

Managing Sensitive Issues

Appendix E

Resources List

Updated 3-26-06

Reviewed by HIV/STDS Resources Review Panel 12-01-06

Edited by Virginia Comprehensive Health Education Training and Resource Center

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

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Organizations/Agencies:

* indicates organizations that offer printed materials such as booklets and/or pamphlets
 {V} indicates organizations that offer videos

Advocates for Youth* {V}

1025 Vermont Ave, NW, Suite 200
 Washington, DC 20005
 202-347-5700
<http://www.advocatesforyouth.org>

American Association for Health Education (AAHE)*

1900 Association Drive
 Reston, VA 220191
 703-476-3437
<http://www.aahperd.org/aahe/template.cfm>

American Association of Colleges for Teacher Education (AACTE)*

1307 New York Ave., N.W., Suite 300
 Washington, DC 20005-4701
 202-293-2450
<http://www.aacte.org>

American Psychological Association (APA)

750 First Street, NE
 Washington, DC 20002
 202-336-5500
<http://www.apa.org>

American Public Health Association (APHA)

800 I Street, NW
 Washington, DC 20001
 202-777-APHA
<http://www.apha.org>

American School Health Association (ASHA)* {V}

7263 State Route 43
 PO Box 708
 Kent, OH 44240
 330-678-1601; 800-445-2742
<http://www.ashaweb.org/>

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Association of Maternal & Child Health Programs (AMCHP)

1220 19th Street, NW, Suite 801
Washington, DC 20036
202-775-0436
<http://www.amchp.org>

The Campaign to End Homophobia

P.O. Box 382401
Cambridge, MA 02238-2401
<http://www.endhomophobia.org/>

Centers for Disease Control (CDC) Division of Adolescent and School Health*

4770 Buford Highway, NE, K29
Atlanta, GA, 30341
770-488-6100
<http://www.cdc.gov/HealthyYouth/index.htm>

Center for Youth Issues, Inc. (CYI)*

Also hosts Students Taking a Right Stand (STARS)
P.O. Box 22185
Chattanooga, TN 37422
800-477-8277
<http://www.cyi-stars.org>

Comprehensive Health Education Foundation (CHEF)

22419 Pacific Highway South
Seattle, WA 98198
800-323-2433
<http://www.chef.org>

ETR Associates: Education Training Research* {V}

P.O. Box 1830
Santa Cruz, CA 95061-1830
831-438-4060
<http://www.etr.org>

Faith Trust Institute

2400 N. 45th Street, #10
Seattle, WA 98103
206-634-1903
<http://www.faithtrustinstitute.org/>

Family Health Productions {V}

P.O. Box 1799
Gloucester, MA 01931-1799
800-600-5779
<http://www.family-health.net>

Hazelden Foundation: Alcoholism and Drug Addiction Treatment Center*

P.O. Box 11 CO3
Center City, MN 55012
800-257-7810
<http://www.hazelden.org>

Human Sexuality Institute, a project of the Fogel Foundation

1011 New Hampshire Avenue, NW
Washington, DC 20037
202-659-4938
<http://www.thefogelfoundation.org/phsi.html>

The Institute for Youth Development (IYD)*

P.O. Box 16560
Washington, DC 20041
703-471-8750
<http://www.youthdevelopment.org>

Jane Fonda Center for Adolescent Reproductive Health

1256 Briarcliff Road, N.E.,
Emory West, Bldg A, 1st Floor
Atlanta, GA 30306
404-712-8730
http://www.gynob.emory.edu/jfc_prog_teenservices.cfm

KIDS COUNT, a project of the Annie E. Casey Foundation*

701 St. Paul St.
Baltimore, MD 21202
410-547-6600
<http://www.aecf.org/MajorInitiatives/KIDSCOUNT.aspx>

The Kids on the Block, Inc.*

9385-C Gerwig Lane
Columbia, Maryland 21046
410-290-9095; 800-368-KIDS
<http://www.kotb.com>

Medical College of Wisconsin

8701 Watertown Plank Road

Milwaukee, WI 53226

414-456-8296

<http://www.mcw.edu>**National Association for the Education of Young Children (NAEYC)**

1509 16th Street, N.W.

Washington, DC 20036

202-232-8777; 800-424-2460

<http://www.naeyc.org/>**National Association of State Boards of Education (NASBE)**

277 South Washington Street, Suite 100

Alexandria, VA 22314

703-684-4000

<http://www.nasbe.org>**National Center for Health Education (NCHE)**

72 Spring Street, Suite 208

New York, NY 10012

212-334-9470

<http://www.nche.org>**National Coalition against Domestic Violence**

1201 East Colfax Ave., Suite 385

P.O. Box 18749

Denver, CO 80218

303-839-1852

<http://www.ncadv.org>**National Education Association (NEA)**1201 16th Street, N. W.

Washington, DC 20036

202-833-4000

<http://www.nea.org>**National Education Association Health Information Network (NEA HIN)**1201 16th Street, NW Suite 521

Washington, DC 20036

202-822-7570

<http://www.neahin.org>

National Institute of Mental Health

6001 Executive Boulevard, Rm. 8184, MSC 9663
 Bethesda, MD 20892-9663
 301-443-4513; 301-443-8431 (TTY)
<http://www.nimh.nih.gov/>

National Network to End Domestic Violence

660 Pennsylvania Avenue, SE, Suite 303
 Washington, DC 20003
 202-543-5566
<http://www.nnedv.org/>

National Professional Resources, Inc {V}.

25 South Regent Street
 Port Chester, NY 10573
 800-453-7461
www.nprinc.com

National School Boards Association (NSBA)*

1680 Duke Street
 Alexandria, VA 22314
 703-838-6722
<http://www.nsba.org>

National Youth Advocacy Coalition*

1638 R Street, NW, Suite 300
 Washington, DC 20009
 202-319-7596
<http://www.nyacyouth.org>

Parents, Families, and Friends of Lesbians and Gays (PFLAG)*

1726 M Street, NW Suite 400
 Washington, DC 20036
 202-467-8180
<http://www.pflag.org>

Planned Parenthood Federation of America*

Washington, DC:	New York:	San Francisco:
1780 Massachusetts Ave, NW	810 Seventh Ave.	333 Broadway, 3rd floor
Washington, DC 20036	New York, NY 10019	San Francisco, CA 94133
202-785-3351	212-541-7800	415-956-8856
http://www.plannedparenthood.org		

Search Institute*

700 South Third Street, Suite 210
 Minneapolis, MN 55415
 612-376-8955; 800-888-7828
<http://www.search-institute.org>

Sexuality Information and Education Council of the United States (SIECUS)*

130 West 42nd Street, Suite 350
 New York, NY 10036-7802
 212-819-9770
<http://www.siecus.org/>

Sunburst {V}

101 Castleton Street
 Pleasantville, NY 10570
 800-431-1934
www.sunburst.com

U.S. Department of Education, National Library of Education

400 Maryland Ave., SW
 Washington, DC 20202
 800-424-1616
<http://www.ed.gov/NLE/>

U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion

200 Independence Avenue SW., Room 738G
 Washington, DC 20201
 202-401-6295
<http://odphp.osophs.dhhs.gov>

Virginia Department of Health, Division of Child and Adolescent Health

109 Governor St., 8th floor
 Richmond, VA 23219
 804-864-7685
<http://www.vahealth.org/childadolescenthealth/>

Virginia Department of Health, Division of Disease Prevention

109 Governor Street, Suite 516
 Richmond, VA 23219-2448
 804-864 – 8141; 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)
<http://www.vdh.virginia.gov/epidemiology/DiseasePrevention/index.htm>

