

Therapeutic Recreation Curriculum Guide 2026-2027

NOTE: Civitae courses may be taken during varying semesters than as indicated below but it is recommended you stay within these guidelines for successful progression in the TR Program Coursework.

Freshman

_____ CTZN 110	_____ ENGL 165
_____ Pillar Course (Historical/Contemporary Insights)	_____ Pillar (Quantitative Reasoning)
_____ PSYC 101 (Pillar Scientific Reasoning)	_____ RECR 120
_____ RECR 110	_____ RECR 220
_____ Pillar (Aesthetic Expression)	_____ PYSC 230 (Pillar Human Behavior & Social)

Sophomore

_____ RECR 205	_____ Elective
_____ RECR 215	_____ PSYC 215
_____ Pillar (Global Citizenship -language)	_____ Perspective (Integrating Languages)
_____ BIOL 206	_____ RECR 261 (4 credits)
_____ Perspective (Global or Aesthetic)	_____ HLTH 275 (may be offered summer)

Junior

_____ Perspectives (Human Behavior)	_____ Elective
_____ RECR 304	_____ RECR 303
_____ RECR 320	_____ RECR 321
_____ RECR 371	_____ Perspective (Quantitative/Scientific)
_____ RECR 301	_____ RECR 408

Senior

_____ RECR 400	_____ RECR 492 Senior Internship
_____ RECR 410	Pre-requisites:
_____ RECR 461	Eligibility TR GPA 2.50; Longwood GPA 2.25 &
_____ Elective	completion of all TR coursework
_____ CTZN 410*	

* Prerequisite(s) for CTZN 410: Completion of three perspective-level courses. The fourth perspective level course must be taken before or concurrently with CTZN 410.

Civitae Core

Therapeutic Recreation majors may count Civitae Core courses satisfying major requirements as also satisfying their respective Civitae Core requirements, up to two Pillar courses and one Perspectives course. The following are the courses in this major that may be used in this way:

- [PSYC 101](#) can satisfy the Scientific Reasoning Pillar requirement
- [PSYC 230](#) or [RECR 220](#) can satisfy the Human Behavior and Social Institutions Pillar requirement

Students must have a pillar or perspectives course using the prefixes below in each area:

- ☐ Humanities/Fine Arts: ART, COMM, ENGL, MOLA, MUSC, PHIL, THEA
- ☐ Social/Behavioral Science: ANTH, CRIM, ECON, GEOG, HIST, POSC, PSYC, SOCL (PSYC 215, 230, 101)
- ☐ Math/Nat Sciences: BIOL, CHEM, EASC, ISCI, MATH, PHYS (BIOL 206/207)