be obtained by contact Program Development Associates online at <http://disabilitytraining.com/sas.html>.

**Hotlines:**

ASHA HPV Hotline: 877-HPV-5868 (M-F 2-7p.m.)

CDC's National Prevention Information Network: 800-458-5231

CDC National Prevention Information Network: 800-458-5231

CDC National Sexually Transmitted Disease (STD) Hotline: 800-227-8922

Fan Free Clinic: 804-358-AIDS

The Information Resource Center (IRC): 800-USA-LEARN

National AIDS Hotline 800-342-2437 (24hours/day); 800-243-7889 (TTY/TDD)

National Pediatric HIV Resource Center: 800-362-0071

Virginia HIV/STD & Viral Hepatitis Hotline: 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)