Virginians against Domestic Violence (VADV)

2850 Sandy Bay Road, Suite 101

Williamsburg, VA 23185

757-221-0990

<http://www.vadv.org>**Wisconsin Department of Health and Family Services: AIDS/HIV Program**

1 W. Wilson St.

Madison, WI 53702

608-267-5287

<http://www.dhfs.state.wi.us/AIDS-HIV>**Websites:****Advocates for Youth**<http://www.advocatesforyouth.org/factsfigures/index.htm>

The Website contains a wealth of information on a variety of topics and issues related to adolescent sexual and reproductive health: abortion, condoms, contraceptives, cultural competency, GLBTQ, HIV, STI, teen pregnancy prevention, and violence and harassment

Domestic Violence Resources<http://www.silcom.com/~paladin/madv/>

This site offers an extensive listing of website links regarding domestic violence; sponsored by The Paladin Group.

Families and Children<http://hhs.gov/children/index.shtml>

This site offers limited information regarding families and children, developed to give state and local government officials and employees easy access to federal information in ways that make sense.

The Federal Resources for Educational Excellence (FREE)<http://www.free.ed.gov/>

This site offers resource information on various education topics.

The Gateway to Educational Materials (GEM)<http://www.thegateway.org>

This is a search engine for educational materials on all topics and for all levels.

The Health Network.com<http://www.healthteacher.com>

The primary purpose of this site is to help build health literacy among those who teach health education.

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Sexual Abuse of Males: Prevalence, Lasting Effect, and Resources

<http://www.jimhopper.com/male-ab/>

This site is developed and maintained to offer an online resource for male victims of sexual abuse, provide information for experts and therapists, and help people understand the statistics of sexual abuse.

A Teacher's Guide to the U.S. Department of Education

<http://www.ed.gov/pubs/TeachersGuide/>

This site features information about the latest Department initiatives, an update on specific programs for schools and teachers, and a list of services and resources—both at the Department's headquarters here in Washington, D.C., and nationwide.

Teachers Helping Teachers

<http://www.pacificnet.net/~mandel/>

This site offers lesson plans and other educational materials for teachers.

WWW.4teachers

<http://www.4teachers.org/>

This site provides information for all teachers on topics such as integrating technology and professional development.

Journals:***American Journal of Health Education***

Published by: American Association for Health Education (AAHE)

To subscribe: call 703-476-3493

The journal is printed six times a year is available only by subscription and is not available online. Abstracts are available online at

http://www.aahperd.org/aahe/template.cfm?template=ajhe_main.html.

American School Board Journal

Published by: National School Boards Association

To Subscribe: contact American School Board Journal, c/o <http://www.asbj.com/> at National School Boards Association (NSBA)

This monthly publication covers topics on school governance and management, student achievement, policy making, and the art of school leadership. An online subscription form is available.

Family Life Matters

Published by: The Network for Family Life Education

To Subscribe: write to Subscriber Services, Network for Family Life Education, PO Box 411, Shrub Oak, NY, 10588 or call 914-962-6297

This is a newsletter that addresses vital information about how to help young people understand

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normal, healthy aspects of their sexuality as well as the physical and emotional risks of too-early intercourse, unwanted pregnancy, and sexually transmitted diseases. It is printed three times a year.

Health Education and Behavior

Published by: Sage Publications in association with Society for Public Health Education (SOPHE)

To Subscribe: contact Sage Publications or visit <http://www.sophe.org>

This bimonthly journal is available only by subscription and is devoted to the practical application of health promotion and education.

Journal of Adolescent Research

Edited By: Gerald R. Adams

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

This quarterly journal is described as an interdisciplinary peer-reviewed publication focused on the study of high school and college/work-age youth.

The Journal of the American Medical Association (JAMA)

Published by: American Medical Association

To Subscribe: contact Subscriber Services Center, American Medical Association, PO Box 10946, Chicago, IL, 60610 312-670-7827 or 800-262-2350 <http://pubs.ama-assn.org/>

This journal promotes the science and art of medicine and the betterment of public health. It is published weekly and is available in printed version and is an online version to subscribers.

Journal of Early Adolescence

Published By: Sage Publications

To subscribe: visit <http://www.sagepub.com> or contact Sage Publications

This quarterly journal provides a premier forum for research on adolescents ages 10 through 15 years.

Journal of School Health

Published by: American School Health Association (ASHA)

To subscribe: visit ASHA website at <http://www.ashaweb.org>

This journal that is published according to subject matter. Each issue includes articles on the relevant subject. It is not available online.

Journal of Teacher Education

Published By: Corwin Press in association with the American Association of Colleges for Teacher Education (AACTE)

This journal contains articles on policy, practice, and research in teacher education that contribute to teacher education as a field of inquiry on the numerous themes characterizing the field including: accreditation, assessment and evaluation, extended programs, teacher education faculty, student teaching and others; issued five times a year.

Books/Publications/Curriculum:

A Bibliography: Gay, Lesbian, and Bisexual Issues in Education

By: Tracy Phariss

Published by: Gay, Lesbian, and Straight Education Network of Colorado

Date: 1999. *The bibliography contains information about books, curriculum, pamphlets, posters, films, videos, television shows, radio programs, and audio tapes. This resource may be downloaded by going online at <http://www.glsenco.org/Bibliography/Bib-about.htm>.*

The Abortion Controversy: A Documentary History

By: Eva R. Rubin

Published by: Greenwood Publishing Group, Inc.

Date: December 1998, 336 pages. *This publication, relevant for high school and older students, uses 92 documents to record the history of the abortion controversy in the U.S. Part I of the book explains the political and social aspects of the debate, conflicting views in congressional hearings, Supreme Court decisions, government reports, party platforms, position papers, statues, biographical accounts, and news stories. Part II looks at developments in the 1960-1972 that led to the Supreme Court decision in Roe v. Wade in 1973. Part III focuses on the reaction to the decision. Part IV describes the political battles that raged in the 1970s. Part V includes documents from the Reagan/Bush administrations. Each chapter also includes a list of suggested readings. The book may be obtained from many bookstores including online stores such as: <http://www.amazon.com>; worldretailstore.com/; or barnesandnoble.com/. The publication also may be read online at <http://www.questia.com/PM.qst?a=o&d=15632727>.*

All About Sex: The School Counselor's Guide to Handling Tough Adolescent Problems

By: Loretta J. Bradely, Elaine Jarchow, Beth Robinson, and Jeffrey Kottler

Published by: Corwin Press, Inc.

Date: January 1994, 114 pages. *This book helps school counsellors respond more effectively to the challenging sexual issues of adolescence and to better understand the crucial role that such issues play in shaping teenagers' lives. Drawing on their years of experience in roles as varied as parent, teacher, coach, counsellor and administrator, the authors help translate knowledge into effective counselling intervention. The book may be obtained by going online at <http://www.corwinpress.com/>.*

The Facts of Life—A Guide for Teens and Their Families

Written and published by: Planned Parenthood Federation of America

Date: 2004, 28 pages. *This publication helps parents and educators know how to talk with parents about why sexuality is important, developmental patterns for boys and girls, pregnancy, expressing sexuality appropriately, protection from sexual harm, and a healthy relationship checklist. This publication may be obtained by going online at http://www.ppfastore.org/pubs_family.html.*

All About Life: Grades K-4 Caring About Myself, My Family, and My Community

By: Caren Monastersky and Ellen Phillips-Angeles

Published by: Seattle-King County Department of Public Health Department

The curriculum helps young people care about themselves, their families, and their communities.

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It topics such as friendship, disability, feelings, families, sexual abuse prevention, anger, space, staying healthy, anatomy, babies, and pregnancy. The curriculum may be obtained by calling 800-325-6165 ext 64902 or going online at <http://www.metrokc.gov/health/famplan/flash/index.htm>.

Becoming a Responsible Teen (BART): An HIV Risk-Reduction Intervention for Adolescents

By: Janet S. St. Lawrence

Published by: ETR Associates

Date: 1997. *Initially pilot tested among African-American adolescents, this curriculum consists of eight skills-based lessons targeted to students in grades nine through 12. Topics include: condom use, refusal skills, and partner negotiation. This curriculum may be obtained by calling 800-321-4407 or by going online at <http://www.etr.org>.*

Breaking the Silence: A Guide to Help Children with Complicated Grief- Suicide, Homicide, AIDS, Violence and Abuse

By: Linda Goldman

Published by: Brunner-Routledge; 2 edition

Date: 2001, 304 pages. *This second edition is designed for mental health professionals, educators, and the parent/caregiver. The book provides specific ideas and techniques to work with children in various areas of complicated grief. It presents words and methods to help initiate discussions of delicate topics, as well as tools to help children understand and separate complicated grief into parts. These parts in turn can be grieved for and released one at a time. One chapter, called "Communities Grieve: Involvement with Children and Trauma," includes information on several traumatic events and how communities dealt with them: an earthquake, an accident where 36 elementary school children witnessed the death of the bus driver; an incident where a cross-country team watched a member get hit by a car; and a community bombing where scores of lives were claimed. The book contains activities to work with traumatized, grieving children; updated resources (books, curriculums, websites, and hotlines); and a chapter on bullying and victimization. The chapter for educators includes the coverage of topics such as at-risk students, gay and lesbian issues, and self-injurious behaviors.*

Can We Talk? Helping Families Talk about Self-Esteem, Sex and Peer Pressure

Developed and Published by: National Education Association Health Information Network

Date: 1998. *This program helps parents of children in grades 4 through 8 enhance their role as sexuality educators of their children. It helps families talk about self-esteem, puberty, sexuality, mixed messages, and peer pressure. The Spanish version ¿Conversamos? also is available. The curriculum may be obtained by calling 800-229-4200 or by going online at <http://www.canwetalk.org>.*

Filling the Gaps: Hard-to-Teach Topics in Sexuality Education

Developed by and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1998. *This teacher's manual covers eight topics—abstinence; condom use; diversity; pregnancy options; safer sex; sexual behavior; sexual identity and orientation; and sexuality and society—that are often missing or need strengthening in many sexuality education programs. It*

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provides background for teachers, rationale for teaching each topic, teaching activities, and resources. It is designed to supplement an existing curriculum. This document may be obtained by calling 212-819-9770 or going online at http://www.siecus.org/pubs/filling_the_gaps.pdf.

Gender Shock: Exploding the Myths of Male & Female

By: Phyllis Burke

Published by: Anchor Books

Date: 1997, 336 pages. *The author supports the thesis that masculine and feminine identities are artificial social constructs and maintains that gender, sex, and sexuality are three distinct domains. The author presents several case histories to show the damaging emotional effects therapy can have on children who are forced into rigid gender stereotypes. This book may be obtained through many online bookstores, such as, <http://www.amazon.com>; http://www.ifge.org/books/gender_shock.htm; or <http://www.biblio.com/isbn/0385477171.html>.*

Girls, Boys and Junior Sexualities Exploring Children's Gender and Sexual Relations in the Primary School

By: Emma Renold

Published by: Routledge Falmer

Date: 2005, 206 pages. *This book, based on extensive group interviews and observation, examines the hidden worlds of young children's sexualities. It looks into and conceptualizes the significance of young children's understandings of their own sexualities. The author explains how sexuality and gender are embedded in children's cultures; peer relations and identity formations: how being a "good" boy or girl involves investing in a heterosexual identity and how girls are central to the formation of boys' sexual cultures and identities. The book traces children's struggles, anxieties, and pleasures as they make sense of their emerging sexualities. The book, further, includes discussions about the pressures of compulsory heterosexuality, the boyfriend/girlfriend culture, misogyny, and sexual harassment. This book may be obtained by going online at <http://www.routledge-ny.com/> or other bookstores such as <http://www.amazon.com>.*

Growing Healthy®

Developed and Published by: National Center for Health Education

The basic framework for this K-6 skills-based, evidence-based curriculum was first developed in the 1960s and is used through the U.S., Puerto Rico, and Canada. The skills are taught in the content areas of mental and emotional health, family life and health, growth and development, nutrition, personal health, substance use and abuse, disease control and prevention, safety and first aid, consumer health, community and environmental health management. The curriculum may be obtained by calling 212-463-4053 or going online at www.nche.org.

Guidelines for Comprehensive Sexuality Education: Kindergarten—12th Grade Second Edition

Developed and Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1996. *The Guidelines are designed as a framework to assist local communities in designing new curricula or assessing existing programs. They are organized into six concepts that represent the most general knowledge about human sexuality and family living. They include*

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human development, relationships, personal skills, sexual behavior, sexual health, and society and culture. The Guidelines contain 36 topics for early childhood (ages 5 through 6); preadolescence (ages 9 to 12); early adolescence (ages 12 to 15), and adolescence (ages 15 to 18). The document may be obtained by calling 212-819-9770 or going online at www.siecus.org.

Homophobia: A Weapon of Sexism, 2nd Ed.

By: Suzanne Pharr

Published by: Chardon Press

Date: 1997, 125 pages. *This publication is good reading for anyone wishing a greater understanding of how homophobia functions to keep all people--not just lesbian, gay, bisexual, transgender or questioning--from realizing their full potential. The book may be obtained by going online at <http://www.suzannepharr.org/books.htm> or <http://www.amazon.com>.*

How to Be a Good Parent

Written and Published by: Planned Parenthood Federation of America

Date: 2003. *This publication, written at a fourth grade level, provides information about the joys, rewards, and challenges of parenting; what to expect from parenting; and when to become a parent. It offers a reality check about children's basic needs (safety and security, affection, self-esteem, and knowledge and understanding of sexuality). This publication helps parents and educators know how to talk with parents about why sexuality is important, developmental patterns for boys and girls, pregnancy, expressing sexuality appropriately, protection from sexual harm, and a healthy relationship checklist. This publication may be obtained by going online at http://www.ppfastore.org/pubs_family.html.*

How to Talk with Your Child about Sexuality - A Parent's Guide

Written and Published by: Planned Parenthood Federation of America

Date: 2002. *This publication, written at a fifth grade level, helps parents know how to help their children feel good about their sexuality. It provides information about basic sexuality, when to start talking to children about it, and suggested age levels that children need to know about specific topics (birth to two years, three to five years, five to seven years, preteens, and teens). The publication may be obtained by going online at http://www.ppfastore.org/pubs_family.html.*

Human Sexuality - What Children Should Know and When They Should Know It

Written and Published by: Planned Parenthood Federation of America

Date: 2002. *This publication, written at a 12th grade level, recognizes that most parents want their children to grow up to have happy and healthy adult sex lives. This document helps parents, teachers, and curriculum planners know what children need to know and the personal skills they should have at specific ages: five years, six to nine years, nine to 13 years, and 13 to 18 years. This publication may be obtained by going online at http://www.ppfastore.org/pubs_family.html.*

It's Okay to Say "No Way"

Written and Published by: Planned Parenthood of the Rochester/Syracuse Region

Date: Unknown. *This title incorporates several documents within the subject of abstinence from sexual intercourse. The documents are: "C'mon - Everybody's Doing It!" NOT!!!!; You Decide!; Deciding is Easy. Saying "no" Isn't; What to Do; Making Your Decision; and If You*

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Need Help. These publications may be obtained by calling 866-600-6886 or by going online to <http://www.pprsr.org/justforteens/OKtosaynoway.cfm>.

LifeSkills Training – High School

By: Gilbert J. Botvin

Published by: National Health Promotion Associates

This evidence-based high school program is a highly interactive, skills-based design that focuses on promoting positive health and personal development. It helps youth navigate the challenges of the high school years, and prepares them for the independence and responsibilities that they will experience as young adults. The program helps students achieve competency in the skills that have been found to reduce and prevent substance use and violence (including decision-making, stress and anger management, building relationships, strengthening communication skills, and understanding the consequences of risk-taking and media influences). This curriculum may be obtained by 800-293-4969 or by going online at www.lifeskillstraining.com.

Making Proud Choices!

By: Loretta Sweet Jemmott, John Jemmott III, and Konstance McCaffree

Published by: Select Media, Inc.

This curriculum consists of eight modules aimed at providing young adolescents with the knowledge, confidence and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV and pregnancy by abstaining from sex or using condoms if they choose to have sex. It is based on cognitive-behavioral theories. This curriculum may be obtained by calling 800-707-6334 or 845-774-7335 or going online at <http://www.selectmedia.org/>.

Michigan Model for Comprehensive School Health Education®-Grades K-6, 7-8, and 9-12

By: John A. Frisch

Published by: Central Michigan University's Educational Materials Center (EMC)

This 20+ year evidence-based curriculum is implemented in 90% of the Michigan Public Schools and 42 states. It is used in foreign countries, universities, and medical schools. The recently revised curriculum has skills-based, age-appropriate program components for all grades K through 12. The curriculum is based on the National Health Standards and the health-risk factors identified by the Centers for Disease Control and Prevention. These curriculum components may be obtained by calling 989-774-3290 or 800-214-8961 x 3290 or going online at www.emc.cmich.edu.

Mind It! a Mental and Emotional Health Curriculum for Grades 6-8

National Center for Health Education (NCHE)

This mental and emotional health curriculum is geared toward middle school students and consists of 35-40 lessons for each grade level. The program can stand on its own or be used as a supplement to NCHE's Growing Healthy® or to complement other academic curricula. The program is modeled after Social and Emotional Learning (SEL) standards: self direction and regulation, self-esteem and self-image, personal safety and safe behavior, social and working relationships, responsibility and integrity, mental wellness, and mental illness. The curriculum may be obtained by calling 212-463-4053 or going online at www.nche.org.

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Positive Encounters: Supporting Healthy Contraceptive and Safer Sex Decisions

By: Amy Vogelaar

Published by: Planned Parenthood Federation of America

This document describes brief interactions between an advocate and a young person, which may or may not be part of an ongoing relationship. The one-to-one discussions are characterized by honest and respectful communication about sexuality that provide opportunities for an advocate to support a young person in making healthy decisions regarding: contraception, safer sex, abstinence, relationships, body image, sexual identity/orientation, puberty/development, sexual values and more. The publication may be obtained by calling 973-539-9580 x120 or by going online at <http://www.ppgnnj.org>.

Positive Encounters: Talking One-to-One with Teens about Contraceptive and Safer Sex Decisions

By: Amy Vogelaar

Published by: Planned Parenthood Federation of America

Date: 1999. *This resource consists of two books—“A Training Workshop for Professionals” and “A Guidebook for Professionals”—that can be used alone or together. The Training Workshop provides a day-long professional development workshop with step-by-step instructions, handouts, and overheads. The Guidebook complements what is learned in the workshop and serves as a desk reference for professionals who work with teens on a regular basis. The publication may be obtained by calling 973-539-9580 x120 or by going online at <http://www.ppgnnj.org>.*

Protect Your Child from Sexual Abuse: A Parent’s Guide

By: Janie Hart-Rossi

Published by: Parenting Press, Inc.

Date: 1999, 64 pages. *Although written to accompany the book “It’s MY Body,” this guide offers parents information about sexual abuse and what to do to prevent child abuse. The text includes activities and games for parents and other adults to use as teaching tools with children. This publication may be obtained by going online at <http://www.parentingpress.com/index.html>.*

Right From the Start: Guidelines for Sexuality Issues

By: Early Childhood Sexuality Education Task Force

Published by: Sexuality Information and Education Council of the United States (SIECUS)

Date: 1998, 76 pages. *These Guidelines provide parents and educators with information on human development, relationships, personal skills, general health, society and culture, and additional helpful readings. This document may be obtained by calling 212-819-9770 or downloading it by going online at <http://www.siecus.org/pubs/RightFromTheStart.pdf>.*

Sexual Attitudes: Myths and Realities

By: Vern L. Bullough and Bonnie Bullough

Published by: Prometheus Books

Date: 1995, 281 pages. *The authors describe the historical and cultural backgrounds of sexual attitudes—from the ancient Greeks and Romans through early and medieval Christian, Islamic, Chinese, and Indian cultural strains. Topics of discussion include prostitutes, pornography, obscenity, masturbation, transsexualism, transvestitism, menstruation, abortion, sex labeling,*

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nudity, and more. Although each topic is presented in as unbiased a fashion as possible, the Western skew is evident. The authors explain ways in which social, moral, and religious attitudes have changed from being founded on myths to relying on more science-based realities. This book may be obtained through several online bookstores such as <http://www.buy.com>; <http://barnesandnoble.com>; or <http://amazon.com>.

Sexuality Education: Theory and Practice, Fourth Edition

By: Clint E. Bruess and Jerrold S. Greenberg

Published by: Jones and Bartlett Publishers

Date: 2004, 317 pages. *This book is designed to prepare future sexuality educators and administrators, as well as seasoned teachers about sexuality and also aims to clarify the false assumptions related to sexuality education. This one-of-a-kind resource provides comprehensive coverage of information and issues related to sexuality education and the skills needed to prepare sexuality educators. The authors strike a balance between content information, instructional strategies, and applications that help students assess their own attitudes and knowledge of the topic. The book may be obtained through several online bookstores at <http://www.jbpub.com/catalog/9780763747596/>; <http://www.amazon.com/>; <http://search.barnesandnoble.com/>; <http://www.booksamillion.com/>; or <http://www.google.com/>.*

Sexuality Today: The Human Perspective, 7th Ed.

By: Gary F. Kelly

Published by: The McGraw-Hill Companies

Date: October 2004, 564 pages. *The author presents sexuality from a personalized perspective. Students are presented with case studies to help them think through their options and values relating to the personal sexual decisions they will make throughout their lives. Students are offered questionnaires to evaluate their own behavior immediately following the case to encourage students to make the course personal. This book covers basic human sexuality, offers various points of view regarding current issues and controversies in the field, and shows the cross-disciplinary nature of the field of sexology by presenting the biological, sociological, and psychological perspectives of each topic. The end result is a text that helps students understand their behavior and take the mystery out of sexuality. This publication is available at most major bookstores and may be obtained online at <http://highered.mcgraw-hill.com/sites/> or <http://www.amazon.com>.*

Streetwise to Sex-Wise: Sexuality Education for High-Risk Youth, Second Edition

By: Steve Brown, Bill Taverner

Published by: Planned Parenthood of Greater Northern New Jersey

Date: 1993. *This manual is intended as a supplement to a sexuality education curriculum and focuses on issues of particular concern to high-risk teens. Topics include: communication and decision-making skills, developing attitudes and values, contraception, STDs, sexual orientation, and sexual abuse. It consists of 10 lessons for young teenagers nine to 13 years old and 12 lessons for older teenagers 14 to 19 years old. All lessons are simple, concrete and actively involve group members in the learning process. The text may be obtained from the Planned Parenthood of Greater Northern New Jersey by calling: 973-539-9580 x120 or online at <http://www.ppgnnj.org/ordfm.htm>*

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Strengthening the Learning Environment: A School Employee’s Guide to Gay, Lesbian, Bi-sexual, and Transgender Issues, 2nd edition

Written and Published by: National Education Association

Date: 2006, 36 pages. *This publication addresses the issues of bullying and harassment that gay, lesbian, bi-sexual, and transgender youths experience. The aim is to ensure that every student experiences a safe school environment that is conducive to learning. The document addresses facts and statistics about health, safety, harassment, and learning; legal and policy issues; tips for dealing with specific issues; and other helpful resources. The publication may be downloaded from the Web by going to <http://www.nea.org/takenote/images/glbguide.pdf>.*

Stigma and Sexual Orientation: Understanding Prejudice against Lesbians, Gay Men and Bisexuals

Edited by: Gregory M. Herek

Publisher: Sage Publications

Date: February 1998, 278 pages. *This publication makes a significant contribution toward the deeper understanding of homophobia and the issue of prejudice in general. The book discusses: 1) the nature of antigay prejudice, stereotypes, and behaviors; 2) the consequences of homophobia and related phenomena on the well-being of lesbians, gay men, and bisexuals; and 3) the critical need for psychology and science to examine homophobia and related issues. The book examines issue complexities and equips the reader with insights necessary to better assist members of the gay, lesbian, and bisexual populations. This publication may be obtained by calling 805-499-0721 or by going online at <http://www.sagepub.com> or www.amazon.com.*

Taking Sides: Clashing Views on Controversial Issues in Human Sexuality, 10th Ed.

By: Robert T. Francoeur and William J. Taverner

Published by: McGraw-Hill/Duskin

Date: January 2007, 368 pages. *This publication presents current controversial issues in a debate-style format designed to stimulate student interest and develop critical thinking skills. Each issue is framed with an issue summary, an issue introduction, and a postscript. An instructor’s manual with testing material is available for each volume. It also is an excellent instructor resource with practical suggestions on incorporating a “taking sides” approach in the classroom. Each “taking sides” reader features an annotated listing of selected World Wide Web sites and is supported by a student Website, www.mhcls.com/online. This publication may be obtained by contacting McGraw-Hill Contemporary Learning Series at <http://www.dushkin.com/> or by going online at www.amazon.com.*

Teens and Older Partners

By: Michael Males

Published by: ETR, Resource Center for Adolescent Pregnancy Prevention

Date: May-June 2004, Online document. *This research paper discusses teenage pregnancy, childbearing, older partners, rationale for dating/marrying older partners, programs and policies, and resources. The paper may be obtained by downloading the document from the following Website: <http://www.etr.org/recapp/research/AuthorredPapOlderPrtnrs0504.htm>.*

The Great Body Shop

By: Nancy Grace

Published by: The Children's Health Market, Inc.

Date: Continually updated. *The evidenced-based program is aligned to state and national standards for health education and the Healthy People 2010 initiative. Its teaching and learning strategies are based on the fields of educational psychology, neuroscience, cognitive and developmental psychology, linguistics, and neurobiology. The curriculum addresses specific areas of substance abuse prevention, social and emotional health, character education, violence prevention (including bullying), critical thinking, asset building, as well as reading, communication, technology and other learning skills. Because the program is continually updated as new research evolves, it is recommended that Teacher's Guides be replaced every three to four years. Interim updates for specific sections of the Guide may be purchased at any time for \$5.00 per section. The curriculum may be obtained by calling 800-782-7077 or by going online at <http://www.thegreatbodyshop.net/>.*

What Happened to MY World: Helping Children Cope with Natural Disaster and Catastrophe

By: Jim Greenman

Published by: Comfort for Kids

Date: 2005, 108 pages. *This publication is a resource for parents, teachers, and anyone working with children. Adults and children throughout the United States witnessed the destruction from Hurricanes Katrina and Rita — perhaps the largest natural disasters in United States history. Millions were directly affected, and hundreds of thousands suffered significant loss or trauma. This book helps adults understand the minds, confusion, fears, grief, and struggles of children from infancy through the teenage years. It helps adults provide children with support, care and guidance by addressing their questions, concerns, and fears. This book may be obtained by going online at www.amazon.com.*

Video/DVD Resources:

Blood Lines: A View into the Souls of HIV+ Youth

Directed and Produced by: Jennifer Jako and Rebecca Guberman

Date: 1998

Length: 22 minutes

Grades: ages 13-26

To purchase: contact Jennifer Jako at jako@teleport.com or 503-235-5256

Description: Blood Lines is a film directed and produced by HIV-positive youth. Jennifer Jako and Rebecca Guberman contracted HIV as teenagers. As artists and activists they were inspired to document their experiences as they struggle with this overwhelming disease. The film empowers those who live with HIV/AIDS, inspires compassion for people living with the virus, and motivates others to avoid getting infected. A discussion guide is included.

Depression: Out of the Shadows

Distributed by: Public Broadcasting Service

Date: 2008

Length: 120 minutes

Grades: Unknown

Many Americans are keeping an important, possibly deadly secret: depression. Approximately 15 million American adults live with this devastating disease which affects all age, race, gender, and socioeconomic groups. Through the voices and stories of people living with depression and interviews with scientists, “Depression: Out of the Shadows” provides a portrait of the disease never before seen on American television.

Dying to be Thin

Distributed by: WGBH Educational Foundation and Twin Cities Public TV, Inc.

Date: 2000

Length: 60 minutes

Grades: unknown

To purchase: contact WGBH Boston Video at 800-949-8670 or visit www.wgbh.org

Description: Dying to be Thin introduces you to students, ballet dancers, fashion models, and other young women who are seeking recovery or have conquered their disease. Plus, you’ll discover how leading eating disorder specialists are making dramatic advances in the diagnosis and treatment of these two potentially lethal diseases, bulimia and anorexia.

Hidden Scars, Silent Wounds: Understanding Self-Injury

Distributed by: Human Relations Media

Date: 2002

Length: 23 minutes

Grades: 7-college

To purchase: visit www.hrmvideo.com

Description: This video investigates the phenomenon of self-injury. Self-injury refers to a pattern in which a person harms himself or herself by cutting or even burning parts of the body to relieve stress from pent-up emotions. This video and print package demystifies this often misunderstood problem by offering candid interviews with “cutters” and their families, as well as commentary by noted experts in the field. A teacher’s resource book and student handouts are included.

In the Mix #439 Dealing with Death

Distributed by: Castle Works, Inc.

Date: 1998

Length: 30 minutes

Grades: 6-12, college

To purchase: visit www.castleworks.com or call *In the Mix* at 800-597-9448

Description: With this special, *In the Mix* breaks the silence and encourages young people to express their thoughts and experiences surrounding the issue. We meet young video makers, writers, and photographers who are using artistic resources and creativity to help themselves and their peers confront issues of dying. Laura, a teen surviving under the shadow of cystic fibrosis, talk about how it feels to outlive her friends, and one young man shares his heartbreak over his father’s suicide. The program also visits a bereavement support group where teens participate in cope with loss. A discussion guide is included.

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In the Mix #429 Depression: On the Edge

Distributed by: Castle Works, Inc.

Date: 1998

Length: 30 minutes

Grades: 6-12, college

To purchase: visit www.castleworks.com or call In the Mix at 800-597-9448

Description: This program, co-hosted by popular music group Third Eye Blind, covers teen angst from normal ‘blues’ to clinical depression, to suicide and show when, how and where teens can get help. Most importantly, the program breaks down the social stigma of depression that leads many teen to deny and hide their problem. Through information and dialogue teens will get the facts and be better able to help themselves and their peers battle this growing national epidemic. A discussion guide included and a lesson plan is available at www.inthemix.org

In the Mix #424 Self-Image: The Fantasy, the Reality

Distributed by: Castle Works, Inc.

Date: 1998

Length: 30 minutes

Grades: 6-12, college

To purchase: visit www.castleworks.com or call *In the Mix* at 800-597-9448

Description: *In the Mix* digs deep into the American obsession with a body image, taking a zoom lens to the images we see on television and billboards, in films, and magazines. Young men and women speak their minds about how waif-thin models and macho-men make them feel about themselves. We also hear from young people who survived eating disorders and steroid abuse, as well as from teens that are getting help on the road to healthy self-esteem. Model agency head, Katie Ford, and magazine editor, Lesley Seymour, offer valuable insights and advice, raising awareness of what’s real and what’s fantasy in the media. With the help of *In the Mix*, teens will learn how to “tune-out” media images and listen to who they really are. A discussion guide included and a lesson plan is available online at www.inthemix.org

The Lost Children of Rockdale County

Distributed by: PBS Home Video

Date: 1999

Length: 90 minutes

Grades: unknown

To purchase: visit www.pbs.org

Description: This video explores the turbulent psychology of America’s suburban teenagers in this provocative film and uncovers a parent’s worst fears—group sex, binge drinking, drug use, and violence in teens as young as 14 years.

The Power of Girls: Inside and Out

Distributed by: Family Health Productions

Date: 2000

Length: 20 minutes

Grades: 6 and up, and parents

To purchase: contact Family Health Productions

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Description: Five girls talk about the challenges of growing up, including teasing, body image and eating disorders, self-respect, sexuality, loss, and how support from family, community and friends helped. Includes discussion guide/facilitator's manual. This is available as a set with "Real Strength: Boys Talk about Life."

Real Strength: Boys Talk about Life

Distributed by: Family Health Productions

Date: 2000

Length: 20 minutes

Grades: 6 and up, and parents

To purchase: contact Family Health Productions, or visit <http://www.about.com/health/>

Description: Five boys talk about the challenges of growing up, including bullying, emotions, sexuality, staying true to one's self, respect for others, loss, and how support from family, community, and friends helped. Includes discussion guide/facilitator's manual. Available as a set with "The Power of Girls: Inside and Out."

Silent Epidemic: Teen Suicide

Distributed by: PBS Video

Date: 2001

Length: 30 minutes

Grades: unknown

To purchase: visit www.pbs.org

Description: The Silent Epidemic is unique in its dual format: talk show and docu-drama. It was initially filmed in 1992. The studio-audience segment is more recent. Interwoven throughout the program, the viewer is provided signs to look for and actions to take to prevent suicide.

Teen Suicide Prevention Public Service Announcements

Distributed by: American Foundation for Suicide Prevention/Ant Hill Marketing

Date: 2000

Length: "Taking Action" 30 seconds

"Breaking Trust" 30 seconds

"AFSP Secret" 60 seconds

Grades: unknown

To purchase: contact Kim Brater 503-236-3192

Description: This media includes Public Service Announcements that urge the audience to speak up about anyone they know who might be contemplating suicide. A resource guide is included.

Understanding Eating Disorders

Distributed by: Human Relations Media

Date: 2002

Length: 24 minutes

To purchase: visit www.hrmvideo.com

Description: Combining expert commentary with the memorable stories of real teens, this video introduces students to three major eating disorders: anorexia nervosa, bulimia, and binge eating. The warning signs, symptoms and dangerous health deficits of each disorder are explained as well as the underlying emotional and psychological underpinnings. This includes a teacher's resource guide and student handouts. The video is closed-captioned and is available as a DVD.

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Video Distributors:**Aquarius Health Care Videos**

Olde Medfield Square
 266 Main Street, Suite 33B
 Medfield, MA 02052
 888-440-2963
<http://www.aquariusproductions.com>

Direct Cinema

P.O. Box 10003
 Santa Monica, CA. 90410-1003
 310-636-8200
www.directcinema.com

Educational Video Network

1339 19th Street
 Huntsville, TX 77340
 936-295-5767
<https://www.evndirect.com/>

Films for the Humanities & Sciences

P.O. Box 2053
 Princeton, NJ 08543-2053
 800-257-5126
<http://www.films.com>

INJOY Videos

Teen Pregnancy & Prevention
 1435 Yarmouth, Suite 102
 Boulder, CO 80304
 303-447-2082; 800-326-2082
<http://www.injoyvideos.com>

Computer Based Resources:***Body Awareness Resource Network (BARN)***

Developed and distributed by: Learning Multi-Systems

To purchase: visit <http://www.lmssite.com> or contact Learning Multi-Systems

Description: This program is a computer-based resource that provides confidential, nonjudgmental health information for adolescents. Topic areas covered include: Alcohol and other drugs, Body management, Human Sexuality, Smoking, Stress management, and Local teen health resources. For more information visit the Wisconsin Alumni Research Foundation website at <http://www.warf.wisc.edu>.

Relate for Teens: A Ripple Effects Flagship Social Learning Program

Developed by: Alice Ray and Sarah Berg

Published by: Ripple Effects, Inc.

Date: 1998

To purchase: contact Ripple Effects or visit <http://www.rippleeffects.com>

Description: This software is designed to reduce aggression, improve school climate, and increase academic performance for adolescents.

Youth Risk Behavior Surveillance System

Developed by: Steven A. Kinchen and L. Kannin association with CDC, and W. Harris in association with Intellisource Advisory Services

Distributed by: CDC

To purchase: contact CDC at 404-639-3311

Description: This CD-ROM program offers quick and easy access to data on the prevalence of HIV-related risk behaviors among adolescents, allowing educators to target and design effective HIV prevention programs and policies.

Publishing Companies:**ACT for Kids**

Spokane Sexual Assault Center

7 South Howard, Suite 200

Spokane, WA 99201-0323

866-348-KIDS

<http://www.actforkids.org>

Allyn & Bacon/ Longman

Allyn & Bacon

75 Arlington Street, Suite 300

Boston, MA 02116

617-848-6000

800-666-9433 (orders for 1-10 copies); 800-922-0579 (orders for 10 or more copies)

<http://www.ablongman.com>

Longman

1185 Avenue of the Americas

New York, NY 10036

212-782-3300

Channing L. Bete Co., Inc.

200 State Road

South Deerfield, MA 01373-0200

800-477-4776

<http://www.channing-bete.com>

Family Health Productions

P.O. Box 1799
 Gloucester, MA 01931-1799
 978-282-9970
<http://www.abouthealth.com/>

Journeyworks Publishing

P.O. Box 8466
 Santa Cruz, CA 95061-8466
 831-423-8102
<http://www.journeyworks.com>

The Learning Company

One Athenaeum Street
 Cambridge, MA 02142
 800-395-0277 (orders)
<http://www.thelearningco.com>

Learning Multi-Systems

320 Holtzman Road
 Madison, WI 53713
 800-362-7323
<http://www.lmssite.com>

Learnwell Resources, Inc.

P.O. Box 944
 Camino, CA 95709
 530-644-2123
<http://www.learnwell.com>

Meeks Heit Publishing Company/McGraw Hill Company

Materials for grades K-6:	Glencoe, grades 6-12:
220 East Daniieldale Rd.	PO Box 543
DeSoto, TX 75115	Backlick, OH 43004
800-442-9685	800-334-7344
http://www.mcgrawhill.com	http://www.glencoe.com

National Professional Resources, Inc.

25 South Regent Street
 Port Chester, NY 10573
 800-453-7461
<http://www.nprinc.com>

Parenting Press, Inc.

P.O. Box 75267
 Seattle, WA 98125
 800-992-6657 (sales)
<http://www.parentingpress.com>

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Positive Promotions

40-01 168th Street
Flushing, NY 11358
800-635-2666
<http://www.postivepromotions.com>

Ripple Effects, Inc.

333 Bryant St., Suite 110
San Francisco, CA 94107
888-259-6618
<http://www.rippleeffects.com/>

Sage Publications, Inc.

2455 Teller Road
Thousand Oaks, CA 91320-2218
805-499-0721
<http://www.sagepub.com>

Sunburst Technology

101 Castleton Street
Pleasantville, NY 10570
914-747 3310
<http://www.sunburst.com>

ToucanEd Publications

1280 17th Ave., Suite 102
Santa Cruz, CA 95062
831-464-0508; 888-3TOUCAN
<http://www.toucaned.com>

United Learning

1560 Sherman Avenue, Suite 100
Evanston, IL 60201
847-328-6700
800-323-9084
<http://www.unitedlearning.com>

Resources for Students with Disabilities:

Organizations:

Alliance for Technology Access

1304 Southpoint Blvd., Suite 240
 Petaluma, CA 94954
 707-778-3011 voice; 707-778-3015 TTY
<http://www.ataccess.org>

American Foundation for the Blind

11 Penn Plaza, Suite 300
 New York, NY 10001
 800-232-5463; 212-502-7600
<http://www.afb.org/>

The Arc

National Headquarters
 1010 Wayne Ave. Suite 650
 Silver Spring, MD 20910
 301-565-3842; 800-433-5255
<http://www.thearc.org/>

Council for Exceptional Children

1110 North Glebe Road, Suite 300
 Arlington, VA 22201
 703-620-3660; 866-915-5000 TTY
<http://www.cec.sped.org>

Department for the Blind and Vision Impaired Library and Resource Center

397 Azalea Ave.
 Richmond, VA 23227
 804-371-3661; 800-622-2155
<http://www.vdbvi.org/>

Greater Los Angeles Council on Deafness, Inc.

AIDS Education/Service for the Deaf
 2222 Laverna Avenue
 Los Angeles, CA 90041
 323-478-8000; TTY 323-550-4226
www.gladinc.org

Learning Disabilities Association of America

4156 Library Road
 Pittsburgh, PA 15234-1349
 412-341-1515
<http://www.lidaamerica.org/>

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March of Dimes Birth Defects Foundation

1275 Mamaroneck Avenue
White Plains, NY 10605
914-428-7100
<http://www.modimes.org>

National Down Syndrome Society

666 Broadway
New York, NY 10012
800-221-4602
<http://www.ndss.org/>

National Federation of the Blind

1800 Johnson Street
Baltimore, MD 21230
410-659-9314
<http://www.nfb.org/nfb/>

National Information Center for Children and Youth with Disabilities

Box 1942
Washington, DC 20013
800-695-0285 voice/TTY
<http://www.nichcy.org/>

National Library Service for the Blind and Physically Handicapped

Library of Congress
1271 Taylor Street, NW
Washington, DC 20011
888-657-7323; 202-707-5100; 202-707-0744 TDD
<http://lcweb.loc.gov/nls/>

Partnership for People with Disabilities

Virginia Commonwealth University
PO Box 843020
Richmond, Virginia 23284
804-828-3876
<http://www.vcu.edu/partnership/index.html>

Texas School for the Blind and Visually Impaired

1100 W. 45th St.
Austin, TX 78756
512-454-8631; 800-872-5273; TDD 512-206-9451
<http://www.tsbvi.edu/>

United Cerebral Palsy Associations, Inc.

1660 L Street, NW, Suite 700
 Washington, DC 20036
 202-776-0406; 800-872-5827
<http://www.ucp.org/>

Young Adult Institute, National Institute for People with Disabilities

460 West 34th Street
 New York, NY 10001-2382
 212-273-6100
<http://www.yai.org>

Websites:**Special Needs Links**

<http://www.4teachers.org/profd/spedlinks.shtml>

This site offers links to a variety of websites on special needs.

www.4teachers Equity in Diversity

<http://www.4teachers.org/profd/equity.shtml>

This site offers links to articles and publications on topics on Equity in Diversity and Equitable Opportunities for People with Disabilities.

Books:**Child Sexual Abuse Curriculum for the Developmentally Disabled**

By: Sol R. Rappaport, Sandra A. Burkhardt, and Anthony F. Rotatori

Published by: Charles C. Thomas Publishers, Ltd.

Date: 1997. *This curriculum for children in the mild range of retardation is divided into five parts: "Understanding Child Sexual Abuse of the Developmentally Disabled," "The Treatment of Sexually Abused Children," "Sexual Abuse: The Emotional and Behavioral Sequelae," "Factors that Mediate the Sequelae of Child Sexual Abuse," and "The Rappaport Curriculum for the Prevention of Child Sexual Abuse in Children with Developmental Disabilities." This curriculum may be obtained by calling 800-258-8980 or going online at http://www.ccthomas.com/details.cfm?P_ISBN13=9780398067342.*

Child Sexual Abuse: A Solution™

Developed and Published by: James Stanfield Publishing Company

This program provides strategies to implement a child protection program in the schools. It uses a gentle approach, using Chester the Cat, to help children protect themselves. The program may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

CIRCLES II: Stop Abuse

By: Leslie Walker-Hirsch and Marklyn Champagne

Published by: James Stanfield Publishing Company

This two-part curriculum teaches students with mild to moderate developmental disabilities how to recognize and avoid sexually, abusive, or exploitative situations. Part I: deals with

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recognizing and reacting to sexual exploitation. Part II: addresses learning appropriate protective behaviors. The curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Just Say Know! Understanding and Reducing the Risk of Sexual Victimization of People with Developmental Disabilities

By: Dave Hingsburger

Published by: Diversity City Press

Date: 1995. *This book explores the victimization of people with disabilities and helps reduce the risk of sexual assault. The ring of safety helps to teach people with disabilities to protect themselves. The book also presents a new way of looking at the indicators of sexual abuse in the population of people who have developmental disabilities. This book may be obtained by calling 877-246 5226 or going online at <http://www.diversecity.com/display.htm>.*

Learn about Life: Sexuality and Social Skills

Written and Published by: Program Development Associates

Date: 1996, 94 pages. *This program is designed for special needs students or adults who read at a second grade level or below. Information is provided on puberty, dating, pregnancy, STDs and more through six booklets: Your Body, My Body, Having a Baby, Being a Woman, Being a Man, Be Smart, Be Safe, and Relationships. This program may be obtained by going online at <http://disabilitytraining.com/sas.html>.*

“No-Go-Tell”

By: Elisabeth J. Krents and Shelia A. Brenner

Published by: James Stanfield Publishing Company

This curriculum teaches child protection and is designed for children ages 3-7. The basic concepts include: who are family, friends, familiar people and strangers; what is “ok” and “not ok” touch; what are private parts; and who and how to tell about an abusive incident. The curriculum includes illustrations and male and female anatomically correct dolls. This curriculum may be obtained by calling 800-421-6534 or going online at <http://www.stanfield.com/sexed-1.html>.

Sexuality, Learning Difficulties and Doing What’s Right

By: Gavin Fairbairn, Denis Rowley, and Maggie Bowen

Published by: David Fulton Publishing

Date: 1995. *This book addresses sexuality and people with learning disabilities. It explores the rights that individuals have to be informed about sexuality issues, to form relationships, and to express themselves sexually. Chapters include, but are not limited to, topics on “Exploitation, Abuse and Assault: The Sexual Misuse of People with Learning Disabilities,” and “Being and Becoming: Sex Education, Responsibility, and the Limits of Inclusion.” This book may be obtained online from: <http://www.amazon.com/Sexuality-Chronic-Illness-Comprehensive-Approach/dp/089862715X>.*

Sexuality: Your Sons and Daughters with Intellectual Disabilities

By: Karin Melberg Schwier and Dave Hingsburger

Published by: Paul H. Brookes Publishing

Date: 2000. *This book provides information to parents and caregivers on interacting with their children-no matter what their age or ability-in a way that increases their self esteem, encourages appropriate behavior, empowers them to recognize and respond to abuse, and enables them to develop lifelong relationships. This book may be obtained by going online at <http://www.brookespublishing.com>.*

We Can Stop Abuse: a Sexual Abuse Prevention Curriculum for Persons with Developmental Disabilities

By: Sandy Laesch and Shirley Paceley

Published by: Program Development Associates

Date: 2004. *This program is proven effective to help reduce the risk of sexual abuse and sexual assault. It uses strengths, concerns, and resources from both the sexual assault and developmental disabilities fields to teach people ways to avoid and report sexual abuse. The curriculum includes eight interactive sessions, DVD instruction, and other teaching material. The curriculum may be obtained by calling 1-800-543-2119 or going online at <http://www.pdassoc.com/>.*

Videos:

All of Us: Talking Together: Sex Education for people with Developmental Disabilities

Distributed by: Aquarius Health Care Videos

Date: 1999

Length: 38 minutes

Grades: Unknown

To purchase: visit www.aquariusproductions.com

Description: Let's get the conversation started! Designed for parents, caregivers and young people to watch together, Talking Together addresses the critical need for sex education for developmentally disabled young people by providing step-by-step information and direction. Real life parents, their DD young adult sons and daughters, and educators demonstrate practical models to empower parents and caregivers to arm our young people with life saving knowledge and strategies. A detailed sex education segment includes: reproductive anatomy, pregnancy, contraception, and disease prevention. The mysterious, often elusive world of social skills is considered along with the desire for friendship, companionship, romance and relationships. Public/private behavior is also covered.

Anatomically Correct Dolls (Amamanta Family)

Distributed by: OneWorld, Inc.

To purchase: visit <http://www.amamantafamily.com> or call 718-881-4802

Description: This vendor offers anatomically correct individual dolls and family doll sets by ethnic group. The five-member family doll set includes a mother, father, boy doll, girl doll, and a newborn baby doll found inside the mother's womb. The four-member family doll set includes a mother doll, father doll, sibling (brother doll or sister doll) and the newborn doll found in the mother's womb. It also is possible to customize a family doll set. The parents dolls are 16" tall, sibling dolls are 11" tall, and the newborn doll is 4.5" tall.

The Virginia Department of Education does not endorse or promote resources and material on these pages. The list provides information—some targeted for adults, some targeted for teenagers.

Take Control: How to Stay Healthy and Safe from HIV and AIDS

Distributed by: Program Development Associates

Date: 2001

To purchase: visit <http://disabilitytraining.com/sas.html>

Description: The multimedia presentation is aimed at people with developmental disabilities. The program does not use graphic language or images to educate the user (reading at 5th grade level) about ways to avoid situations that can put them in jeopardy. The program content includes: definition of HIV and AIDS, how HIV is contracted and spread, how to avoid HIV infection, choices about sexual relationships, abstinence, avoiding compromising situations, misconceptions about HIV, inappropriate sexual advances, and how, where, and why to get tested for HIV.

Teach-A-Bodies and Draw-A-Bodies

Distributed by: Teach-A-Bodies

To purchase: visit <http://www.teach-a-bodies.com/index.cfm> or call 888-228-1314

Description: Anatomically correct dolls in a range of sizes, ages, and skin colors.

Hotlines:

American Social Health Association HPV Hotline: 877-HPV-5868

CDC National Prevention Information Network: 800-458-5231

CDC National Sexually Transmitted Disease (STD) Hotline: 800-227-8922

Family Violence and Sexual Assault: Virginia Hotline: 800-838-VADV

Gay & Lesbian National Hotline: 888-THE-GLNH (M-F 4pm-12am)

The Information Resource Center (IRC): 800-USA-LEARN

National AIDS Hotline: 800-342-2437 (24hours/day); 800-243-7889 (TTY/TDD)

National Clearinghouse for Alcohol and Drug Information: 800-729-6686

National Domestic Violence Hotline: 800-799-SAFE; 800-787-3224 (TDD)

National HIV/AIDS Teen Hotline: 800-440-TEEN (F-S 6pm-12am)

Office of Minority Health Resource Center: 800-444-6472

Rape, Abuse, Incest National Network (RAINN): 800-656-HOPE

U.S Department of Health and Human Services, National Drug and Alcohol Treatment Referral Routing Service, Center for Substance Abuse Prevention: 800-662-4357

Virginia HIV/STD & Viral Hepatitis Hotline: 800-533-4148 (M-F 8am-5pm); 800-344-7432 (Spanish)

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